

GIST Summit 2010



**Diagnosis, Prognosis and *KIT/PDGFR* Genotyping
in Gastrointestinal Stromal Tumors**

Saturday Sept 25 2010

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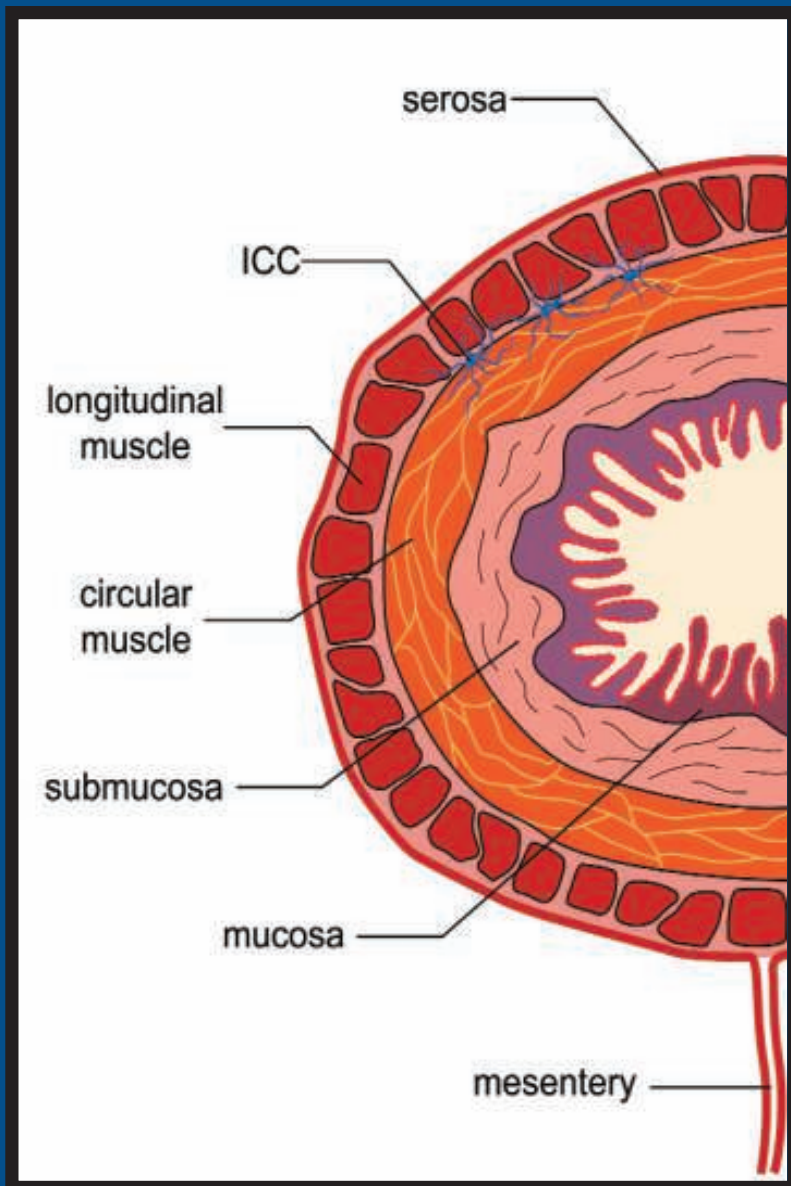
Sections of Sarcoma Pathology & Dermatopathology



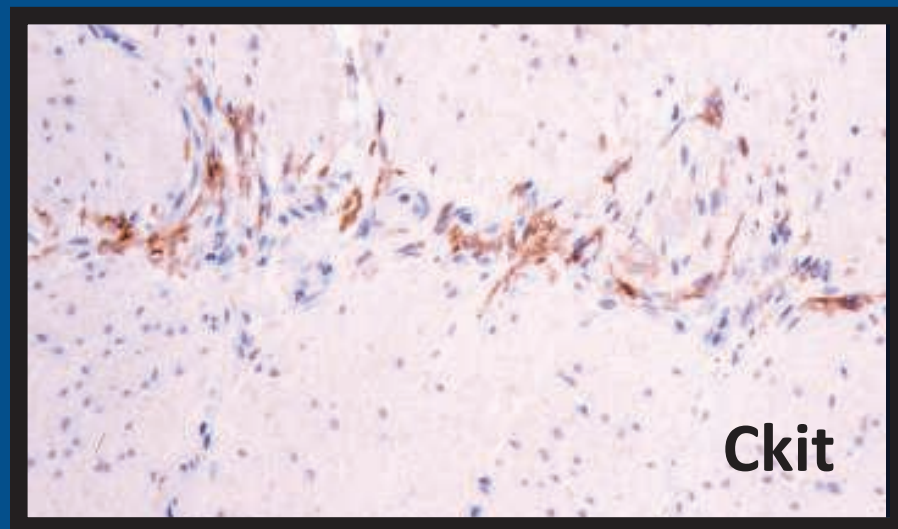
Gastrointestinal Stromal Tumors

**Role of Pathologic Diagnosis and
Risk Assessment
Mutation Analysis**

Gastrointestinal Stromal Tumor



- Arise from the interstitial cells of Cajal (ICC)
- ICC are important in coordinating peristalsis

