THE UNIVERSITY OF TEXAS MDAnderson Cancer Center

Making Cancer History*

GIST 101: Understanding Your Pathology Report



GSI Patient Summit Saturday 22 September 2012 Alexander Lazar, MD/PhD Section of Soft Tissue/Sarcoma Pathology Faculty, Sarcoma Research Center

GIST Pathology: Lecture Overview

- 1. What happens to my tumor in pathology?
- 2. What information is in my pathology report?
- 3. Why is this information there?
- 4. What is the evidence that the information is useful?
- 5. What is new and exciting in GIST pathology?

What happens to my tumor in pathology?



Tumor is examined by a pathologist.

Tumor sample is received from the OR and logged into computer.





Tumor is sampled and placed in plastic cassettes for further processing.

Tumor is also given to cytogenetics, tumor bank, molecular diagnosis and electron microscopy when appropriate.



The tissue blocks are fixed in formalin and then loaded on a tissue processor overnight.

Tissue processing is done overnight and utilizes graded treatments of formalin, ethanol, xylene and paraffin.



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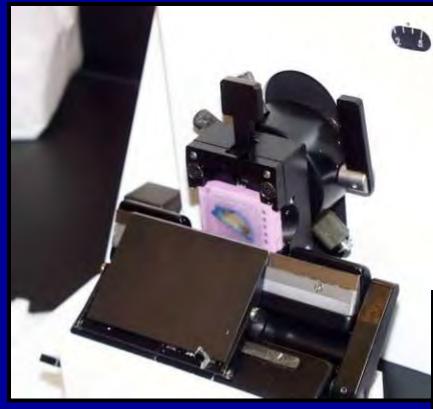
Blocks are retrieved from the tissue processor.





The tissue fragments are embedded in a paraffin mold and cooled – the result being a tissue block.





The paraffin-embedded blocks are loaded and cut using a microtome.





Tissue paraffin ribbons are placed in a warm waterbath and the picked up on glass slides.





The unstained slides can be used for H&E, special stains, immunohistochemistry, molecular studies, etc.







Most slides are H&E (hemotoxlin & eosin) stained, given coverslips, organized and delivered to the proper pathologist.





Additional unstained slides can be cut at a later time.



After final diagnosis, both slides and the paraffin blocks from which they are cut are cataloged and stored for future use.



What information is in my pathology report?



Protocol for the Examination of Specimens From Patients With Gastrointestinal Stromal Tumor (GIST)

Based on AJCC/UICC TNM, 7th edition

Protocol web posting date: June 2012

Procedures

- Biopsy
- Resection

Authors

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* Denotes primary author. † Denotes senior author. All other contributing authors are listed alphabetically.

Surgical Pathology Cancer Case Summary

Protocol web posting date: June 2012

GASTROINTESTINAL STROMAL TUMOR (GIST): Resection

Select a single response unless otherwise indicated.

Procedure

- __ Excisional biopsy
- ___ Resection
 - Specify type (eg, partial gastrectomy): _____
- ___ Metastasectomy
- ___ Other (specify): _____
- ___ Not specified

Tumor Site

Specify (if known): _____ ___ Not specified

Tumor Size

Greatest dimension: ___ cm

- + Additional dimensions: ____ x ___ cm
- Cannot be determined (see "Comment")

Tumor Focality

- ____ Unifocal
- ____ Multifocal
 - Specify number of tumors: _____
 - Specify size of tumors: _____

GIST Subtype

- ____ Spindle cell
- Epithelioid
- ____ Mixed
- ___ Other (specify): _____

Mitotic Rate

Specify: ____ /50 HPF

Note: The required total count of mitoses is per 5 mm² on the glass slide section. With the use of older model microscopes, 50 HPF is equivalent to 5 mm². Most modern microscopes with wider 40X lenses/fields require only 20 HPF to embrace 5 mm². If necessary please measure field of view to accurately determine actual number of fields required to be counted on individual microscopes to count 5 mm².

+ Necrosis

- + ___ Not identified
- + ___ Present

+ Extent: ___%

+ ___ Cannot be determined

Histologic Grade (Note B)

___ GX: Grade cannot be assessed

- ____ G1: Low grade; mitotic rate \leq 5/50 HPF
- ____ G2: High grade; mitotic rate >5/50 HPF

Risk Assessment (Note C)

- ___None
- ____ Very low risk
- ____ Low risk
- ___ Intermediate risk
- ___ High risk
- ___ Overtly malignant/metastatic
- ___ Cannot be determined

Margins

- Cannot be assessed
- ___ Negative for GIST
- Distance of tumor from closest margin: ___ mm or ___ cm ___ Margin(s) positive for GIST
 - Specify margin(s):

Pathologic Staging (pTNM) (Note G)

TNM Descriptors (required only if applicable) (select all that apply)

- ___ m (multiple)
- ____ r (recurrent)
- ____y (posttreatment)

Primary Tumor (pT)

- ____ pTX: Primary tumor cannot be assessed
- ____ pT0: No evidence for primary tumor
- ____pT1: Tumor 2 cm or less
- ____pT2: Tumor more than 2 cm but not more than 5 cm
- ___ pT3: Tumor more than 5 cm but not more than 10 cm
- ____ pT4: Tumor more than 10 cm in greatest dimension

Regional Lymph Nodes (pN) (Note D)

___ Not applicable

- _____pN0: No regional lymph node metastasis
- ____ pN1: Regional lymph node metastasis

Distant Metastasis (pM) (Note D)

____ Not applicable

- ____ pM1: Distant metastasis
 - + Specify site(s), if known: _____

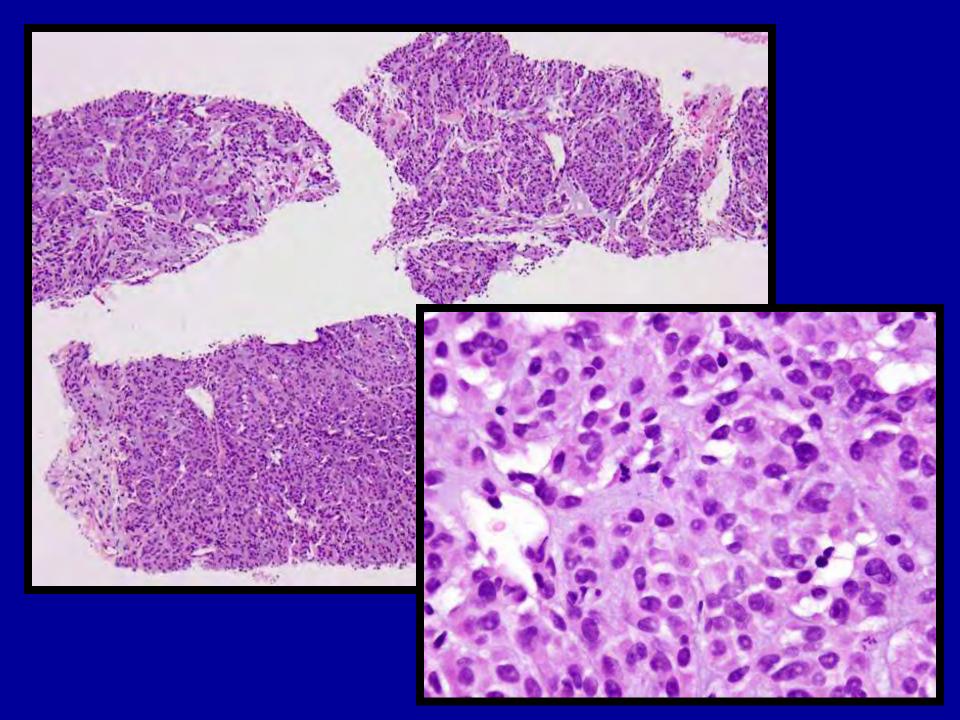
+ Additional Pathologic Findings

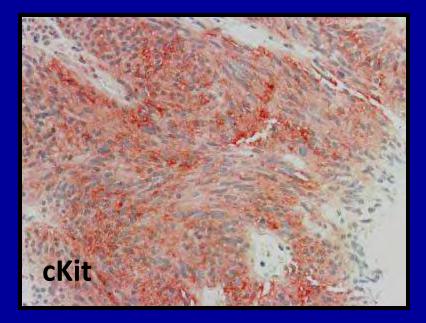
+ Specify: _

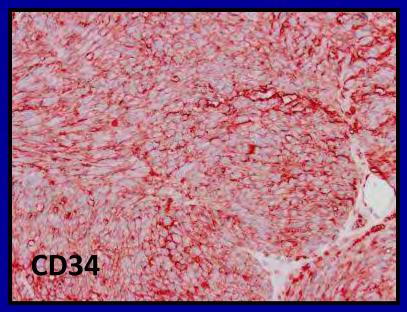
Getting the diagnosis right.

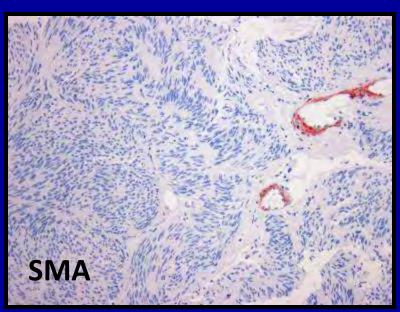


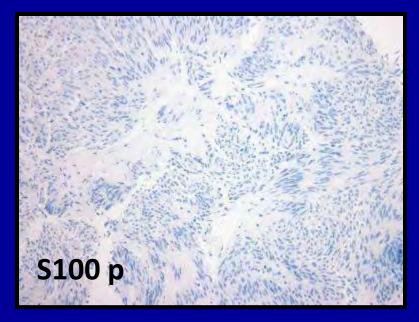
Female, aged 40, with 25 cm mass involving the small bowel.





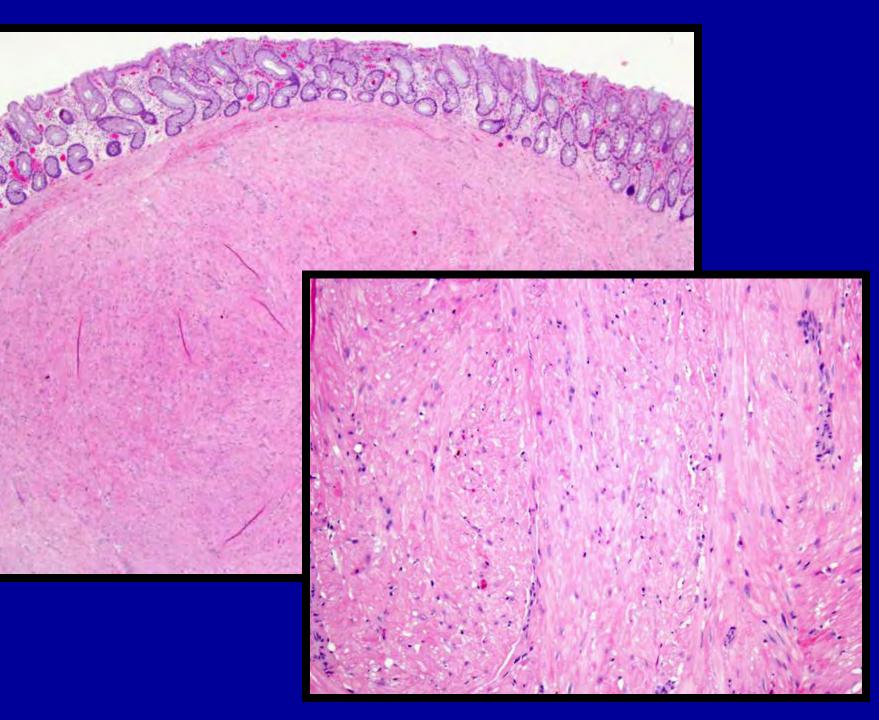


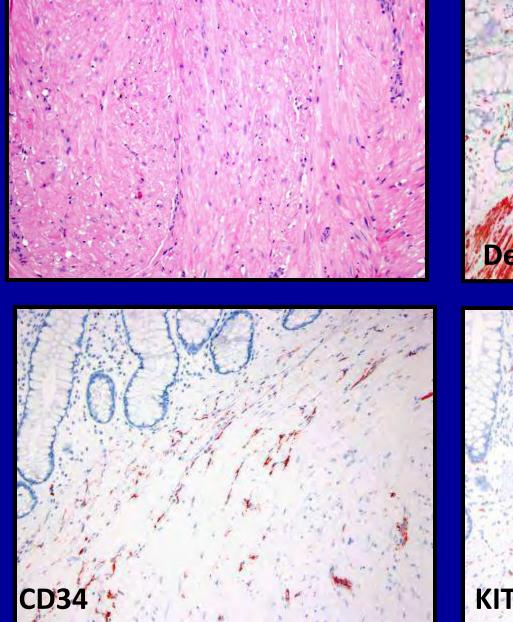


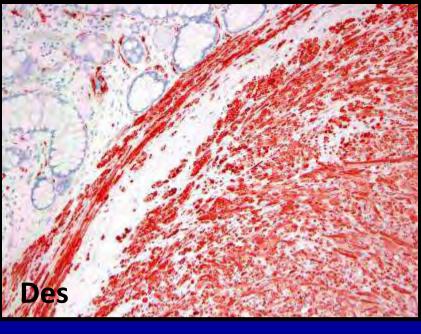




Male, aged 38, with 10 mm polyp at 10 cm in rectum.



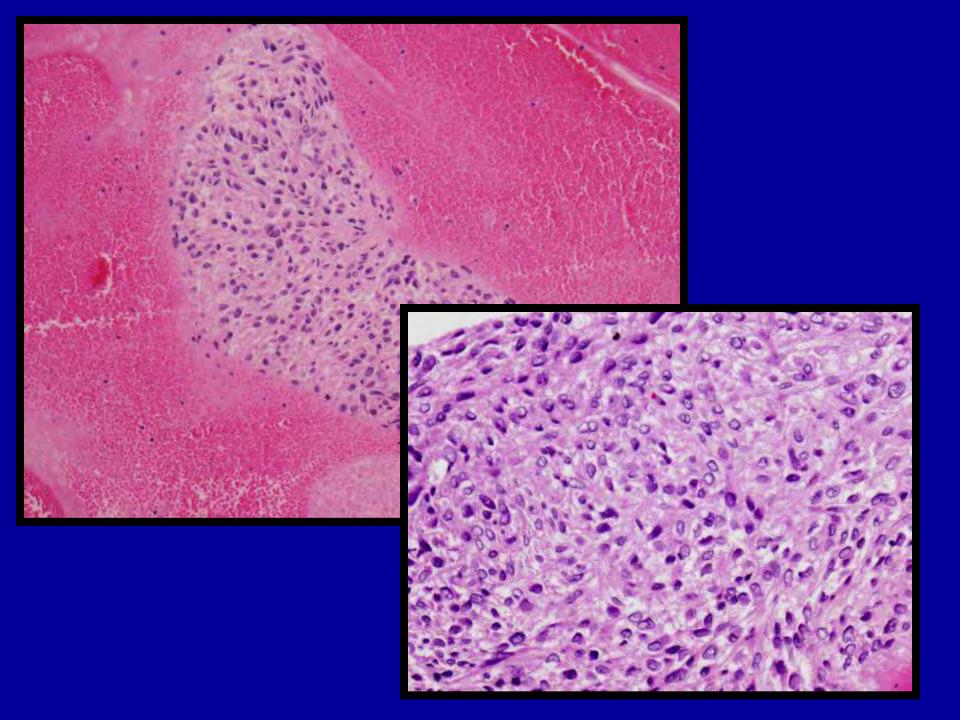


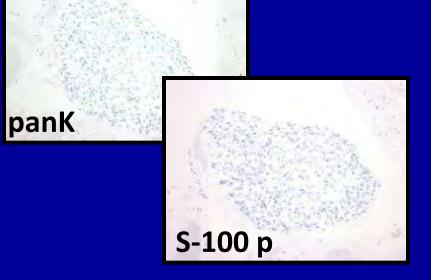


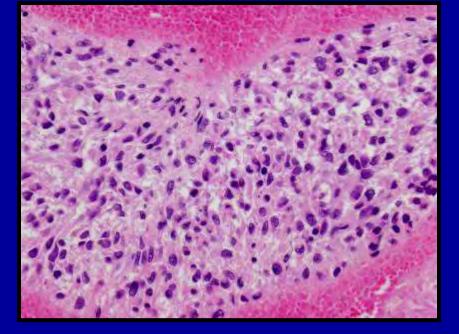




Male, aged 37, with 13 cm gastric wall mass.