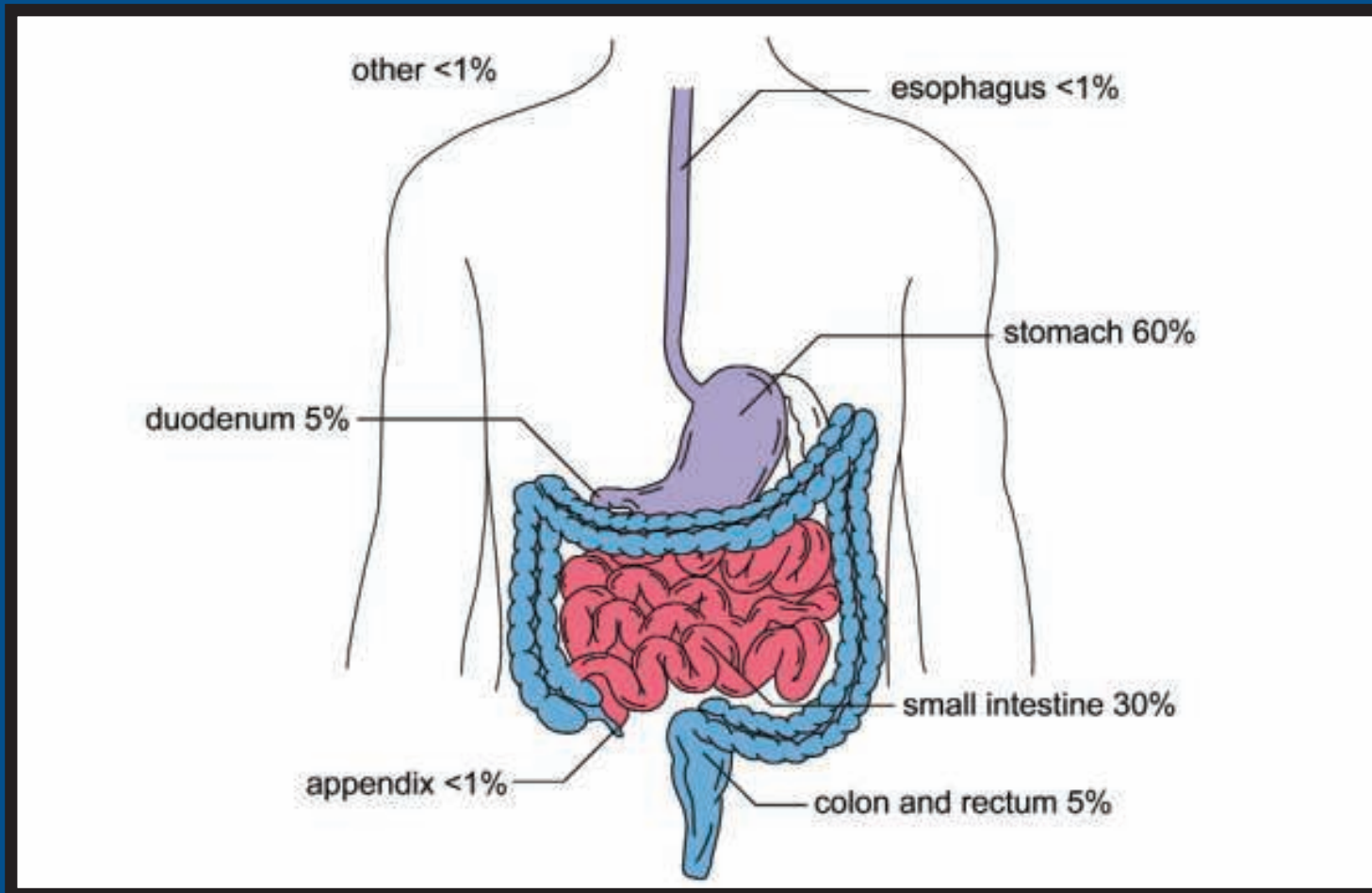


Ckit

Courtesy of Brian Rubin

GIST

Sites of Involvement



Omentum, mesentery, pelvis and retroperitoneum = **EGIST (<1%)**

Gross Appearance

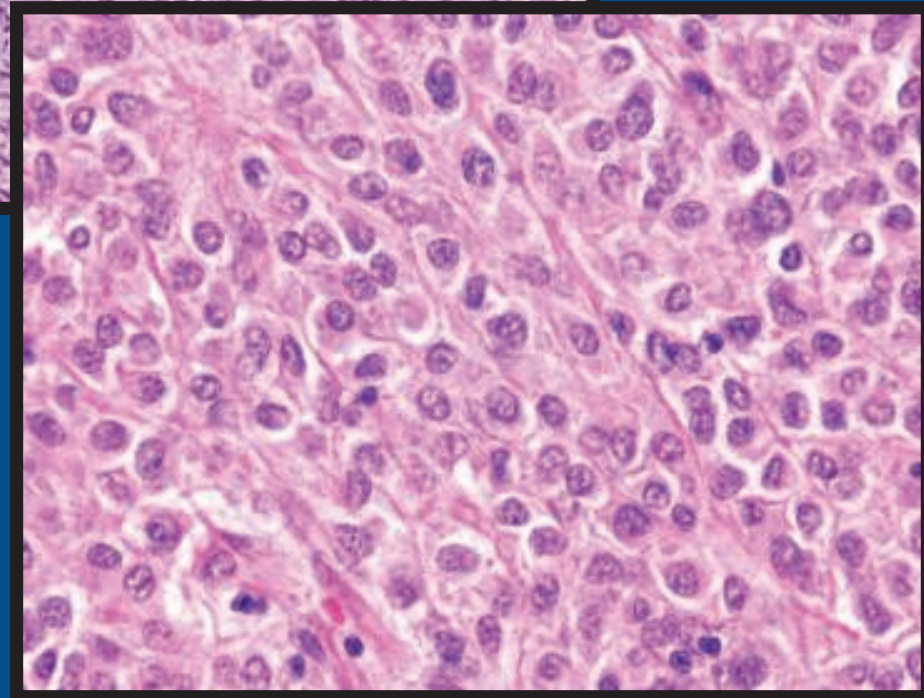
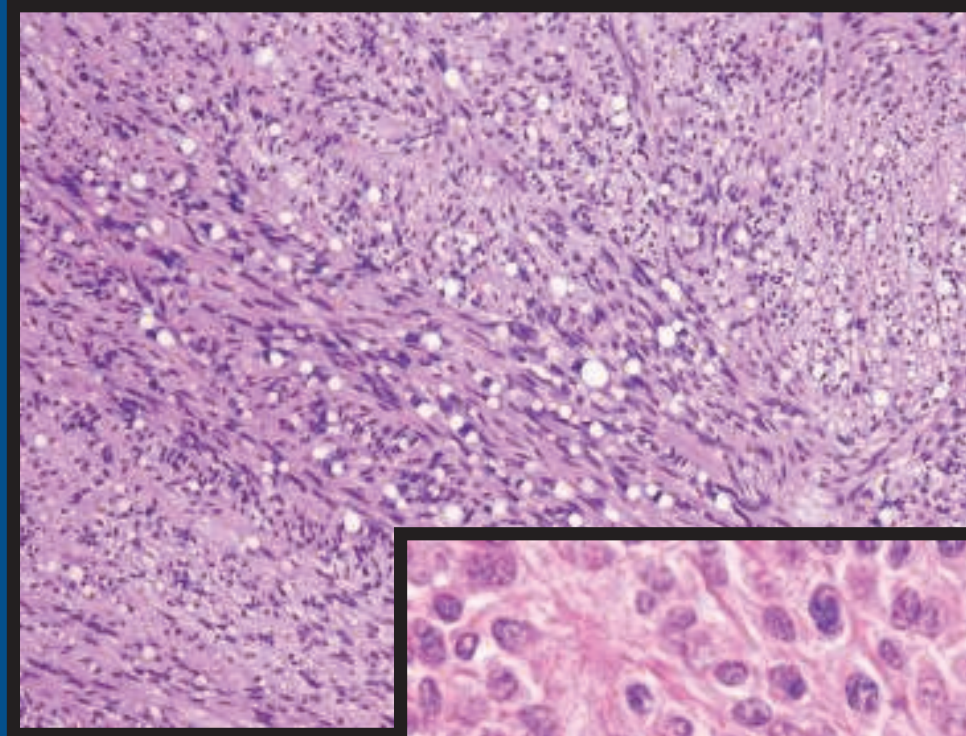
- Most originate from muscularis propria (muscle layers)
- Size varies greatly (median of 10 cm)
- Can grow inwards or out

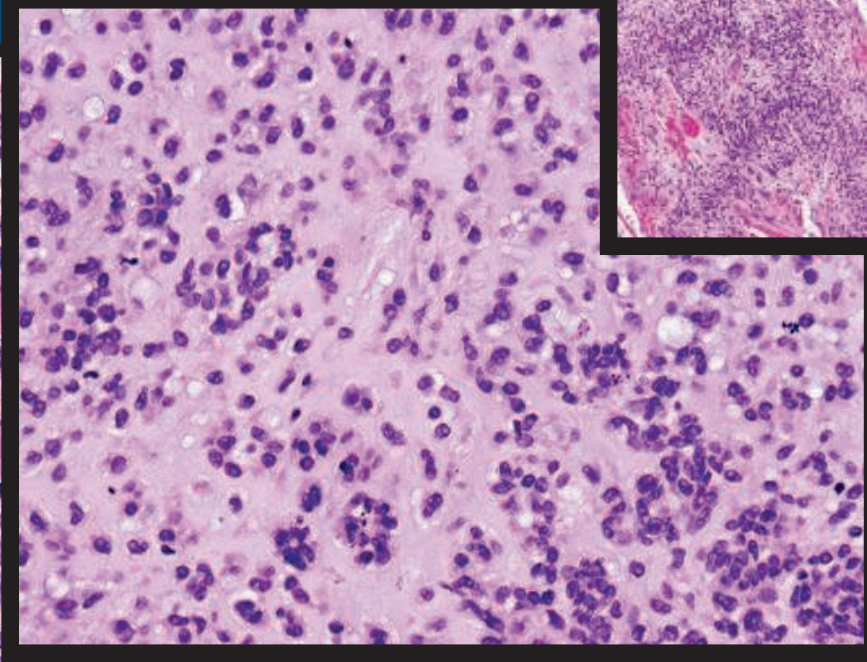
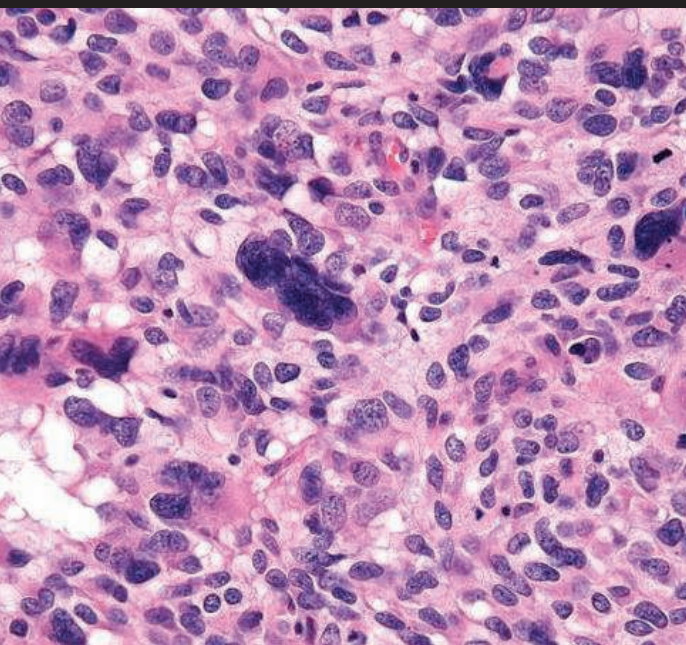
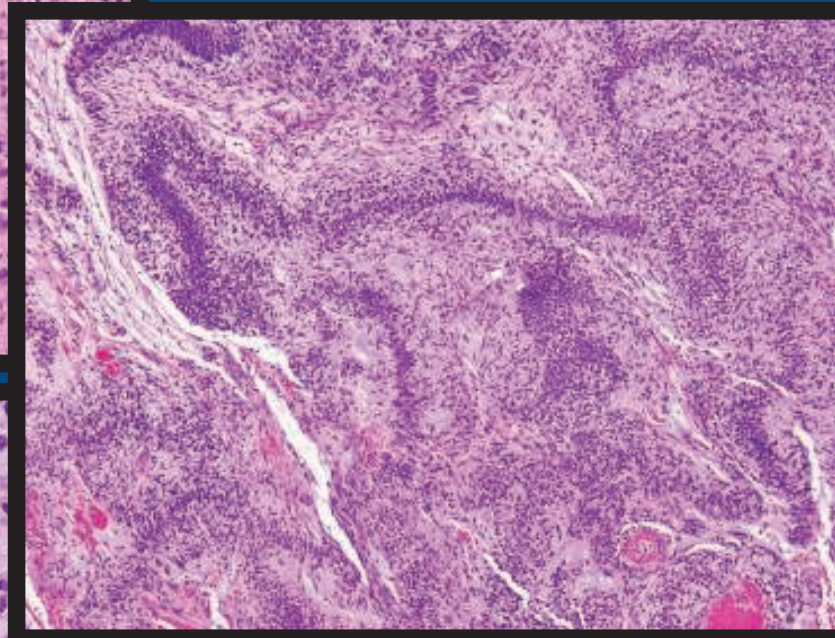