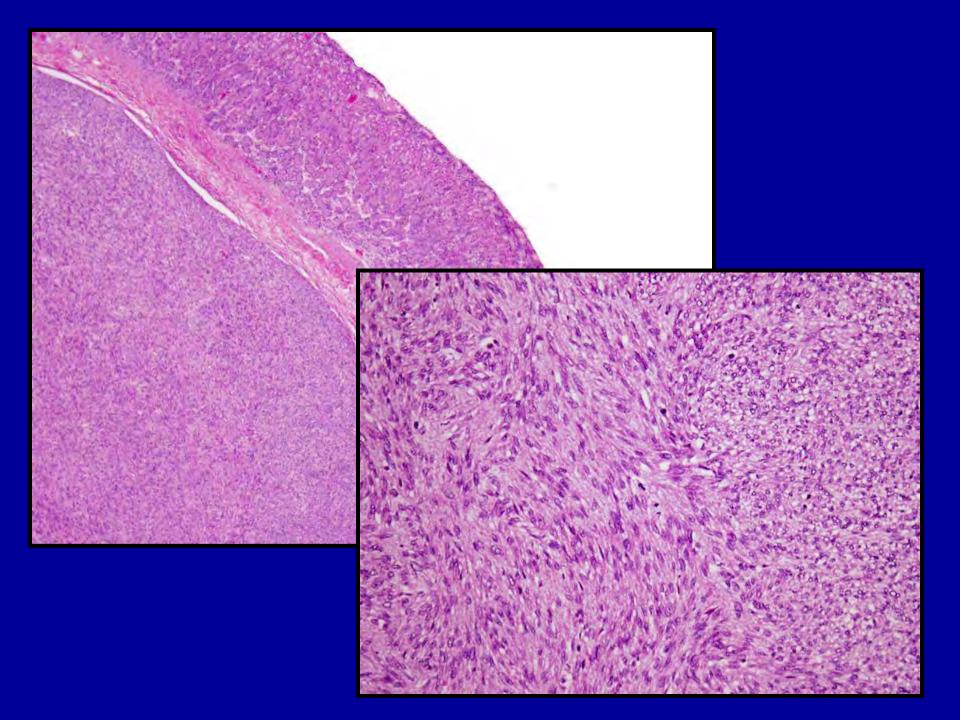


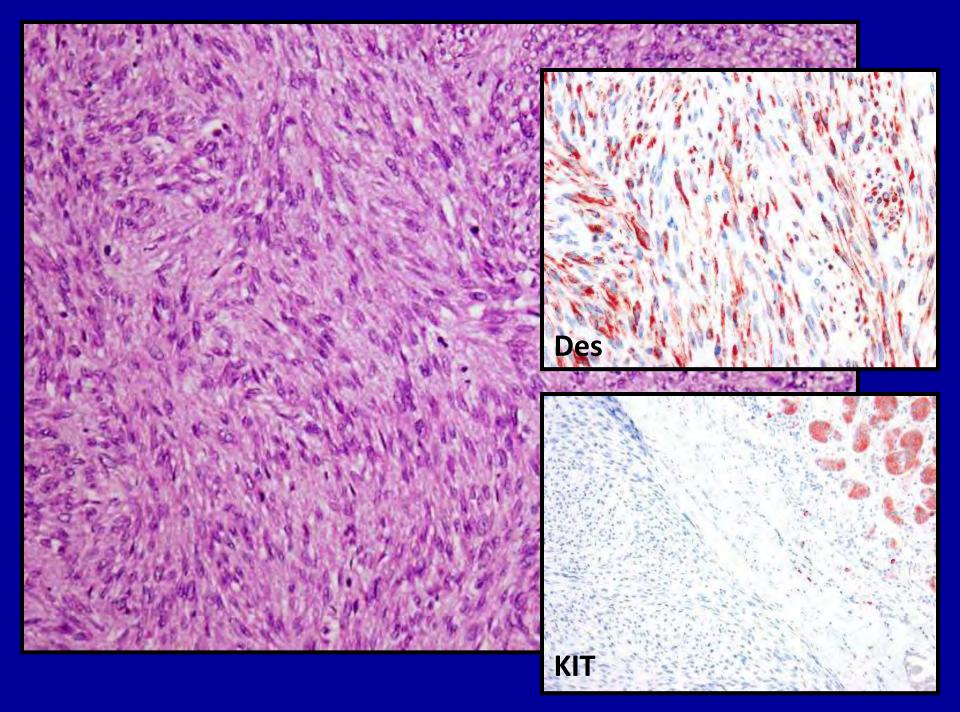


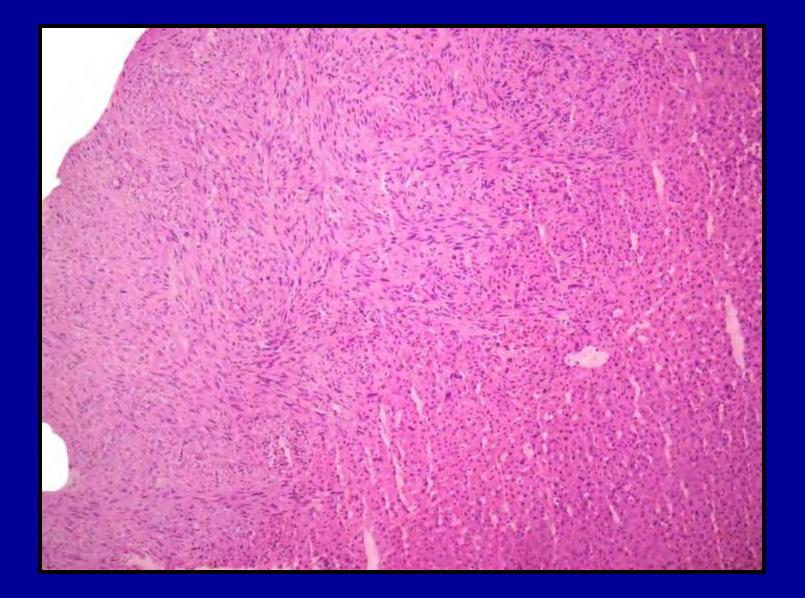






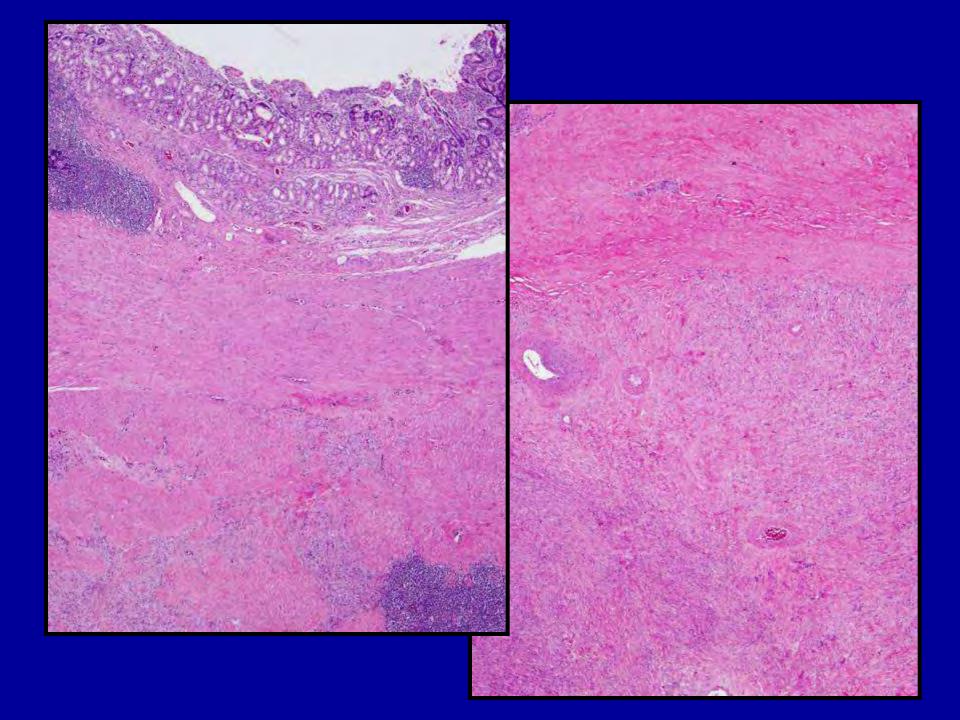


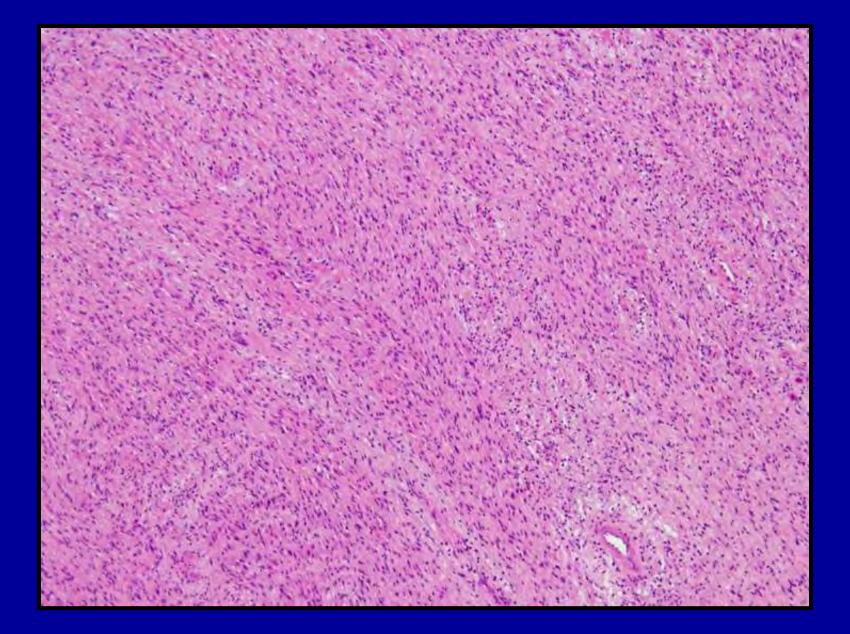


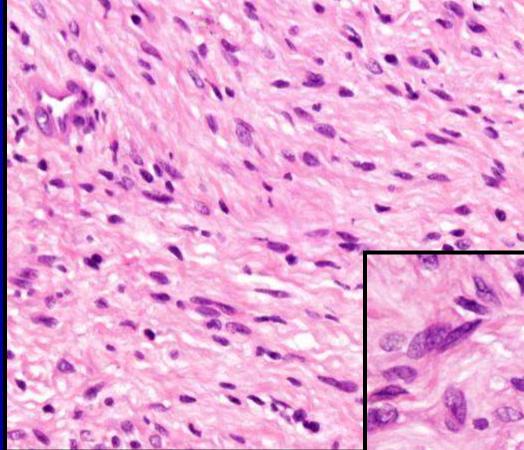


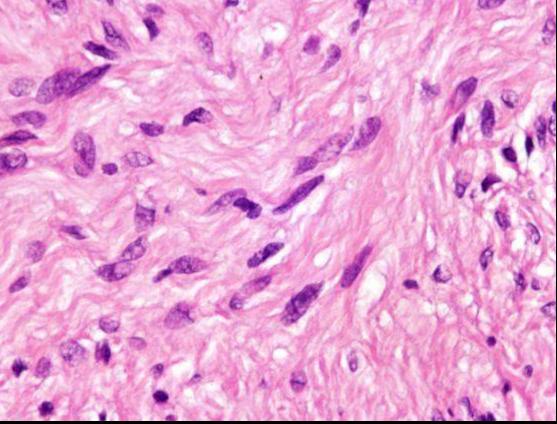


Male, aged 36, with 17 cm gastric wall mass.



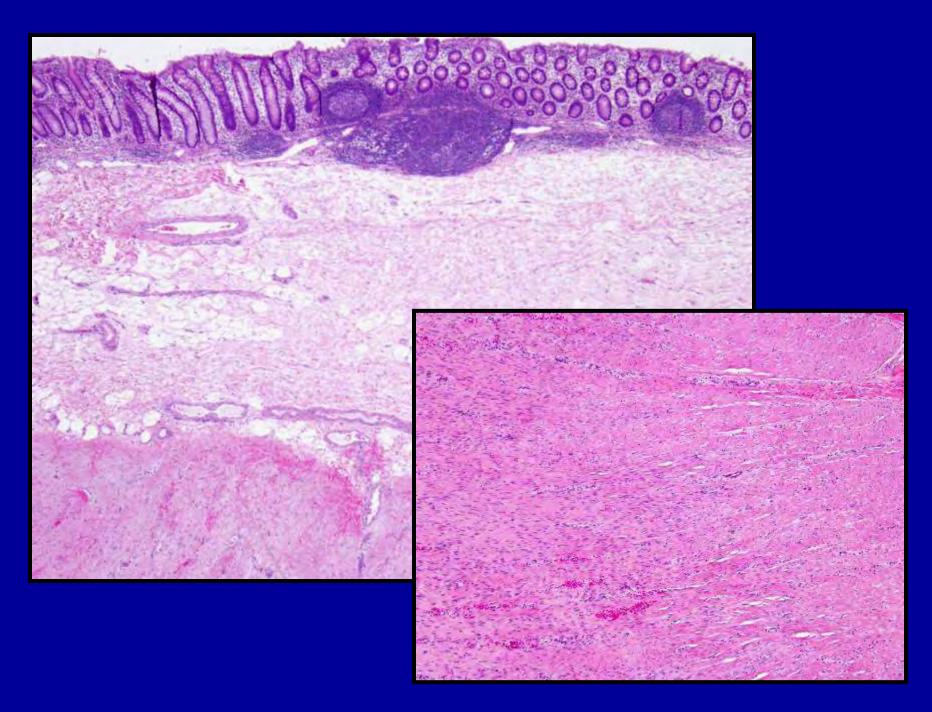


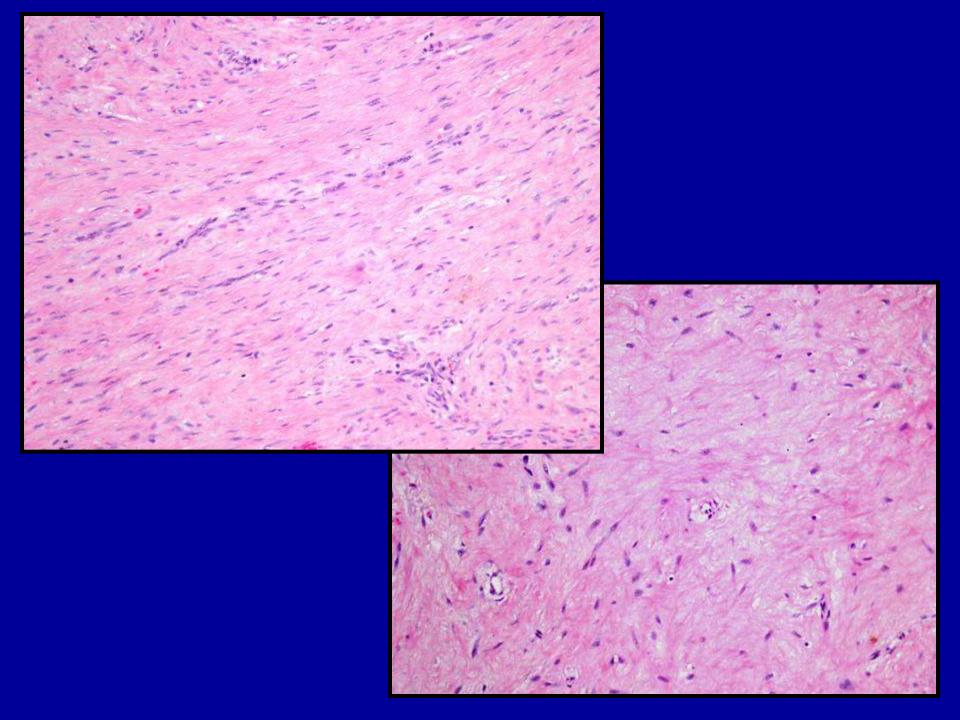


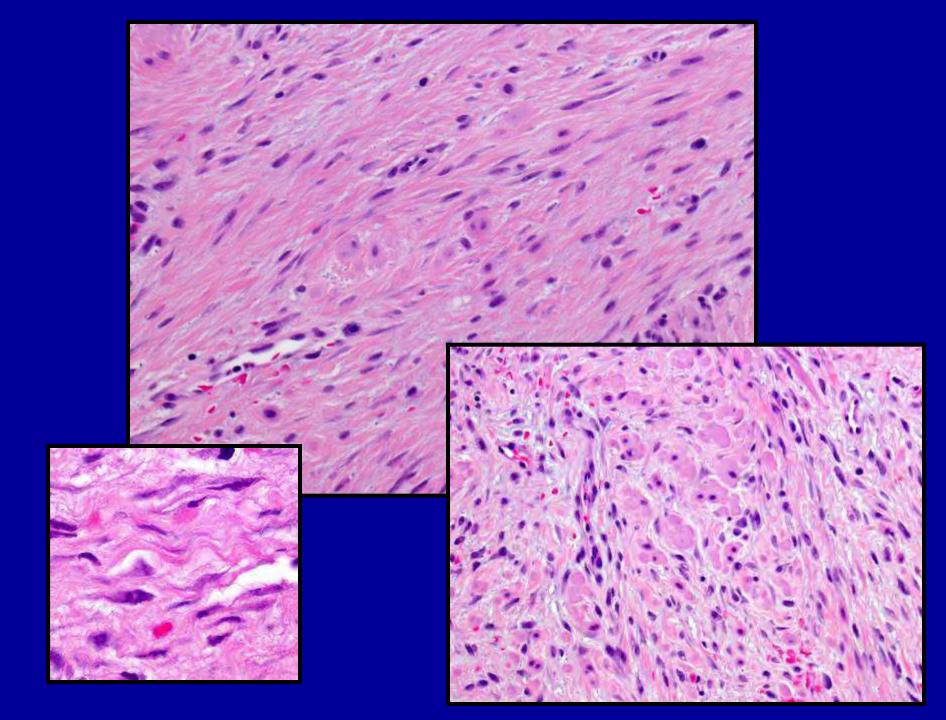


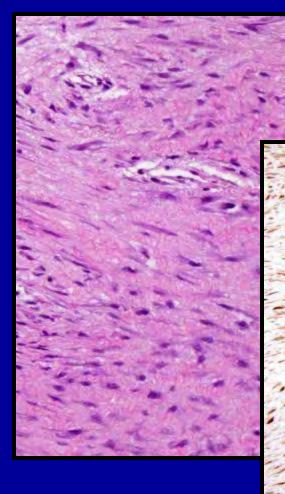


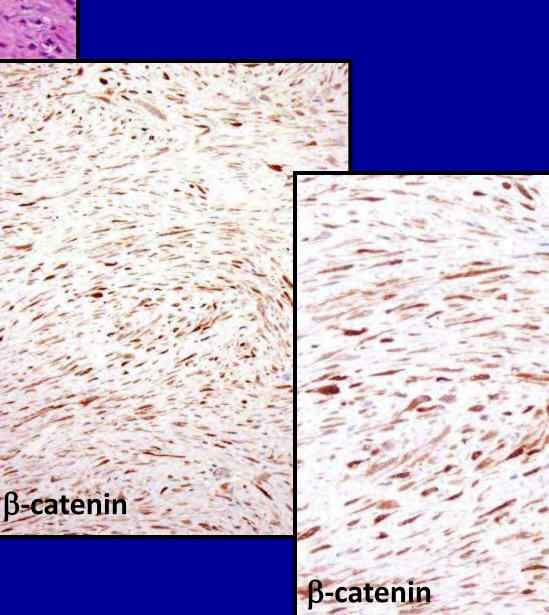
Female, aged 29, with 10 cm gastric wall mass.