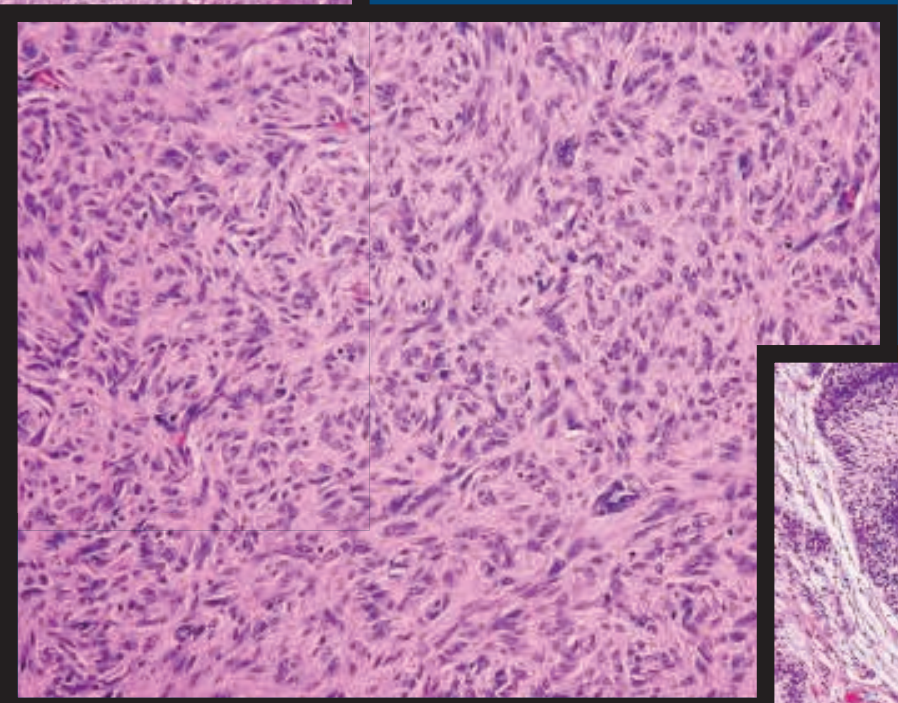
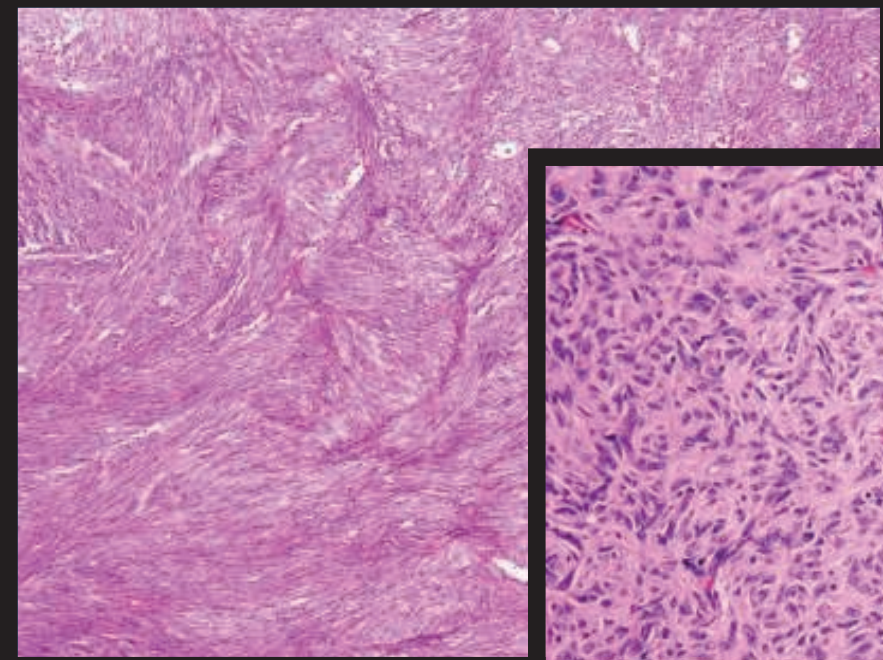


GIST

Morphology

- Spindle cell
- Epithelioid
- Mixed





Mimics of GIST

Carcinoma

Melanoma





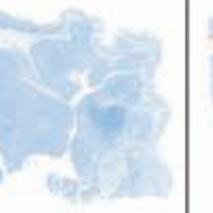
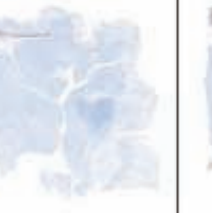

Leiomyoma

Leiomyosarcoma

Schwannoma

Fibromatosis

Immunohistochemical Profile of GISTs

H&E	CD117 (KIT)	CD34	Smooth muscle actin	S100 protein	Desmin	Pan-keratin
	95% 	70% 	30% 	5% 	2% 	<1% 
	+	+	+	+	+	+

KIT (CD117)+ (95%)

CD34 + (70%)

SMA + (30-40%)

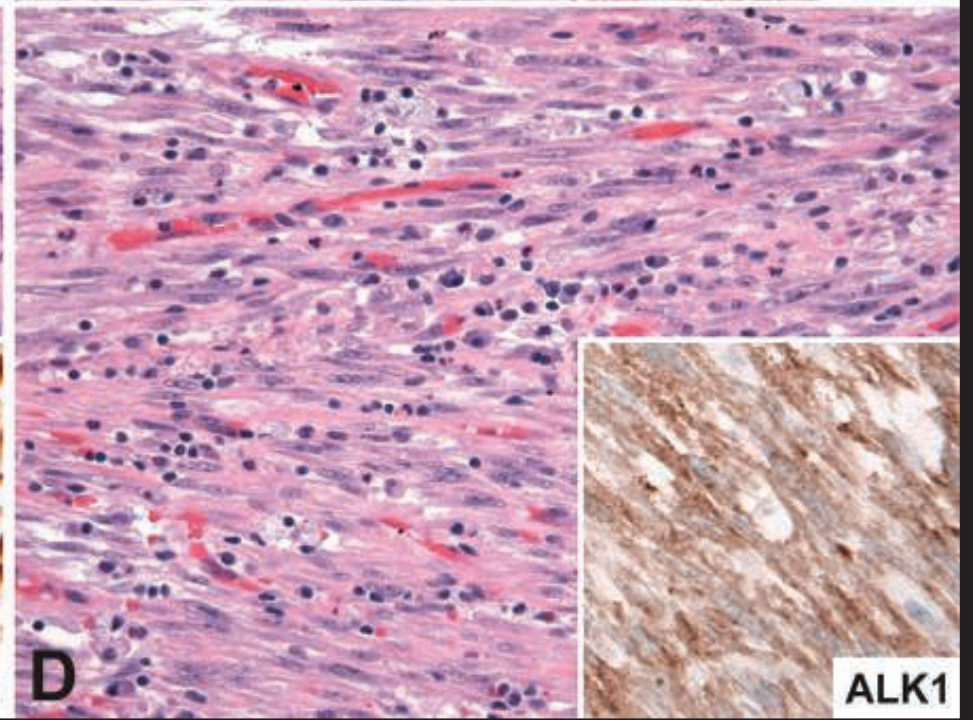
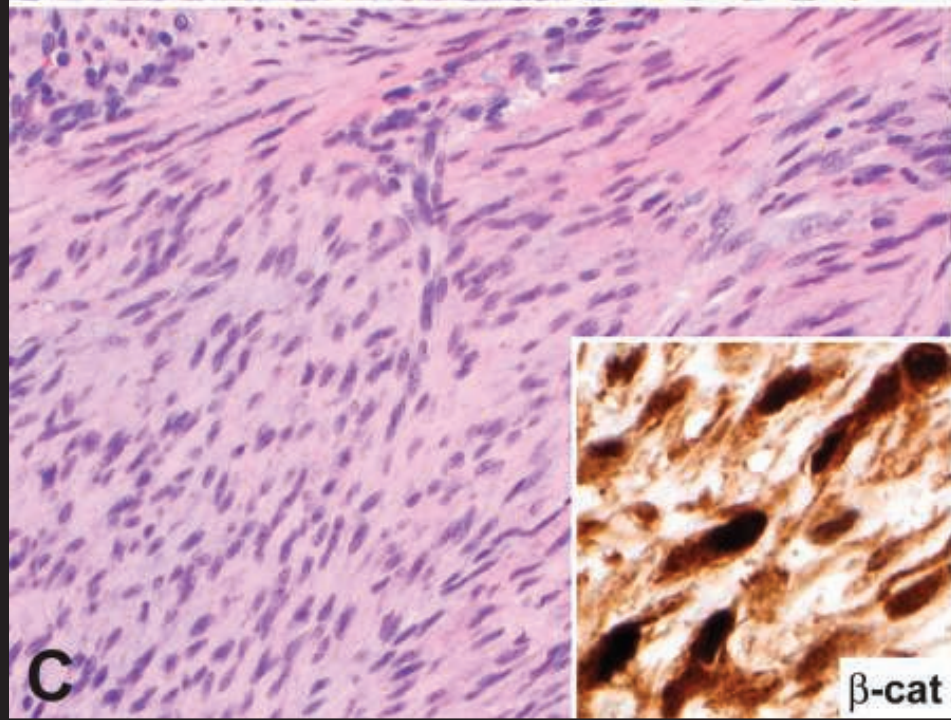
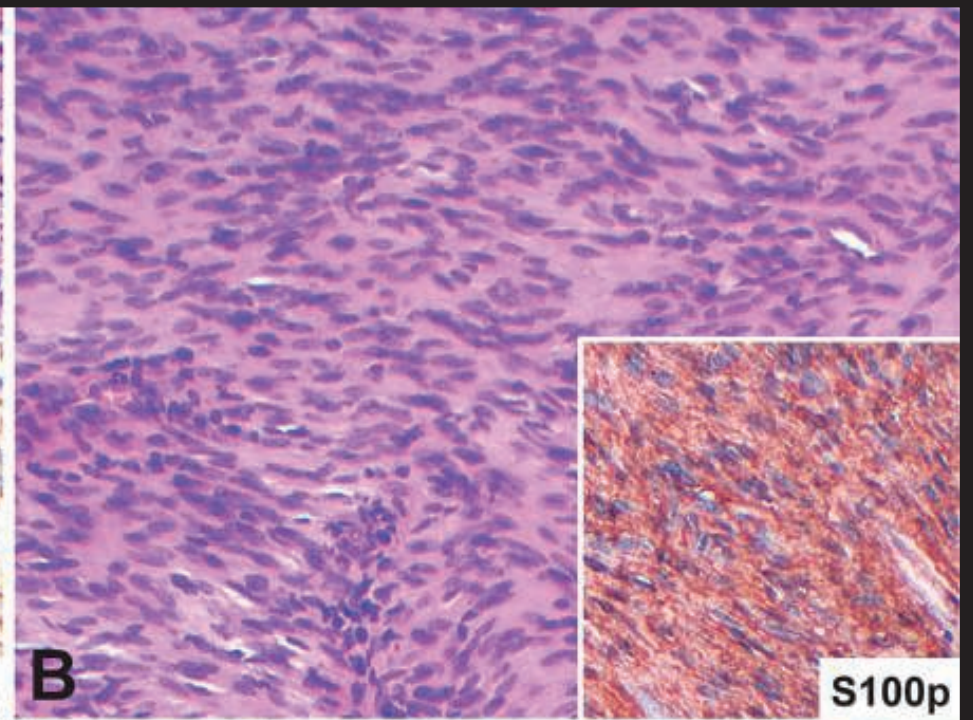
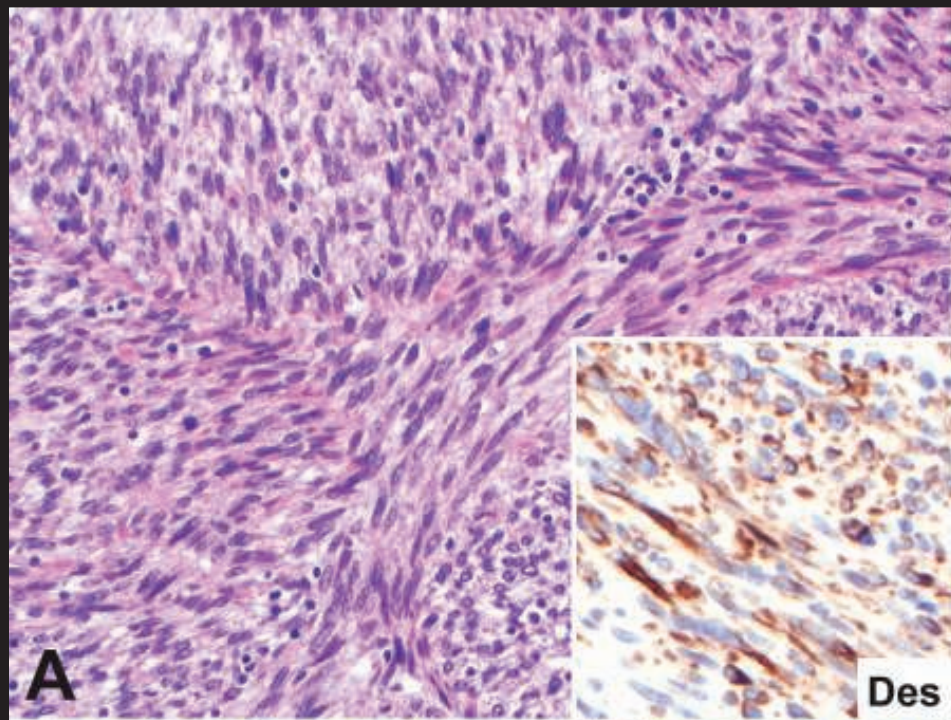
Desmin neg

S-100 protein neg

Keratin neg

DOG1 +

(95% / 40% of KIT neg GIST)



GISTs

Clinical Behavior

Behavior is difficult to predict.