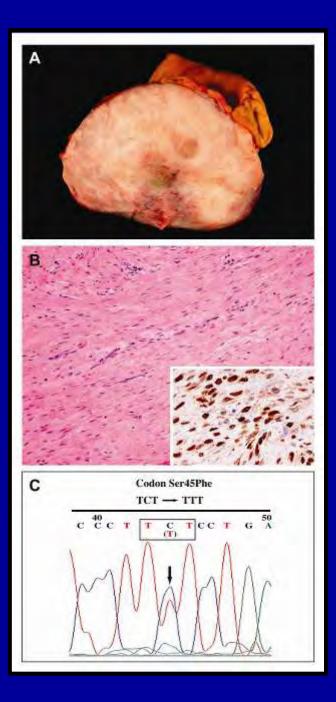












Immunohistochemical Scheme

DIAGNOSIS	KIT	CD34	Ker	SMA	DES	S-100
GIST	+	+(70%)	-	+(40%)	-	-
Carcinoma	-	-	+	+(sar)	-	-
Melanoma	+/-	-	-	-	-	+
Leiomyoma	-	+/-	+/-	+	+	-
Leiomyosarcoma	-	+/-	+/-	+	+/-	-
Schwannoma	-	-	-	-	-	+
Fibromatosis	_	-	-	-	_	+/-

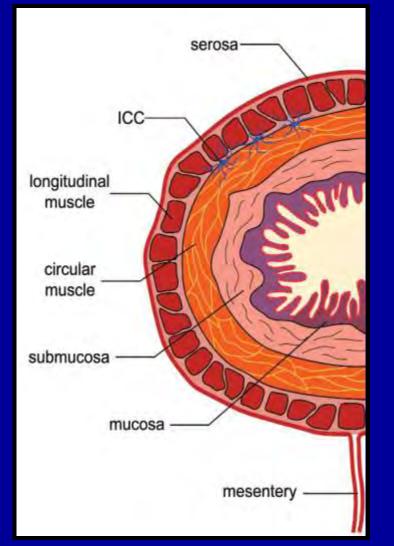
Immunohistochemical Profile of GISTs (Circa 1997 and prior)



CD34 +ve (70%) SMA +ve (30-40%) Desmin –ve S-100 protein –ve Keratin –ve

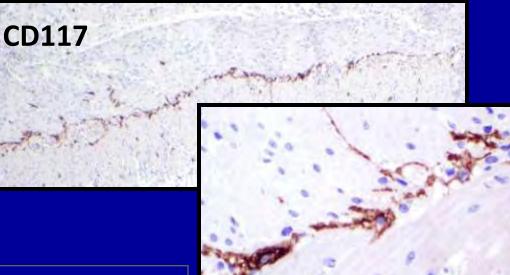
Courtesy of Brian Rubin, U. Washington

Gastrointestinal Stromal Tumor



 Arise from the interstitial cells of Cajal (ICC)

 ICC have a "pacemaker" function and are important in coordinating peristalsis



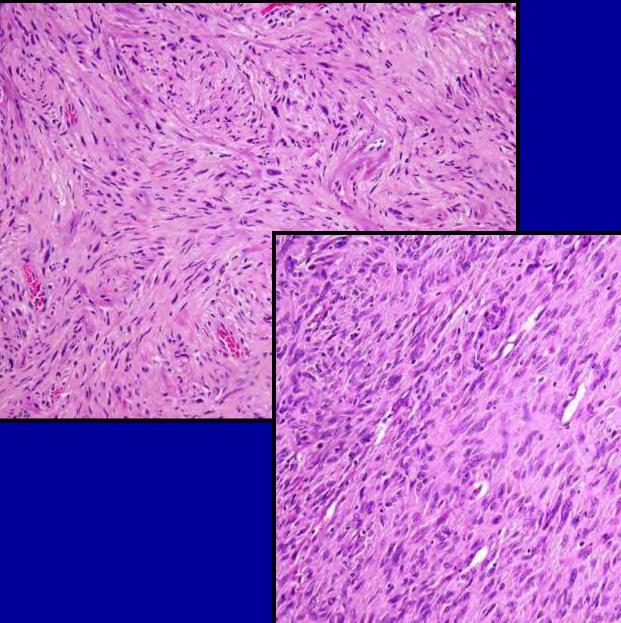
Hornick & Lazar. GSI website: Understanding Your Pathology Report for GIST

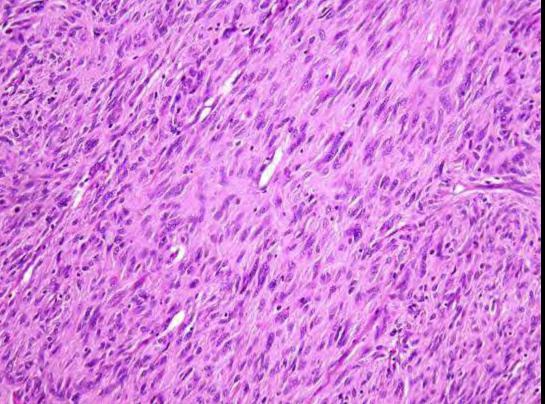
Immunohistochemical Profile of GIST

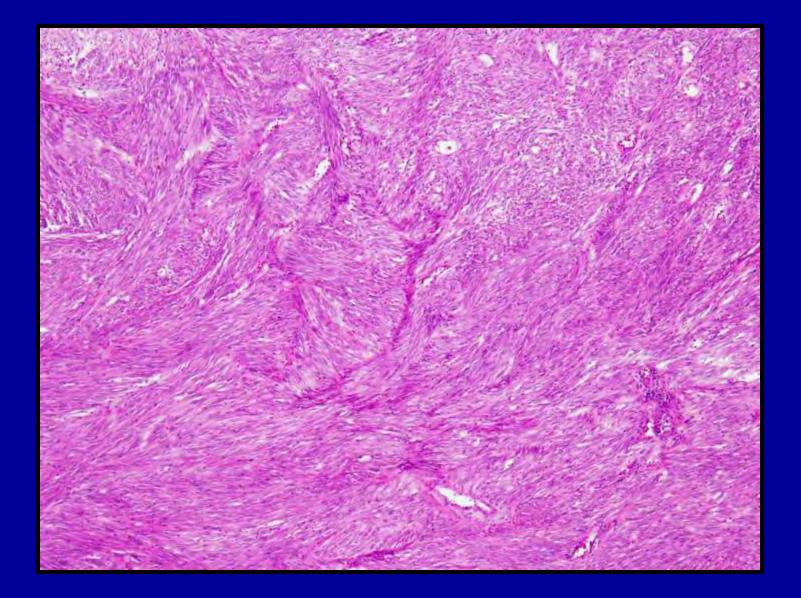
H&E	CD117 (KIT)	CD34	Smooth muscle actin	S100 protein	Desmin	Pan- keratin
	95%	70%	30%	5%	2%	<1%
	+ +	+ +	+ +	+ +	+ +	+ +

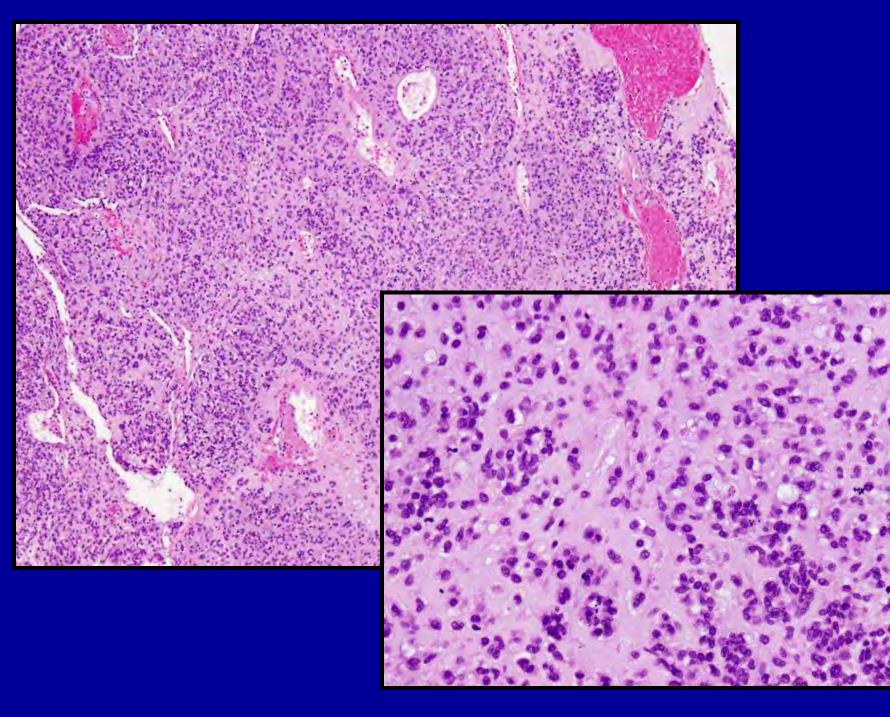
KIT (CD117) +ve (95%) CD34 +ve (70%) SMA +ve (30-40%) Desmin -ve S-100 protein -ve Keratin -ve

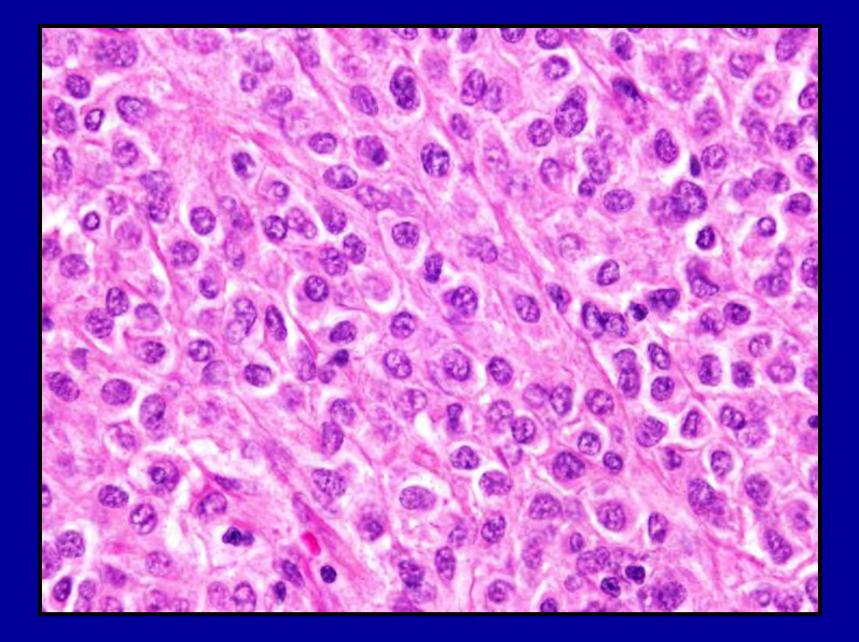
The many faces of GIST.