Most aggressive GISTs metastasize within 5 yrs.

Small subset may metastasize up to
20 yrs after presentation.

Tendency for intra-abdominal spread and
metastasis to **liver**.

*Never metastasize to lymph nodes.

Prognostic Factors

Size

Mitotic Rate

Anatomic Location

Pleomorphism

Cellularity

Necrosis

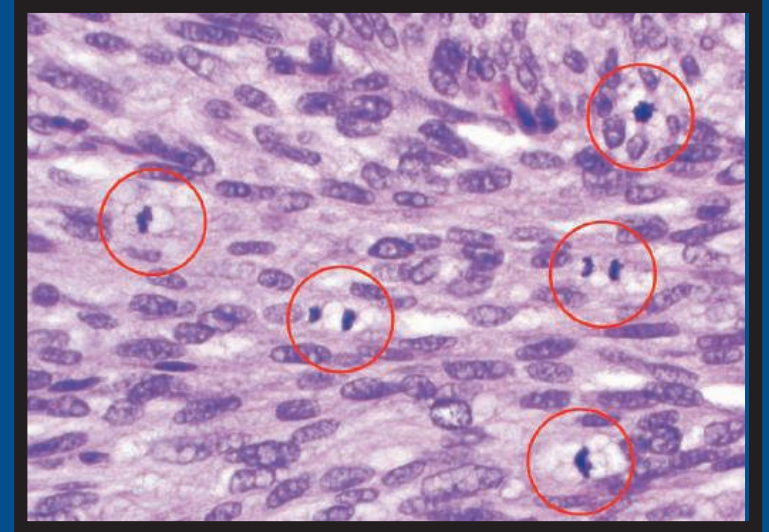
Mucosal Invasion

Proliferation Markers (Ki-67, Mib-1, PCNA, etc)