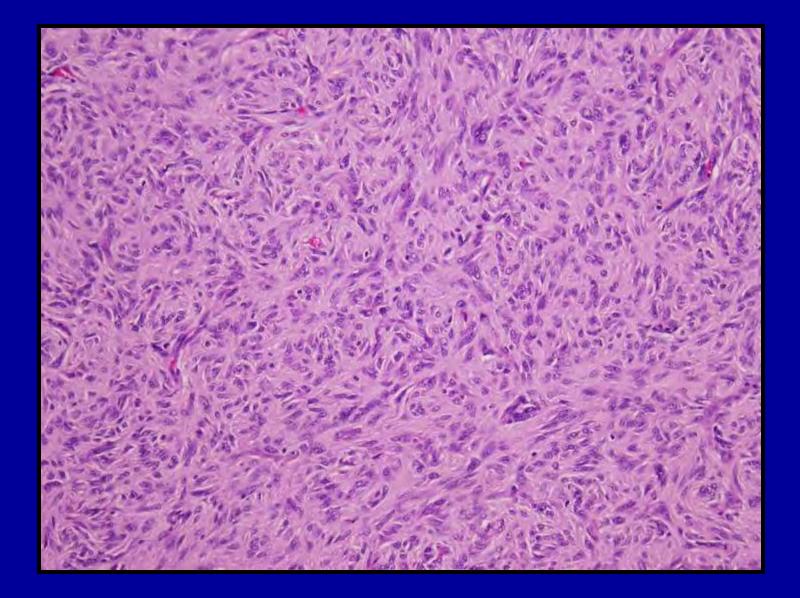


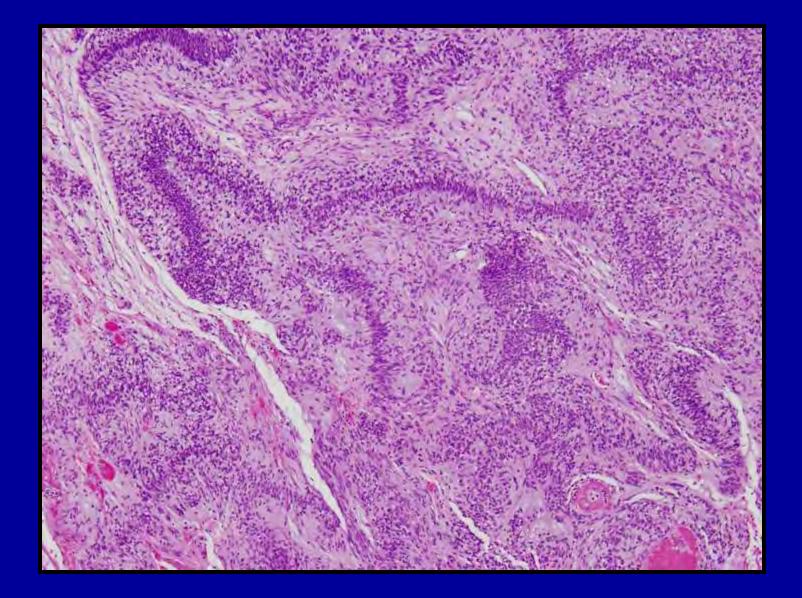


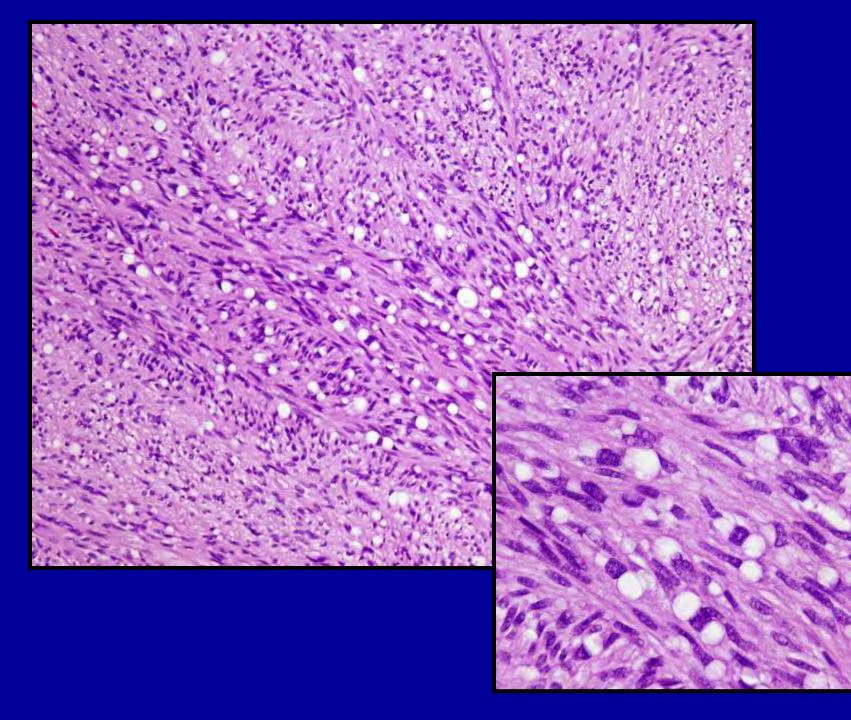


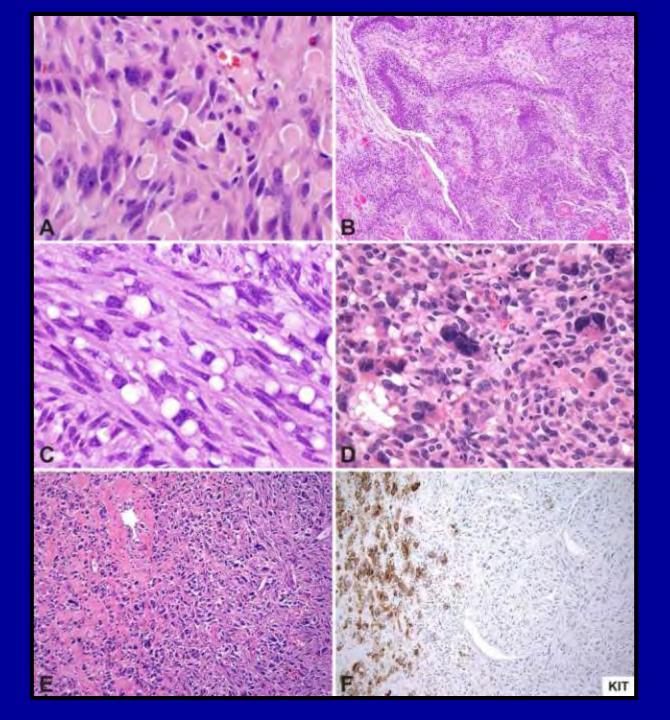


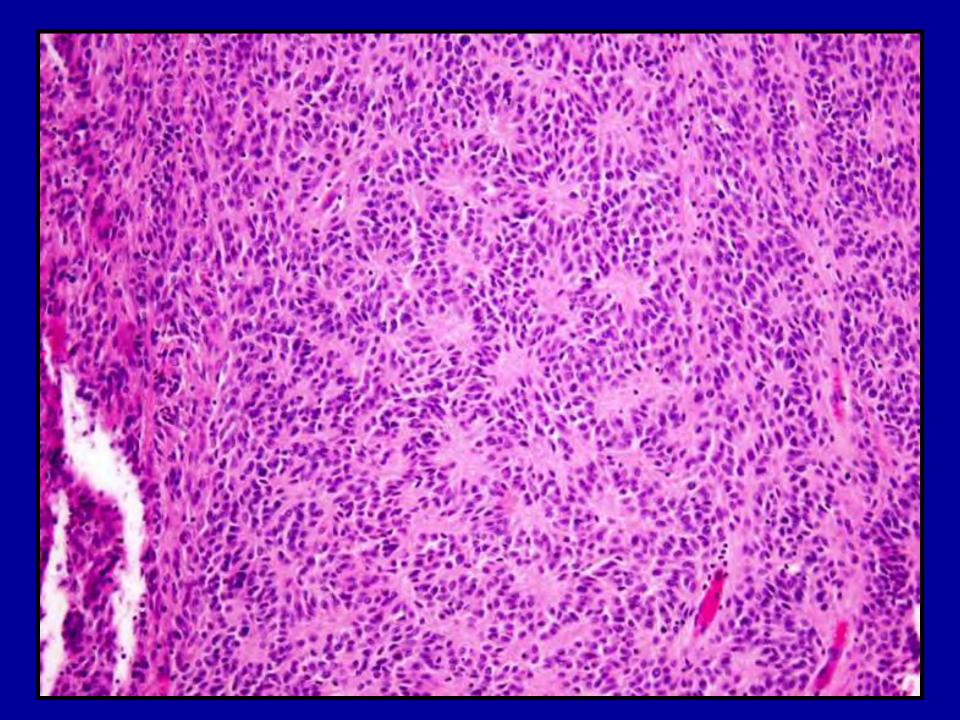


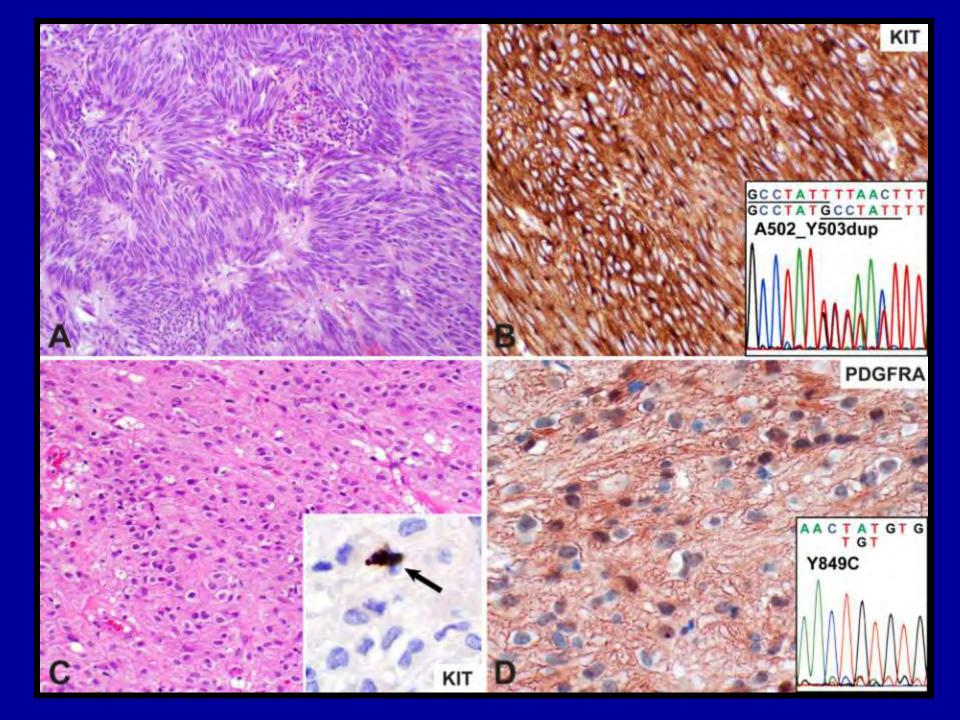


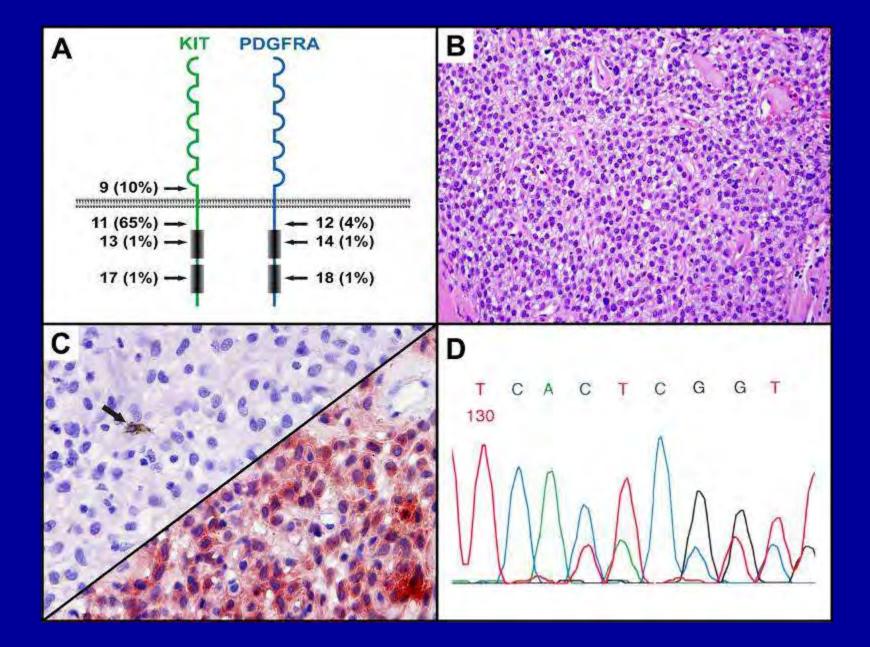


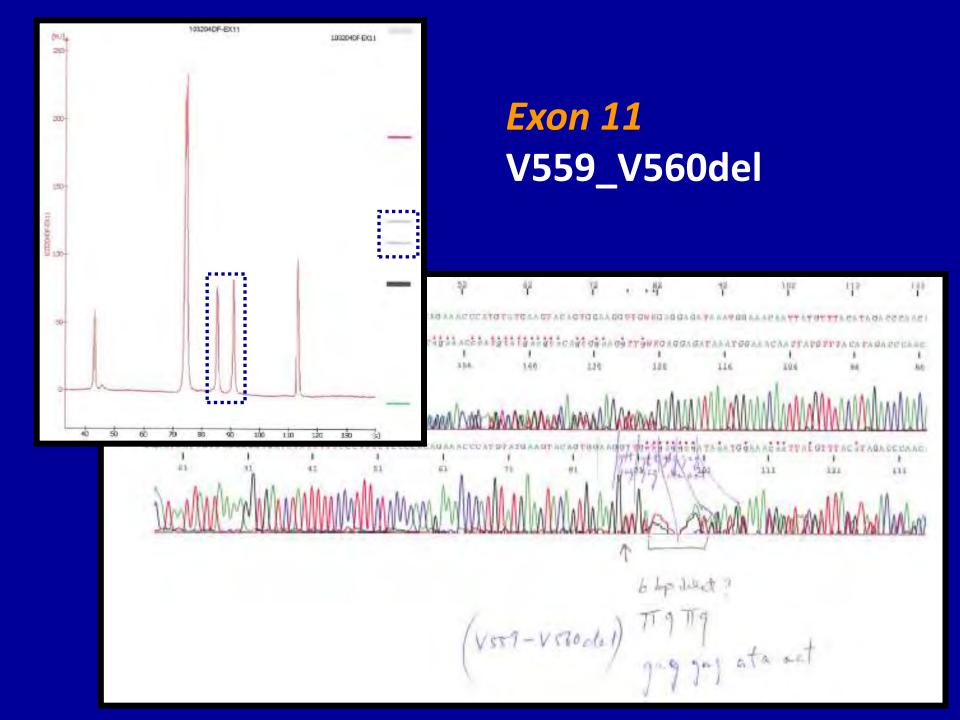


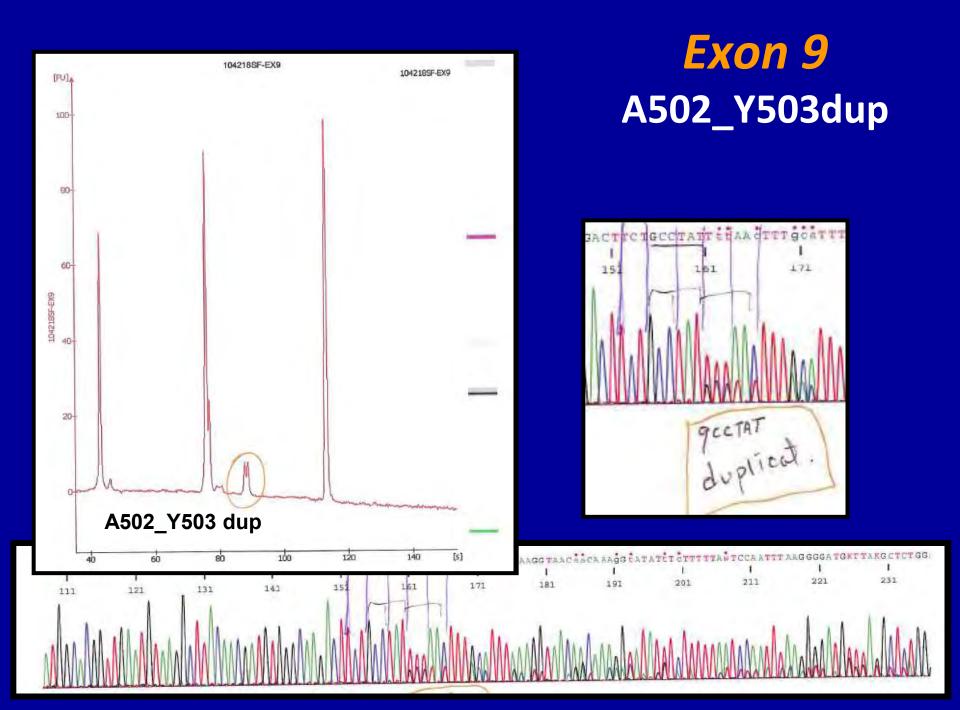




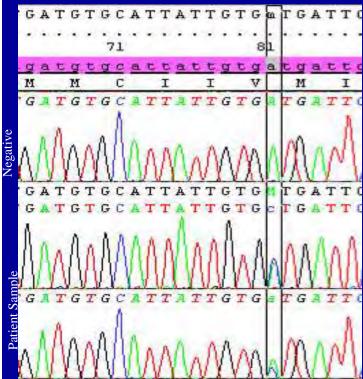






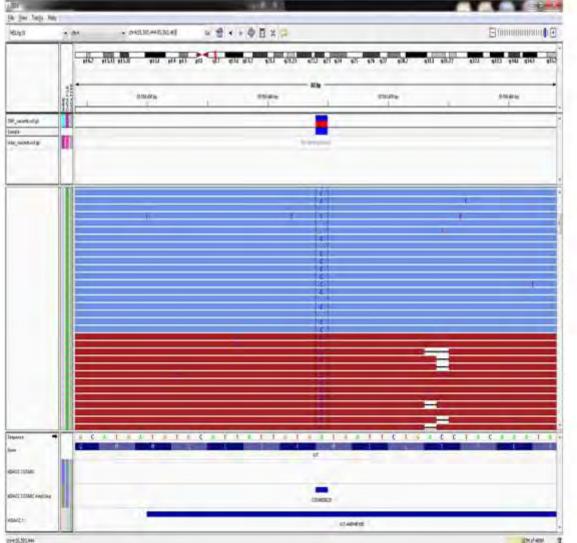


Detection of SNV in KIT Exon 10, currently not covered by Sanger



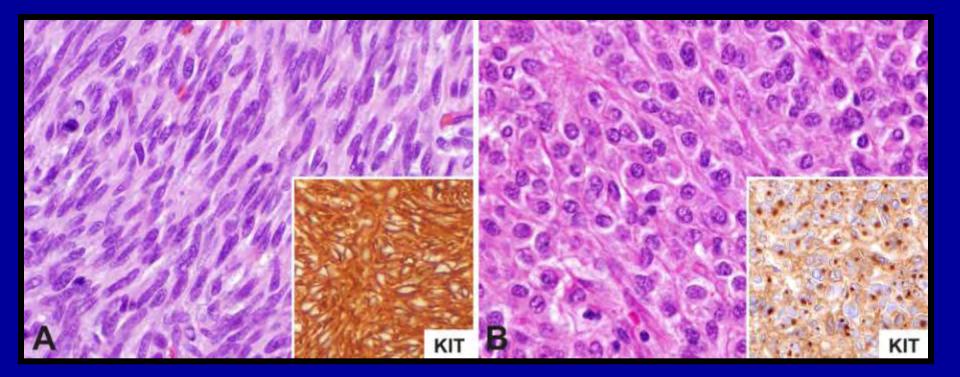
Confirmation by Sanger ATG→CTG, M541L KIT EXON 10



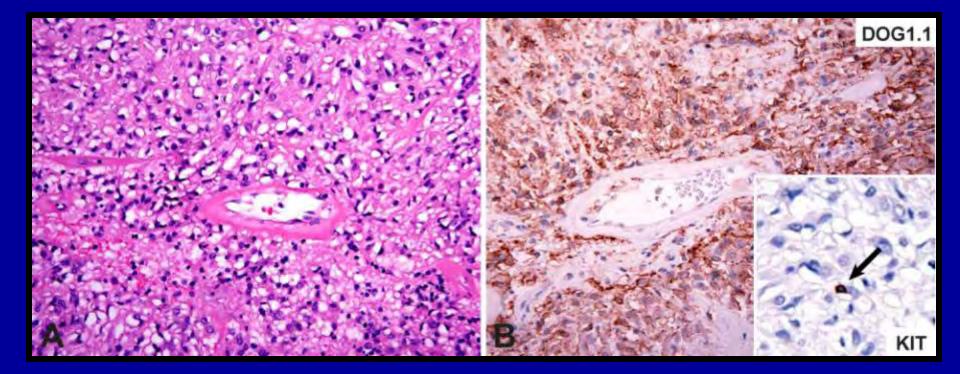


Chromo some	Position	Gene Symb	Ploidy	Ref	Variant	VarFreq	Coverage	RefCov	VarCov
chr4	5559346 4	KIT	Het	А	с	63.42	1077	389	683

KIT immunoreactivity in GIST



KIT-negative GIST

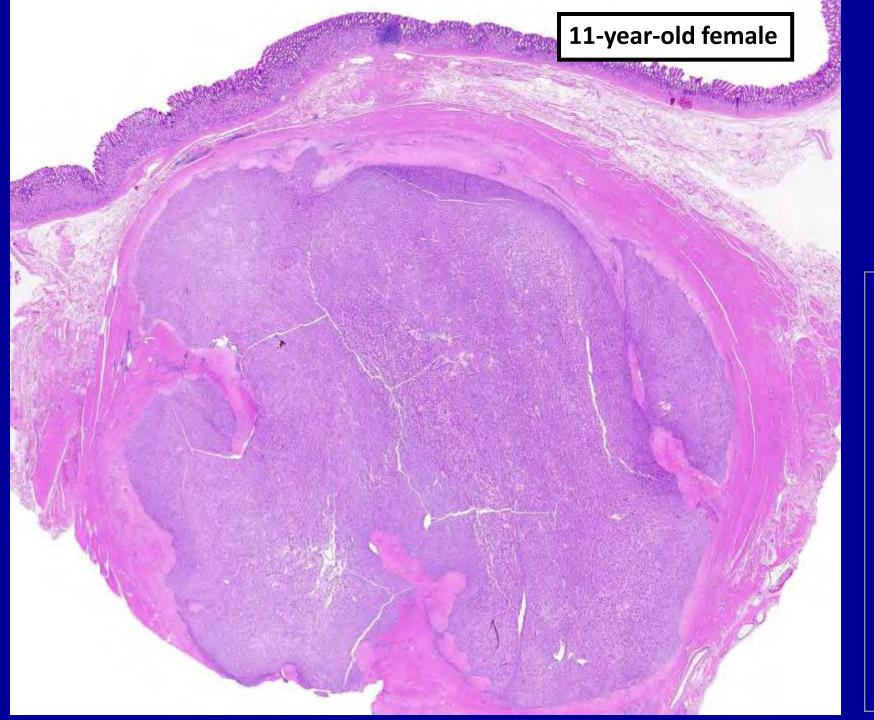


Gastric GISTs with Distinctive Histology (Multinodular/Plexiform)

- Pediatric GISTs
 - Female predominance (peak 2nd decade)
 - Indolent, but late metastases common
 - Molecular genetic basis unknown
- Carney Triad
 - Gastric GIST, pulmonary chondroma, paraganglioma
 - Molecular genetic basis unknown
- Carney-Stratakis Syndrome
 - Gastric GIST and paraganglioma
 - Germline mutations in succinate dehydrogenase subunit genes (SDHA, SDHB, SDHC, or SDHD)

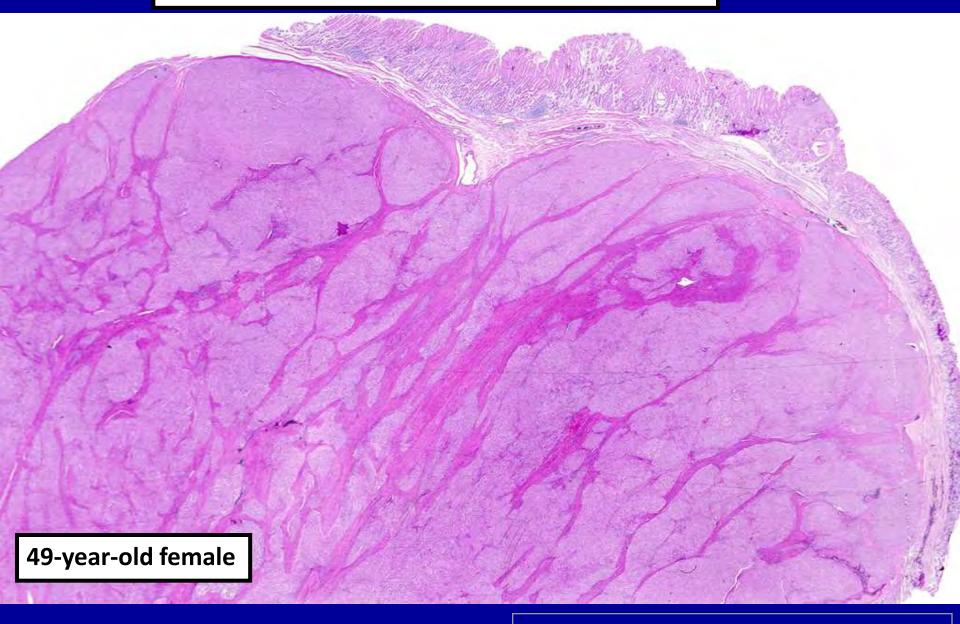
GIST with Distinctive Histology

- Multinodular/plexiform growth pattern
- Epithelioid or mixed morphology
- "Pediatric-type" or "type 2" GISTs
- Loss of SDHB staining by IHC
- Lymph node metastases common
- Distant metastases common clinically indolent
- Current risk assessment criteria do not reliably predict behavior
- No response to imatinib

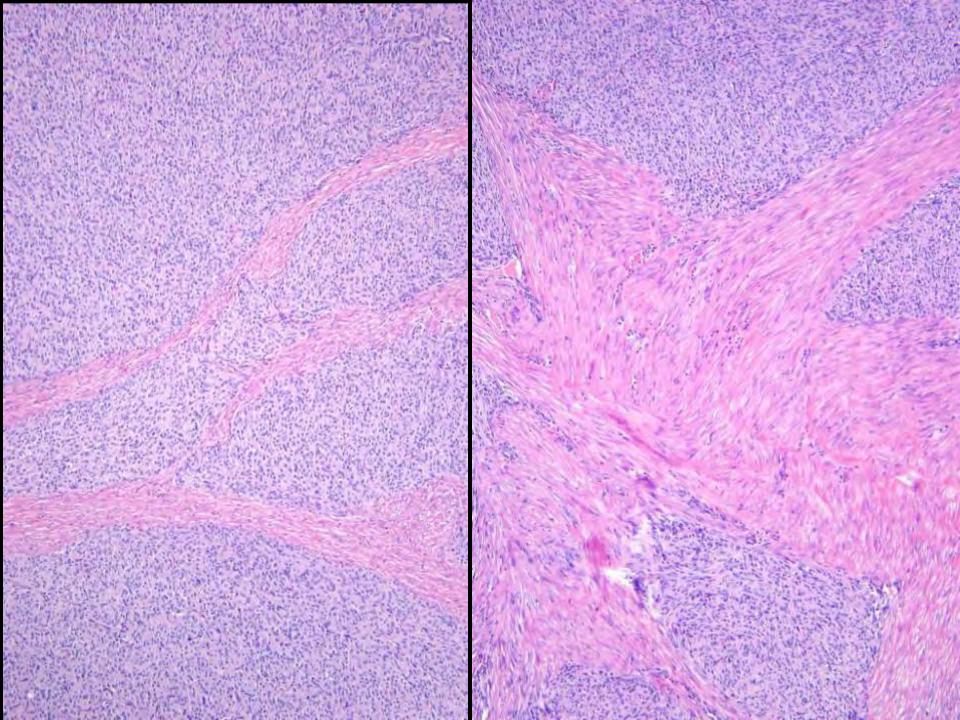


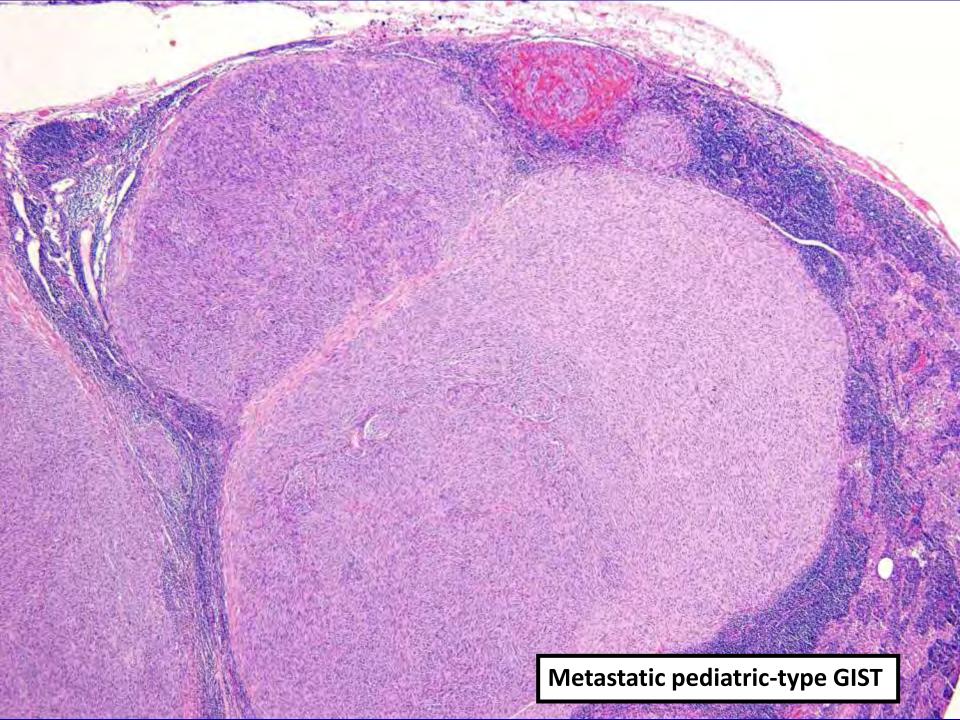
Courtesy of Jason Hornick, BWH/Harvard, Boston, MA

Pediatric-type GIST in an Adult



Courtesy of Jason Hornick, BWH/Harvard, Boston, MA





SDHB

KIT exon 11-mutant GIST



"Wild-type" gastric GIST

Risk assessment in GIST

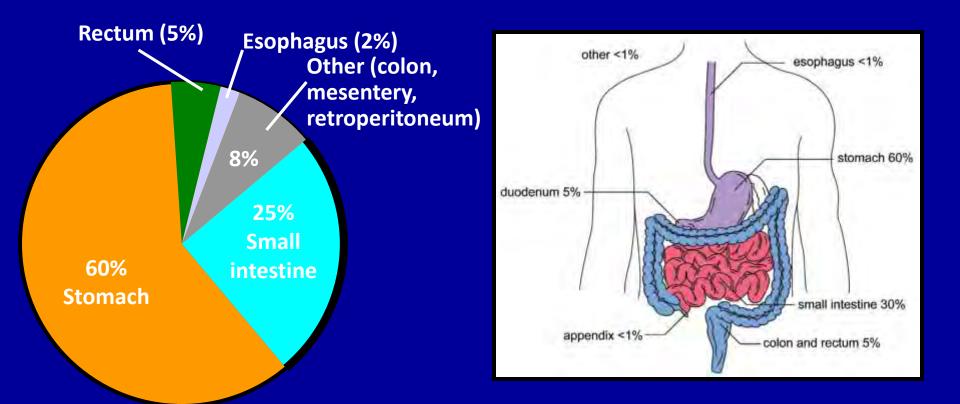
GIST – Prognostic Factors Size **Mitotic Rate Anatomic Location** Pleomorphism Cellularity **Necrosis** Mucosal Invasion Proliferation Markers (Ki-67, Mib-1, PCNA, etc) **DNA Flow Cytometry Image Analysis Nuclear Organizer Regions**

Problem – Small GISTs without mitoses can metastasize!

NIH Consensus Risk Assessment

	Size	Mitotic Count
Very Low Risk	< 2 cm	< 5/50 HPF
Low Risk	2-5 cm	< 5/50 HPF
Intermediate Risk	< 5 cm	6-10/50 HPF
	5-10 cm	< 5/50 HPF
High Risk	> 5 cm	> 5/50 HPF
	> 10 cm	Any Mitotic Rate
	Any Size	> 10/50 HPF

GIST: Sites of Involvement



Omentum, mesentery, pelvis and retroperitoneum = EGIST (<1%)

Hornick & Lazar. GSI website: Understanding Your Pathology Report for GIST.

2007/2010 NCCN GIST Risk Assessment Guidelines***

Tumor	Parameters	Risk of	Progressive	Disease [#] (%)	
	Size	Gastric	Duodenum	Jejunum/lleum	Rectum
Mitotic	≤ 2 cm	None (0%)	None (0%)	None (0%)	None (0%)
Index	> 2 ≤ 5 cm	Very low (1.9%)	Low (8.3%)	Low (4.3%)	Low (8.5%)
≤ 5 per 50 hpf	> 5 ≤ 10 cm	Low (3.6%)	(Insuff. data)	Moderate (24%)	(Insuff. data)
	> 10 cm	Moderate (10%)	High (34%)	High (52%)	High (57%)
Mitotic	≤ 2 cm	None*	(Insuff. data)	High*	High (54%)
Index	> 2 ≤ 5 cm	Moderate (16%)	High (50%)	High (73%)	High (52%)
> 5 per 50 hpf	> 5 ≤ 10 cm	High (55%)	(Insuff. data)	High (85%)	(Insuff. data)
	> 10 cm	High (86%)	High (86%)	High (90%)	High (71%)

***Modified from Miettinen & Lasota, *Semin Diagn Pathol*, 2006 by Dr. Chris Corless, OHSU Data based on long-term follow-up of 1055 gastric, 629 small intestinal, 144 duodenal and 111 rectal GIST

GIST - Gross Appearance



Courtesy of Brian Rubin, Cleveland Clinic

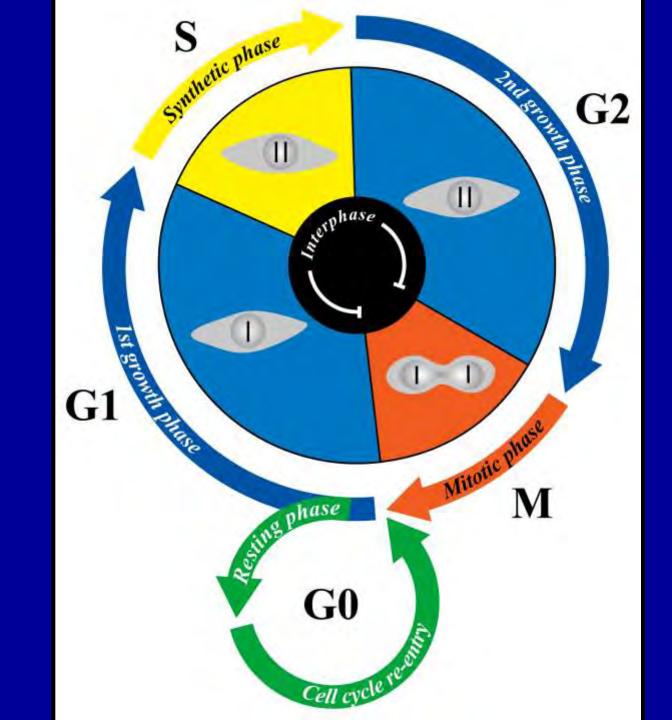


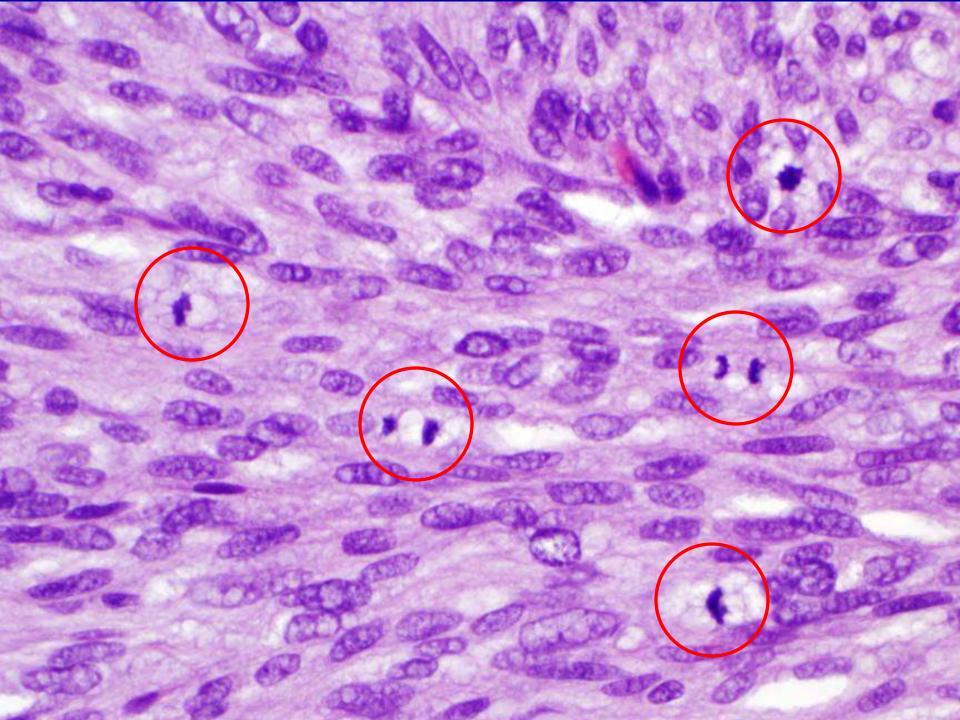


2007/2010 NCCN GIST Risk Assessment Guidelines***

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≤ 5 per 50 hpf	> 5 ≤ 10 cm	Low (3.6%)	(Insuff. data)	Moderate (24%)	(Insuff. data)
	> 10 cm	Moderate (10%)	High (34%)	High (52%)	High (57%)
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Index	> 2 ≤ 5 cm	Moderate (16%)	High (50%)	High (73%)	High (52%)
> 5 per 50 hpf	> 5 ≤ 10 cm	High (55%)	(Insuff. data)	High (85%)	(Insuff. data)
	> 10 cm	High (86%)	High (86%)	High (90%)	High (71%)

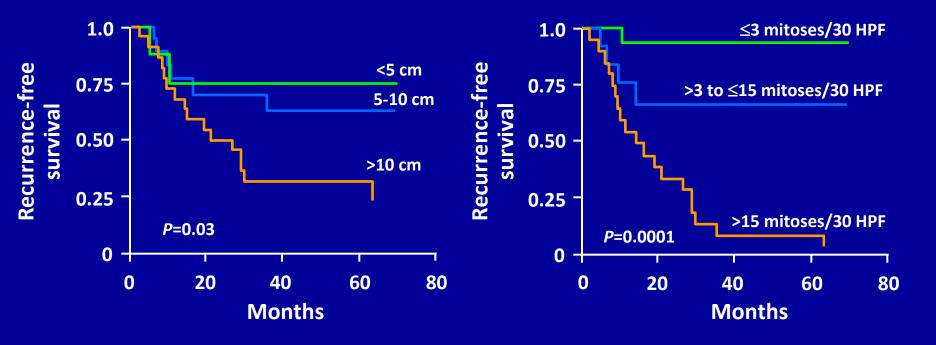
***Modified from Miettinen & Lasota, *Semin Diagn Pathol*, 2006 by Dr. Chris Corless, OHSU Data based on long-term follow-up of 1055 gastric, 629 small intestinal, 144 duodenal and 111 rectal GIST





GIST - Recurrence-Free Survival Following Surgical Treatment of Primary GIST

 Recurrence-free survival is predicted by tumor size and mitotic index



FNCLCC Grading

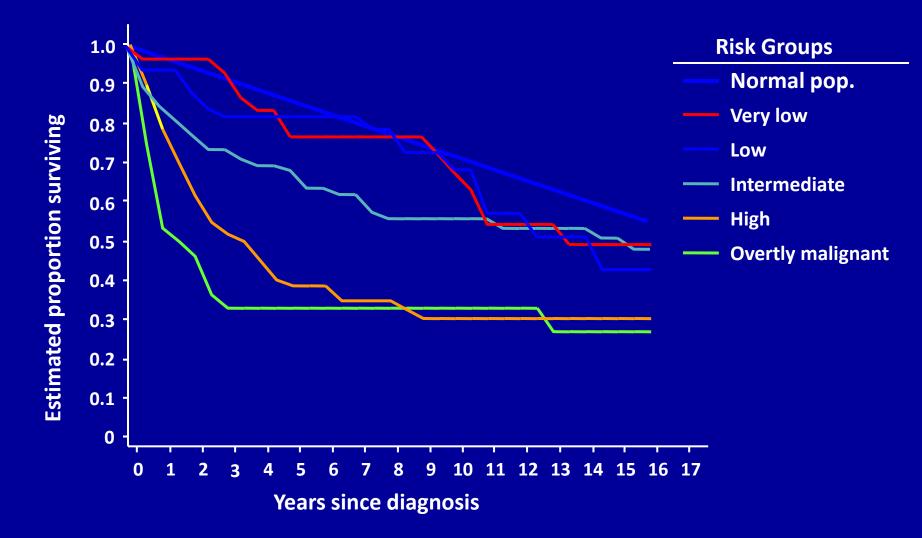
• All three numbers are summated to determine degree of differentiation

Grade 1 :	2-3
Grade 2 :	4-5
Grade 3 :	<mark>6-8</mark>

 Proven to correlated well with survival

- <u>Mitotic Count.</u> In the most mitotically active area, ten successive high-power fields (at 400x magnification=0.1734 mm²) using a 40x objective.
- 1 0-9 mitoses per 10 HPFs
- 2 10-19 mitoses per 10 HPFs
- 3 >20 mitoses per 10 HPFs
- <u>Tumor necrosis.</u> Evaluated on gross examination and validated with histological sections
- 0 No tumor necrosis
- 1 <50% tumor necrosis
- 2 >50% tumor necrosis
- Degree of Differentiation. 1-3

GIST - Overall Survival by Risk Group



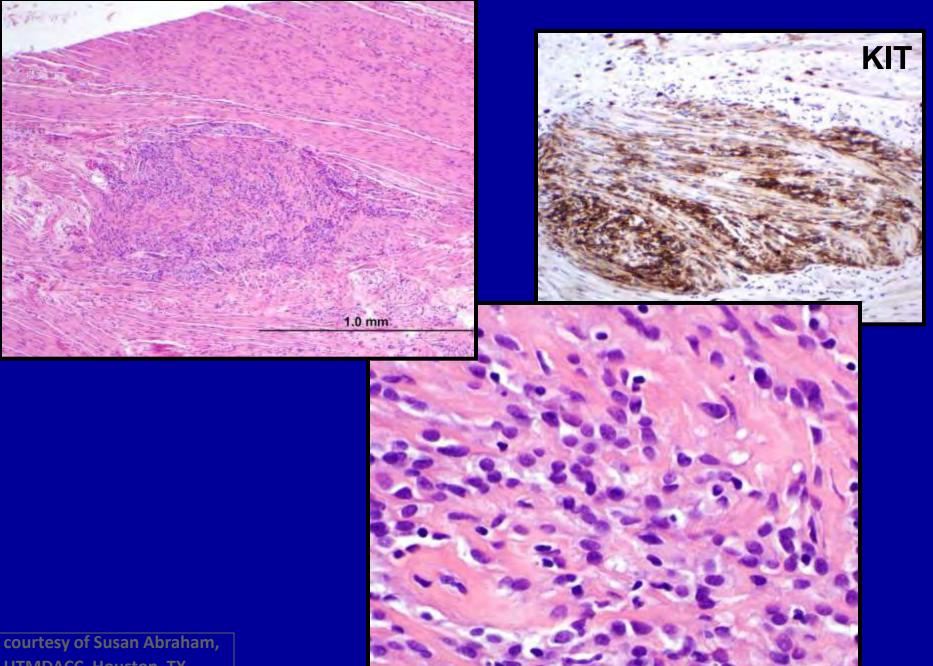
Kindblom. at: http://www.asco.org

Clinical Characteristics of GIST Wide age range – peak in 5th-7th decade

M = F

Small lesions = "incidentalomas"

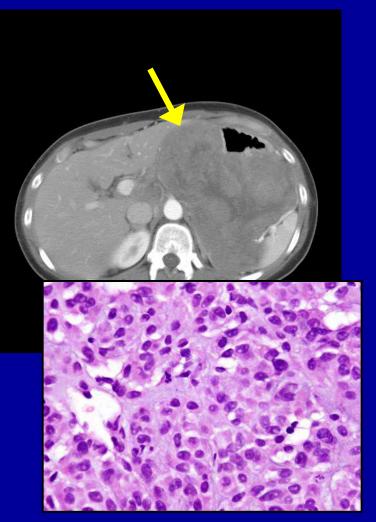
Presenting symptoms include: abdominal pain, gastrointestinal bleeding, early satiety, symptoms referable to a mass



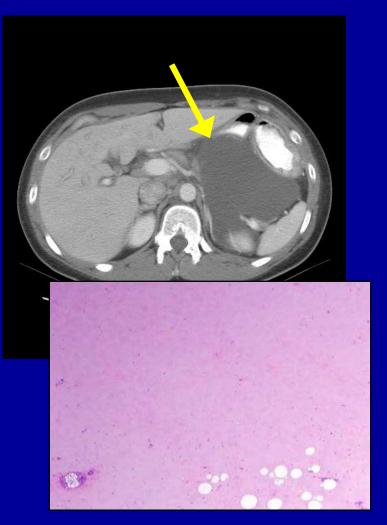
UTMDACC, Houston, TX

Treatment can cause big changes.

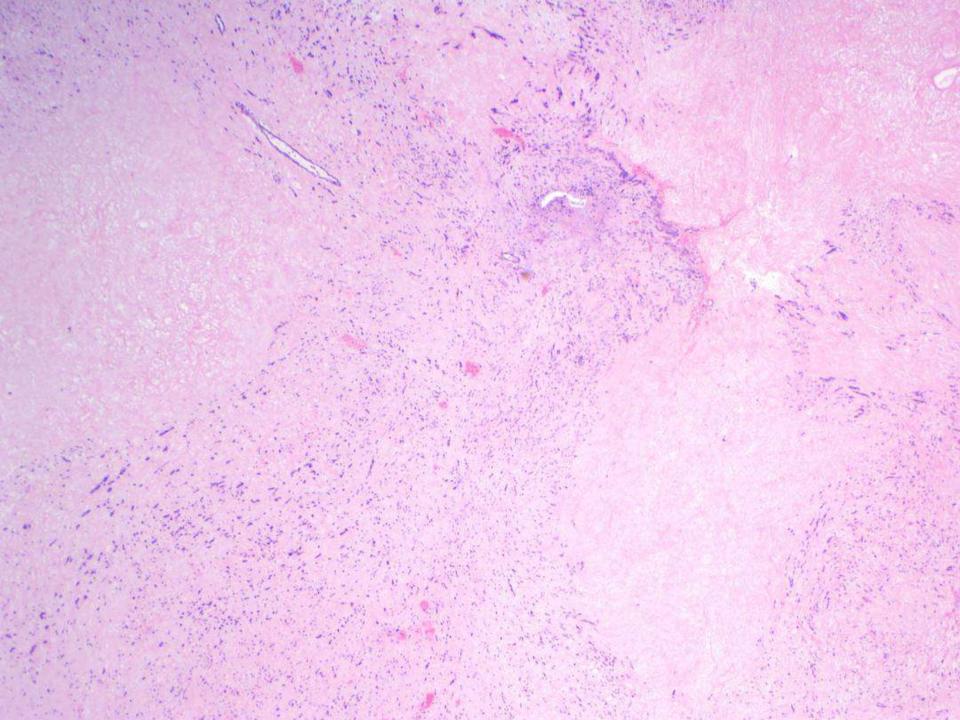
Treatment effect

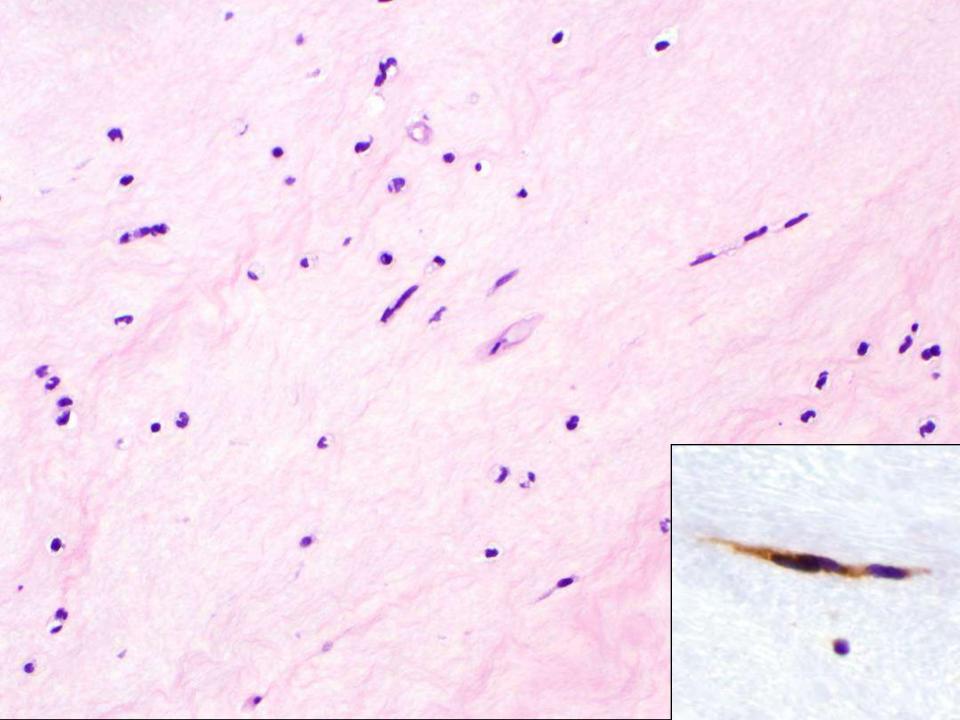


Pre-Imatinib

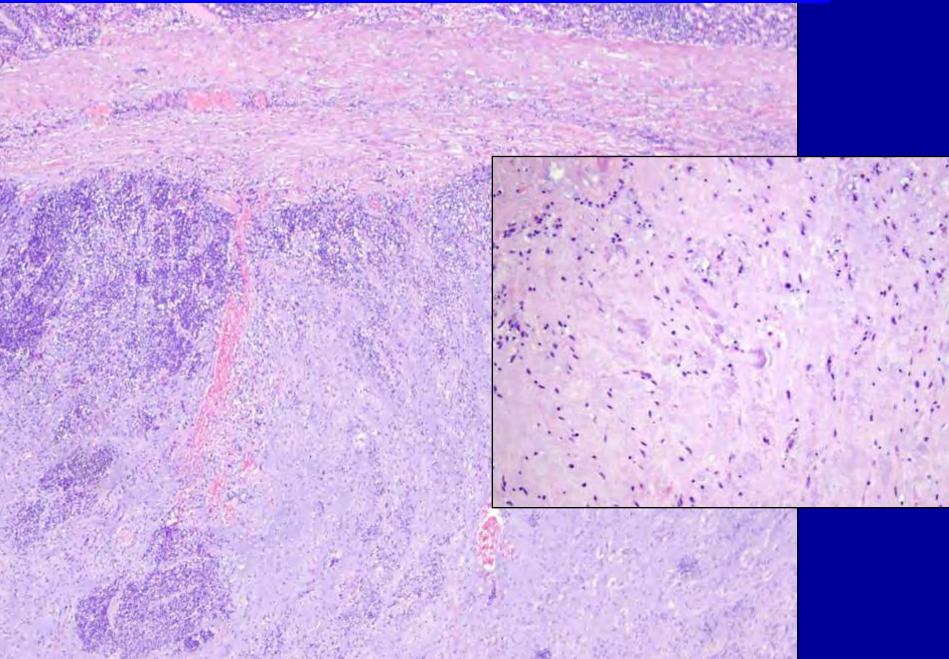


Post-Imatinib (8 weeks therapy)

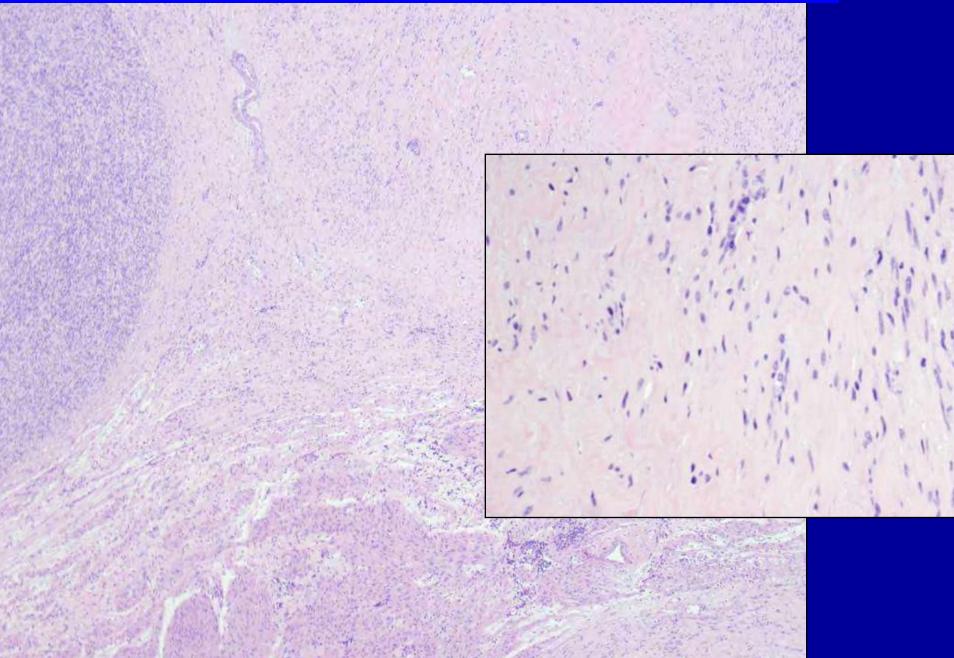




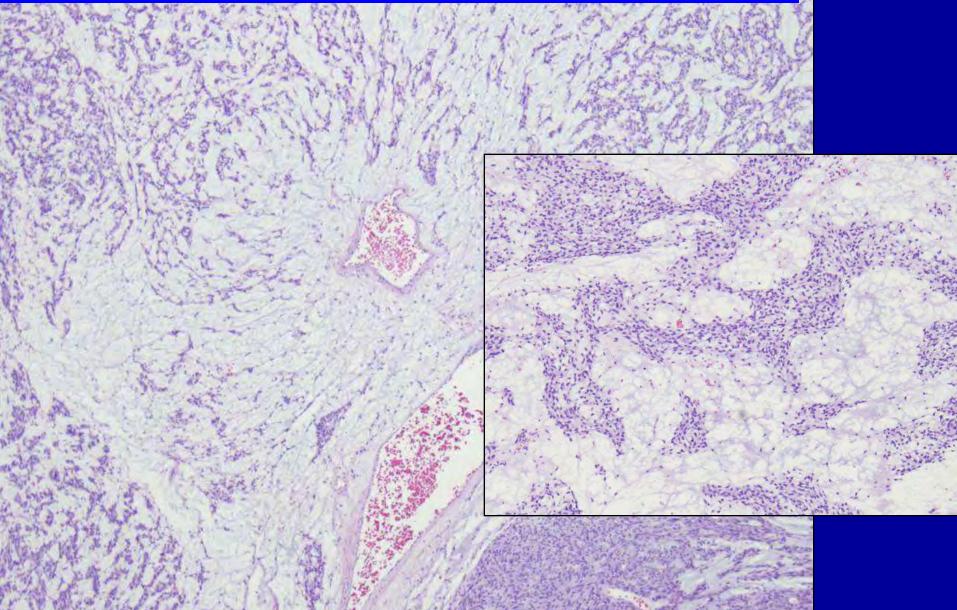
Case No. 22 - Marked Effect – 7 days pre-op (exon 11)



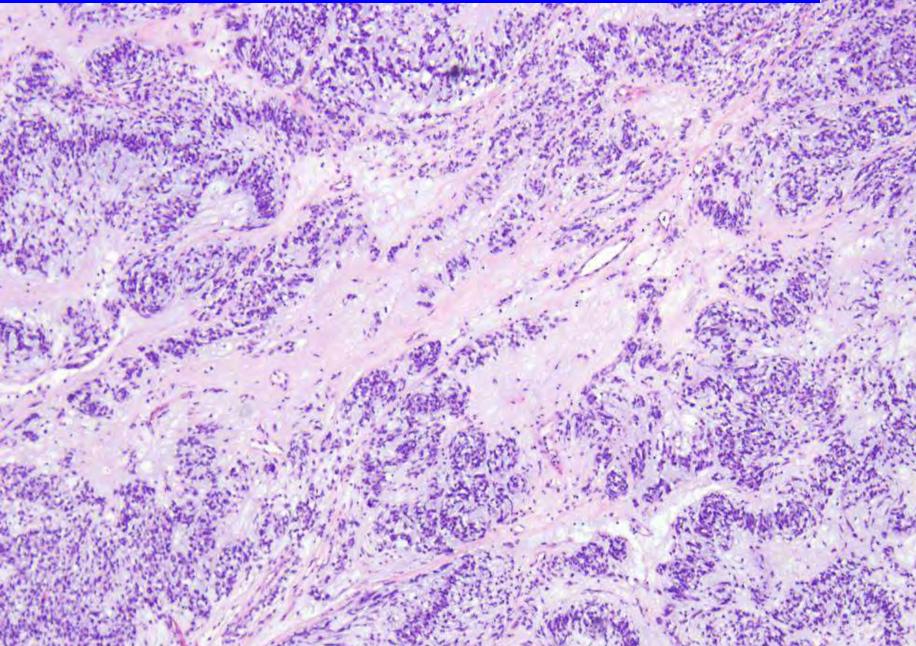
Case No. 12 - Marked Effect – 5 days pre-op (exon 11)

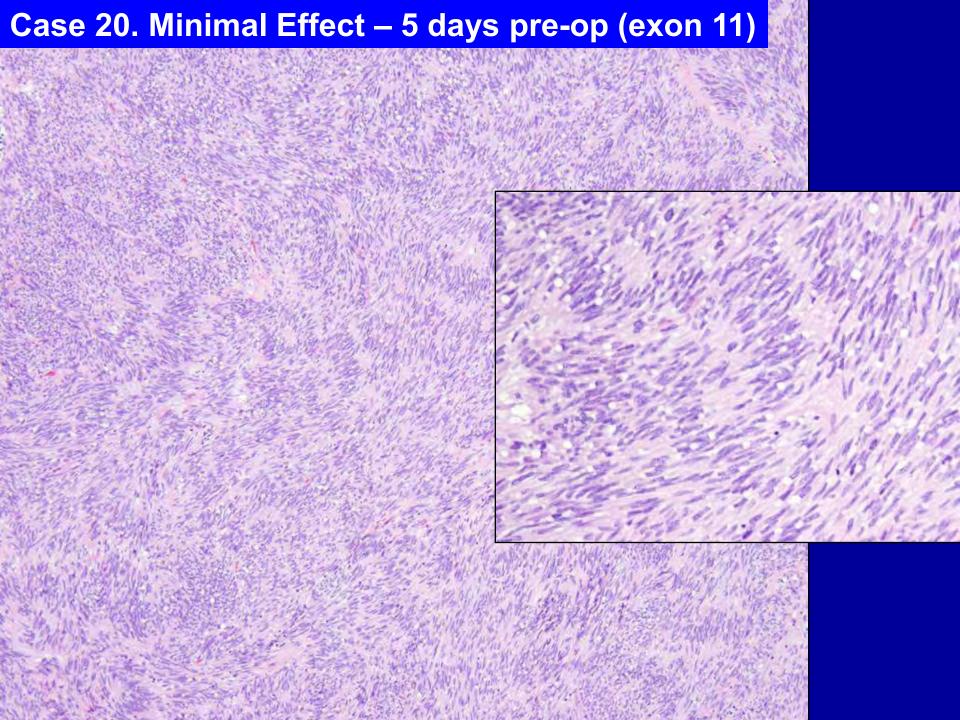


Case 8. - Moderate Effect – 3 days pre-op (exon 11)



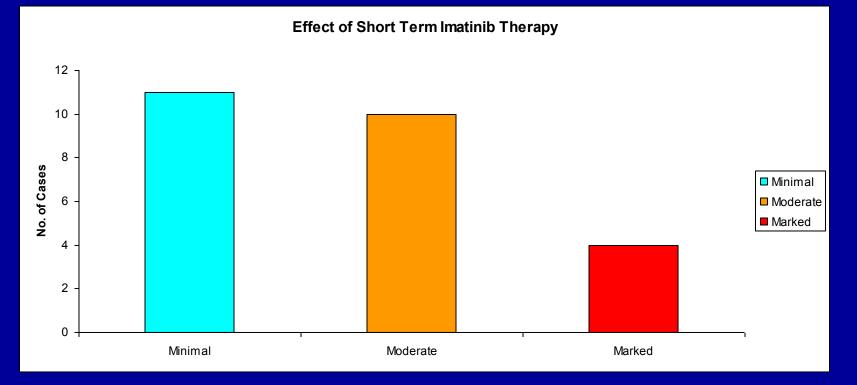
Case 11. - Moderate Effect – 5 days pre-op (exon 11)



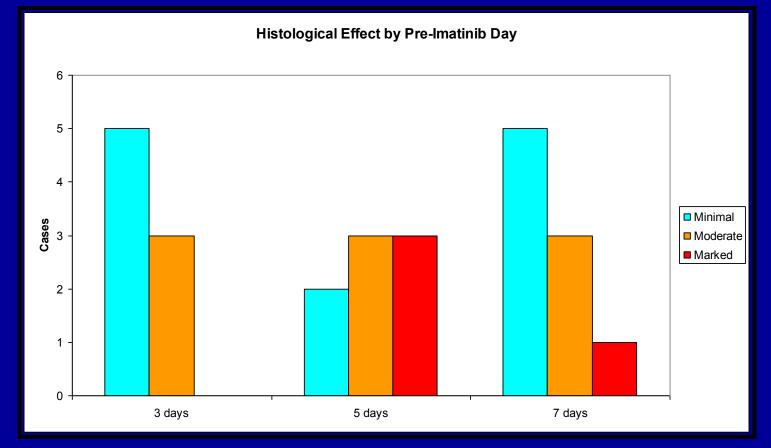


Results

- Minimal effect: 11/25 (44%)
- Moderate effect: 10/25 (40%)
- Marked effect: 4/25 (16%)
- No moderate or marked changes seen in control cases (p<0.0009)

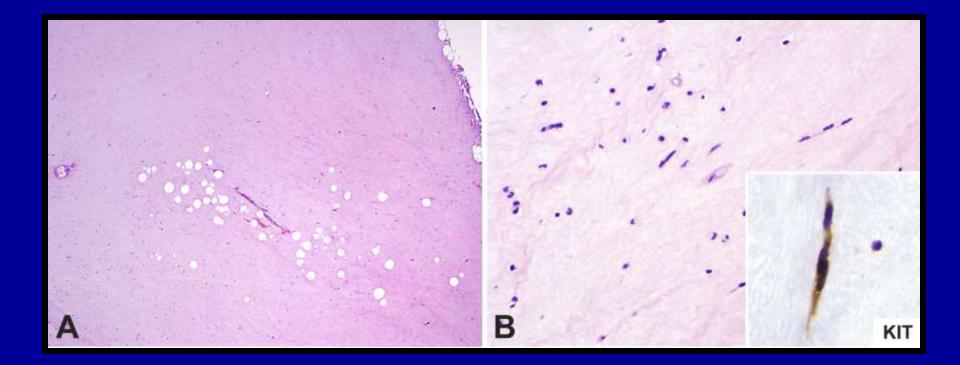


Early Histologic Effects of Imatinib Duration of Therapy

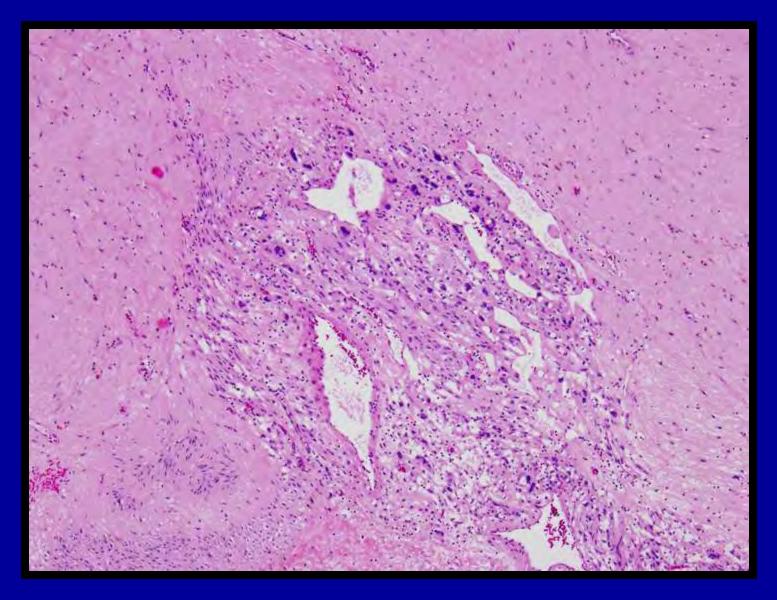


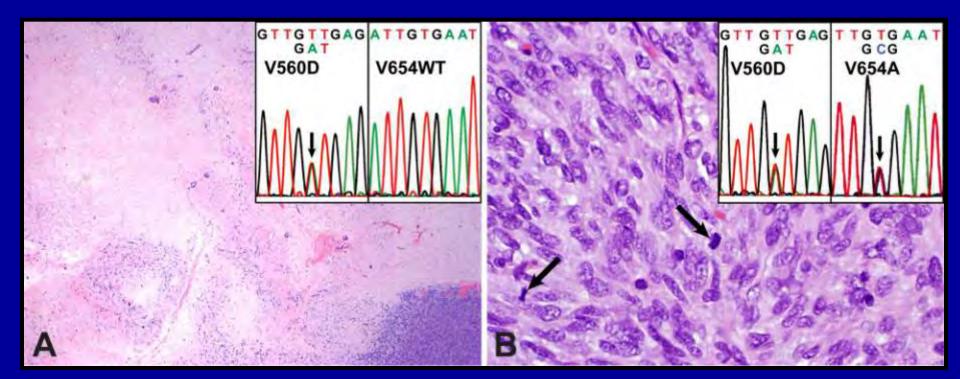
- Minimal and Moderate effects were seen across all durations of therapy
- Marked effect appeared to be a late finding peaking at 5 days

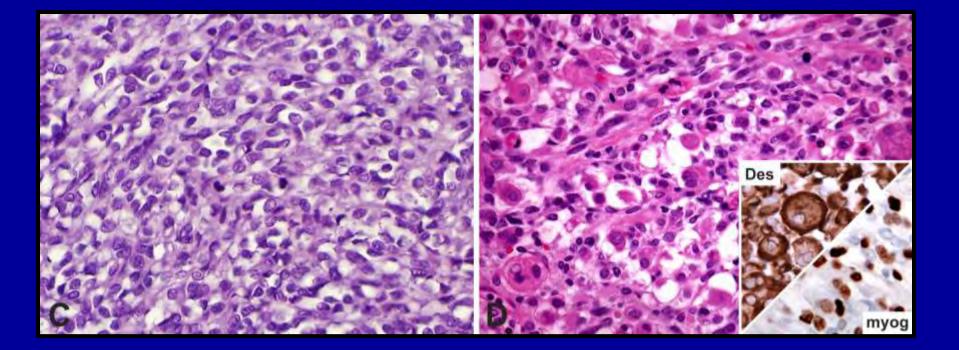
Long term Imatinib Tx



Long term Imatinib Tx

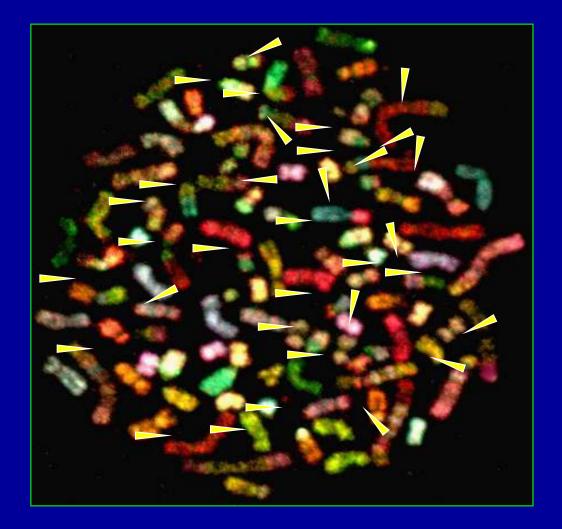






What is new and exciting in GIST pathology?

Chromosomal complexity and prognosis



97 chromosomes and more than 50 translocations

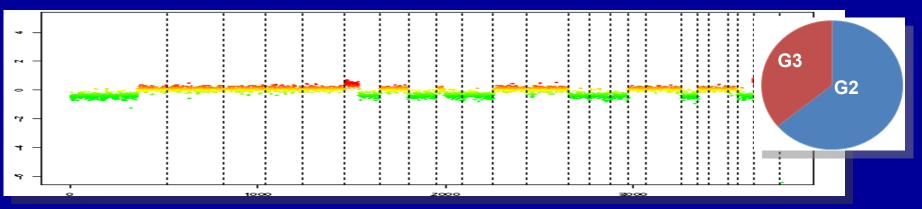
Chromosomal complexity in sarcomas

- Alain Aurias and Frédéric Chibon
- Sarcomas with a complex genetic profile
- Array-CGH and expression profile analyses
- Which genes / pathways are related to the chromosomal complexity ?
- Is there a link between chromosomal complexity and prognosis ?

Chromosomal instability signature Carter et al Nat Genet 2002

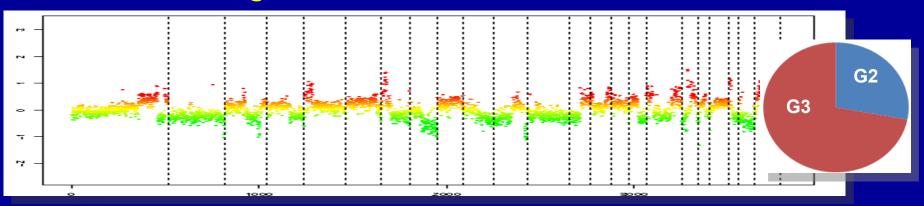
- Computational method for evaluating aneuploidy
- Analysis of genes differentially expressed according to the level of aneuploidy
- Aneuploidy is a consequence of chromosomal instability (CIN)
- CIN70 signature predicts survival in several types of cancers
- No prediction in our series of sarcomas

« Arm » Profile





« Rearranged » Profile



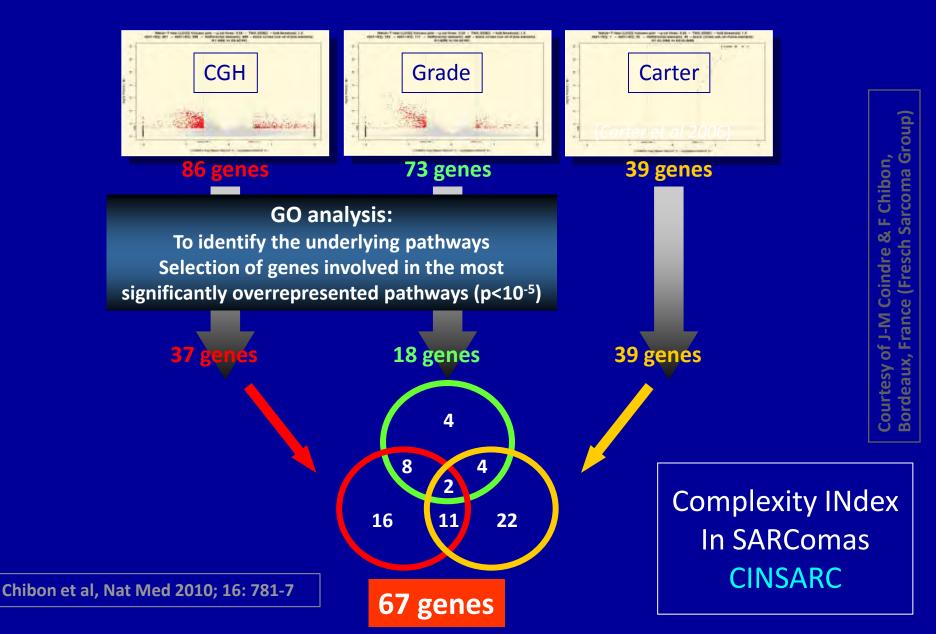
Genomic complexity and prognosis Possible approaches

• (Histological grading)

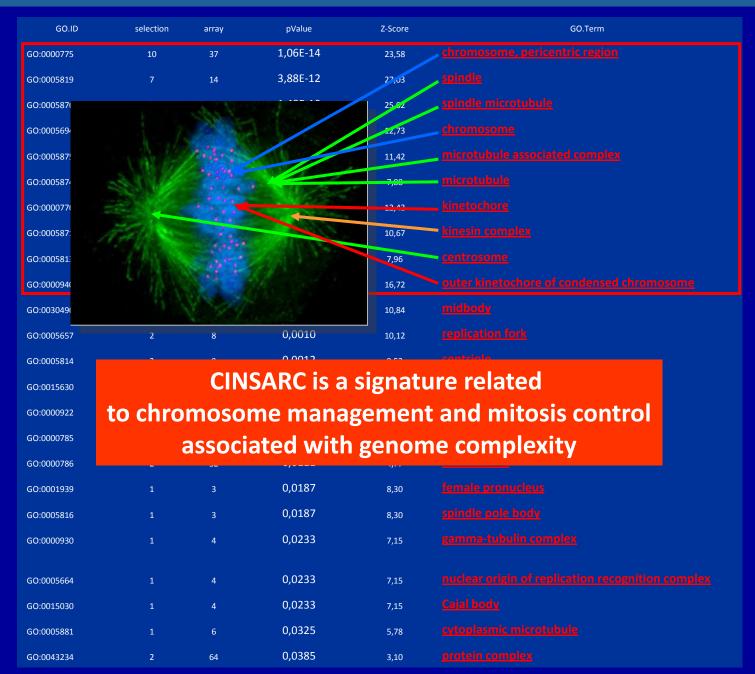
- Array-CGH
- Carter signature

Molecular grading in sarcomas

3 t tests to compare the expression profiles of tumors classified according to:

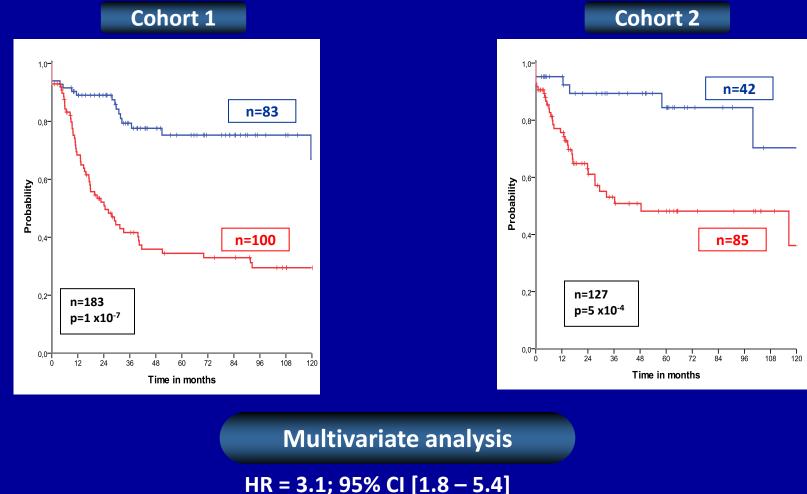


CINSARC : GO analysis of the 67 significant genes



CINSARC: Prognostic signature ?

Prognostic value of CINSARC: Metastasis free survival



Sarcoma Group)

Fresch

France

Bordeaux,

Chibon,

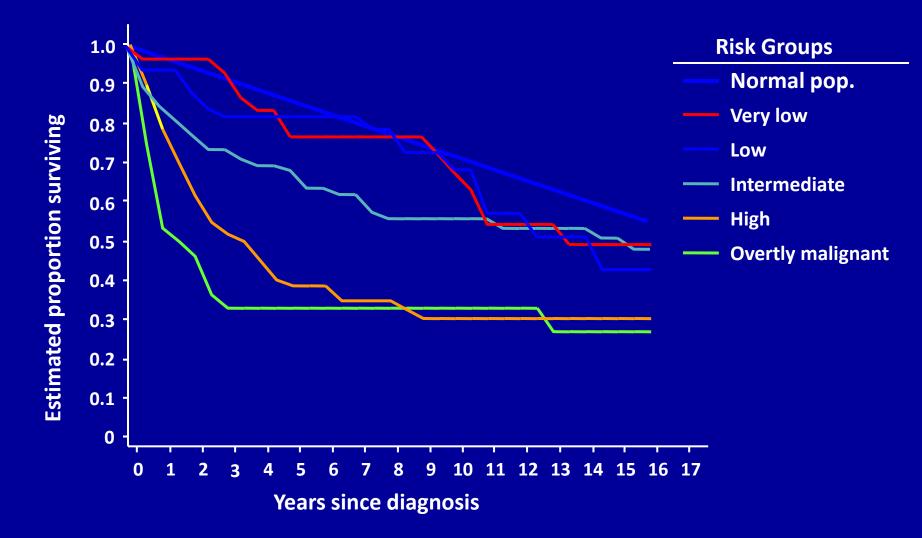
u.

Coindre &

of J-M

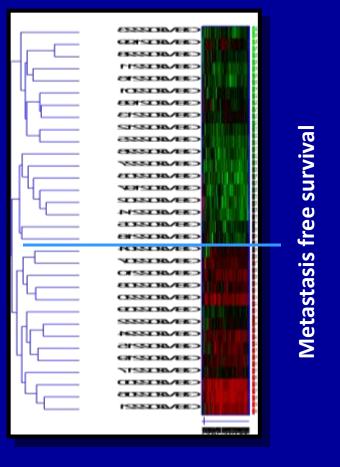
Courtesy

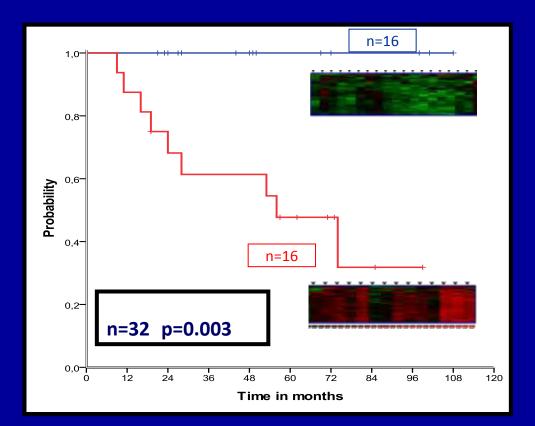
GIST - Overall Survival by Risk Group



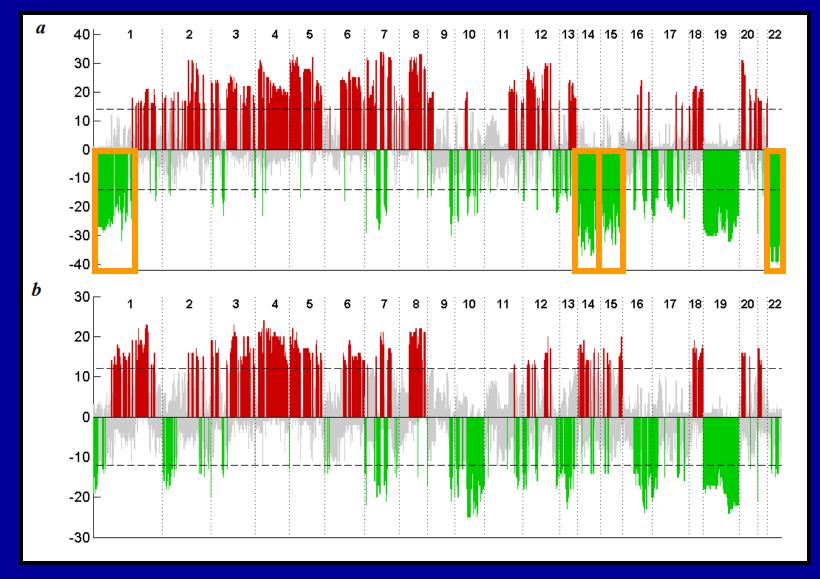
Kindblom. at: http://www.asco.org

CINSARC and GIST In-silico study of 32 GISTs (Yamaguchi *et al* 2008)



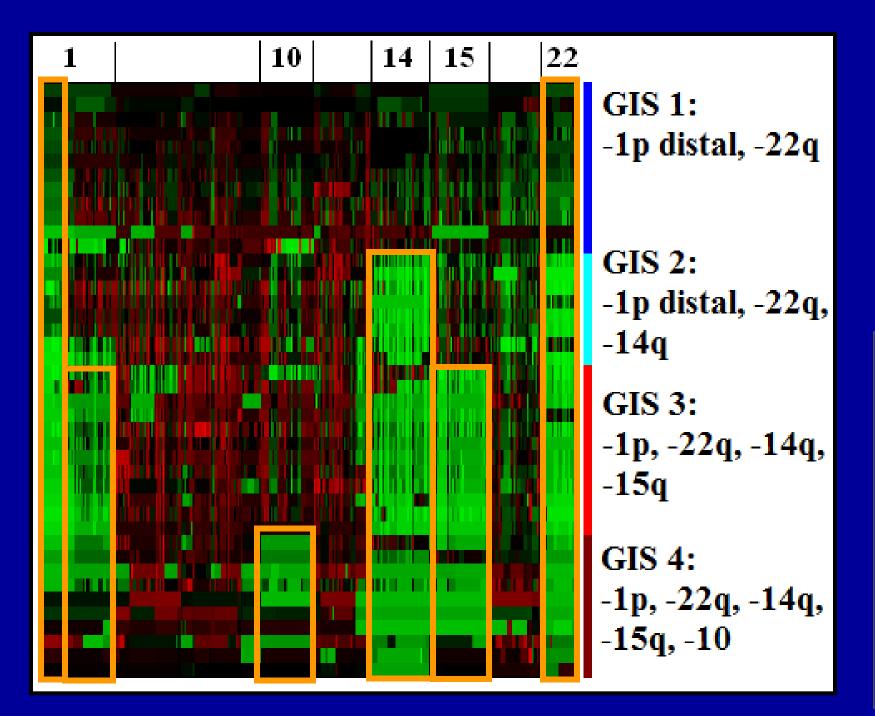


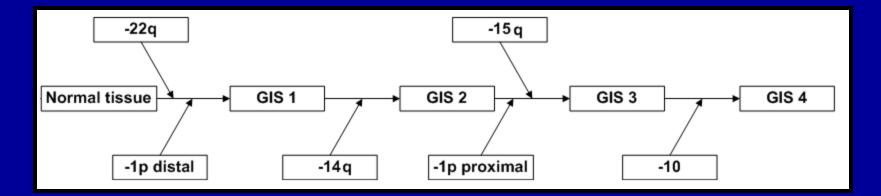
GIST (n=42)

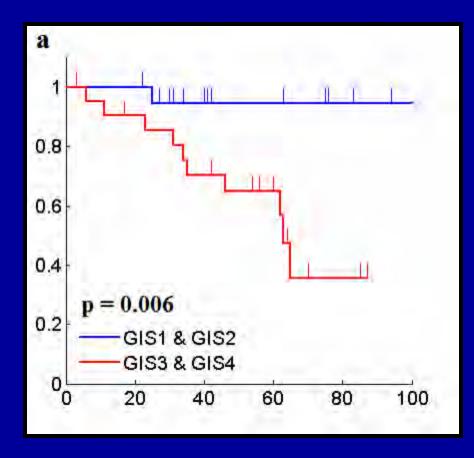


LMS (n=30)

Ylipää A, et al. Cancer 2011 117(2)380-9, 2011



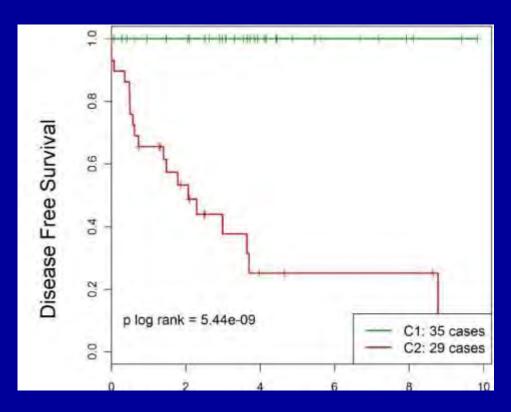




GIST and molecular signature (Lagarde et al. Clin Cancer Res 2012;18: 826-838)

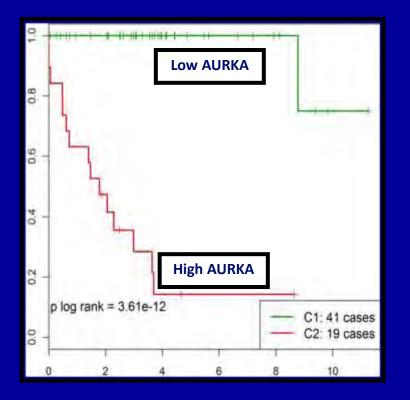
CINSARC

- 67 patients
 (Leuven + Bordeaux)
- Localised GIST
- No adjuvant treatment
- Frozen tissue from primary
- Miettinen classification
- Follow-up

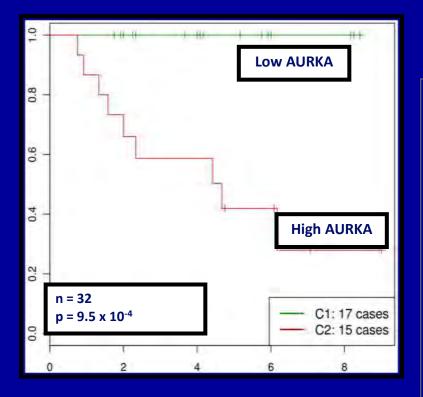


GIST and molecular signature (Lagarde et al. Clin Cancer Res 2012;18: 826-838)

AURKA is a prognostic factor in GIST







Yamagushi et al JCO 2008

AURKA – top ranked gene in CINSARC

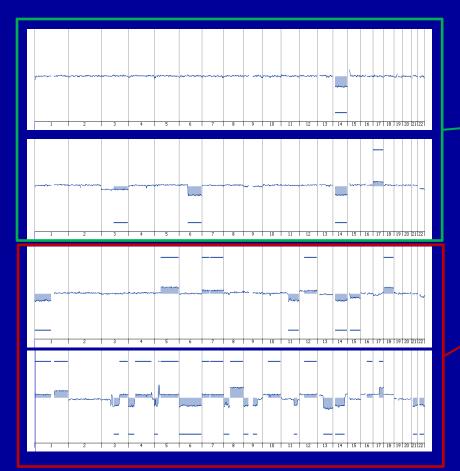
- Gene maps to chromosome 20q13
- Mitotic centrosomal protein kinase
- Control of chromosome segregation
- Overexpression induces centrosome duplication/distribution abnormalities and aneuploidy
- Overexpression associated with poor prognosis in several cancers

Prognosis in GIST

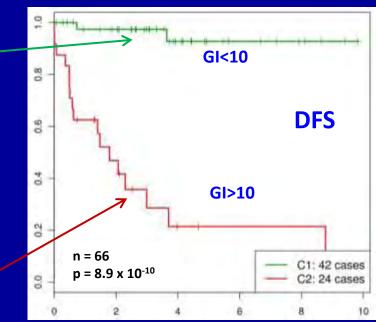
- AURKA is overexpressed in aggressive GIST
- No amplification of AURKA
- Deletion of p16 (CDKN2A) or RB1
- Likely causal events leading to increase AURKA and CINSARC gene expression, chromosomal instability and complexity, and finally to metastasis

Genomic Index (GI) is a prognostic factor in GIST...

$GI = Alt^2 / nb$ of altered chr.

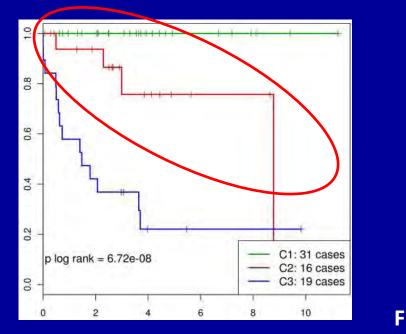


- Frozen tissue is rarely available
- Method applicable on paraffin tissue ?
- Genomic Index (GI) on CGH

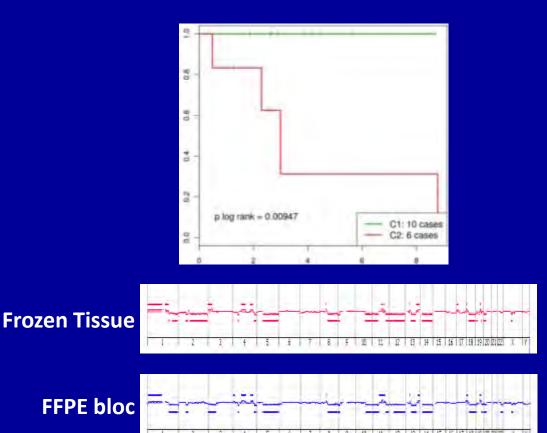


GIST and molecular signature (Lagarde et al. Clin Cancer Res 2012;18: 826-838)

Miettinen classification

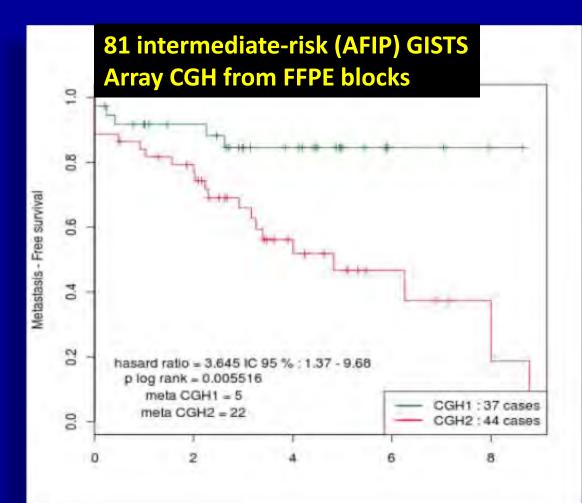


CGH-Genomic Index



Intermediate GIST and array-CGH

- Leuven (M Debiec-Rychter)
- Köln (E Wardelmann)
- Warsaw (P Rutkowski)
- Treviso (AP Dei Tos)
- French Sarcoma Group



Thank You

- Brian Rubin, Cleveland Clinic.
- Jason Hornick, Brigham & Women's Hospital/Harvard
- Jean-Michel Coindre & Frederic Chibon, Bordeaux, France (French Sarcoma Group)
- Michael Heinrich & Chris Corless, University of Oregon.
- Jon Trent, University of Miami.
- Colleagues at UTMDACC.