DNA Flow Cytometry

Image Analysis

Nuclear Organizer Regions



2007 NCCN GIST

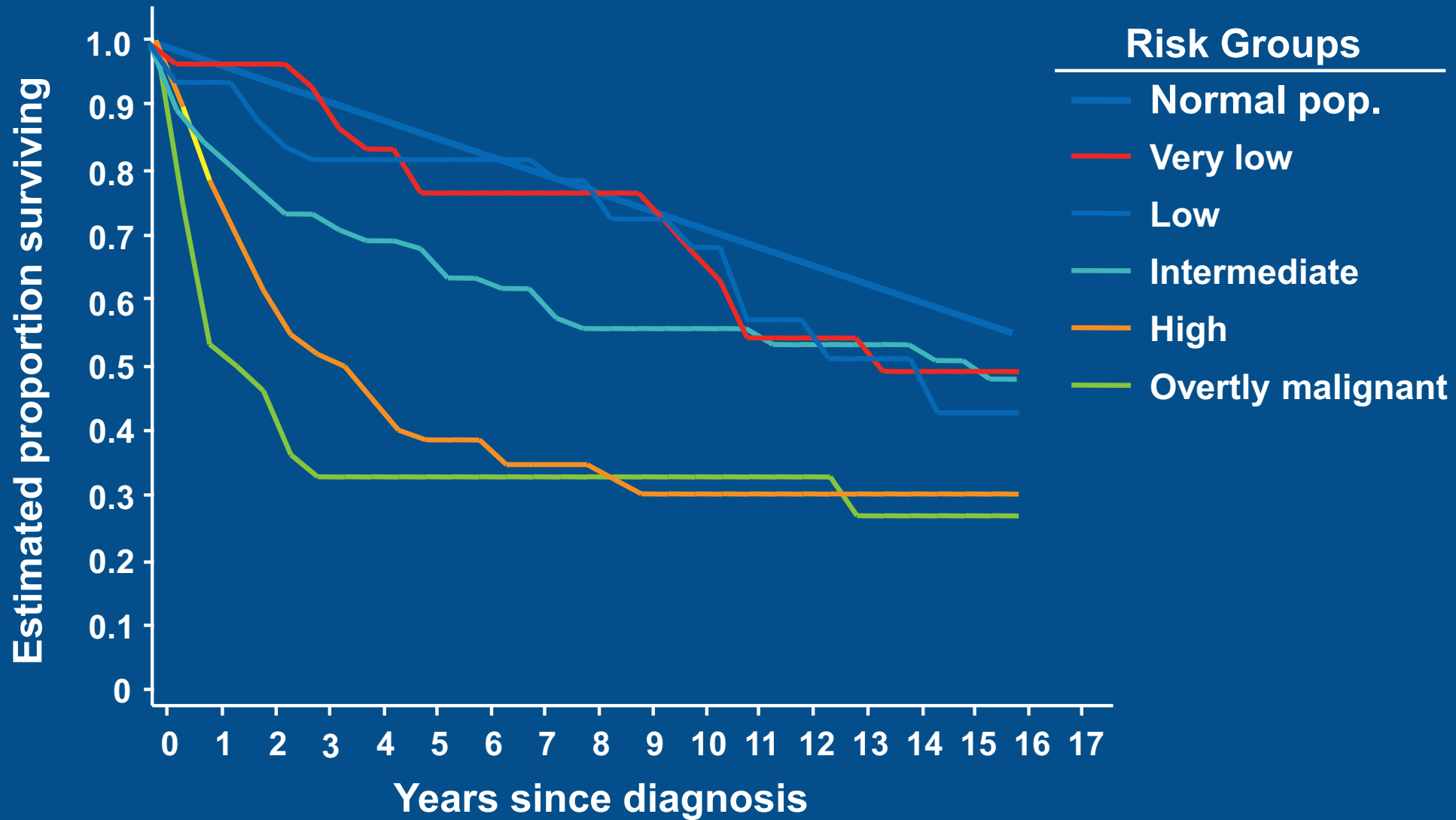
Risk Assessment Guidelines***

Tumor Parameters		Risk of Progressive Disease (%)			
Mitotic Index ≤ 5 per 50 hpf	Size	Gastric	Duodenum	Jejunum / Ileum	Rectum
		≤ 2 cm	None (0%)	None (0%)	None (0%)
	> 2 ≤ 5 cm	Very low (1.9%)	Low (8.3%)	Low (4.3%)	Low (8.5%)
	> 5 ≤ 10 cm	Low (3.6%)	(Insuff. data)	Moderate (24%)	(Insuff. data)
	> 10 cm	Moderate (10%)	High (34%)	High (52%)	High (57%)
Mitotic Index > 5 per 50 hpf	≤ 2 cm	None*	(Insuff. data)	High*	High (54%)
	> 2 ≤ 5 cm	Moderate (16%)	High (50%)	High (73%)	High (52%)
	> 5 ≤ 10 cm	High (55%)	(Insuff. data)	High (85%)	(Insuff. data)
	> 10 cm	High (86%)	High (86%)	High (90%)	High (71%)

*** Modified from Miettinen & Lasota, *Semin Diagn Pathol*, 2006 by Dr. Chris Corless, OHSU.

Data based on long-term follow-up of 1055 gastric, 629 small intestinal, 144 duodenal and 111 rectal GISTs. [Miettinen *et al.* 2005 and 2006]

Overall Survival by Risk Group



GIST Reporting

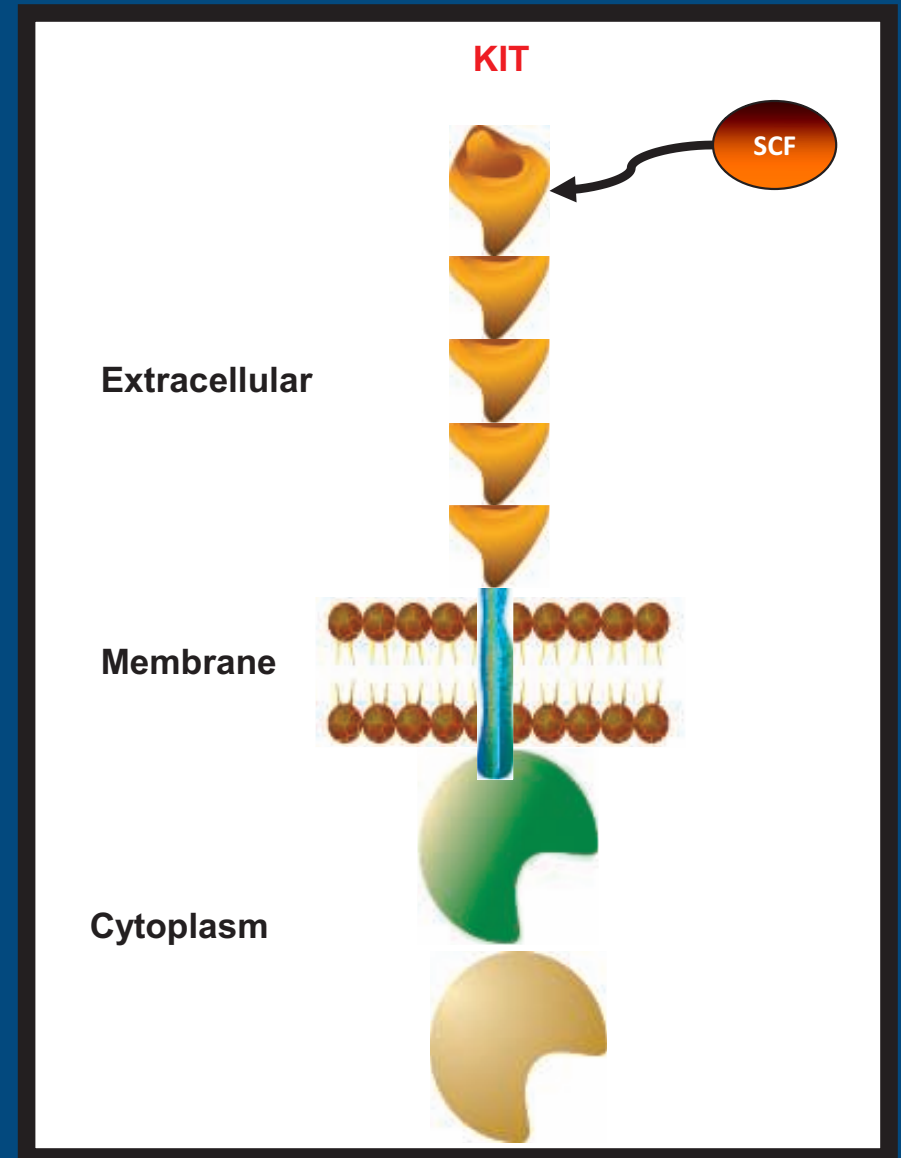
- Size
- Site of Involvement
- Mitotic Count (per 50 hpfs)
- Resection margins
- Document metastases

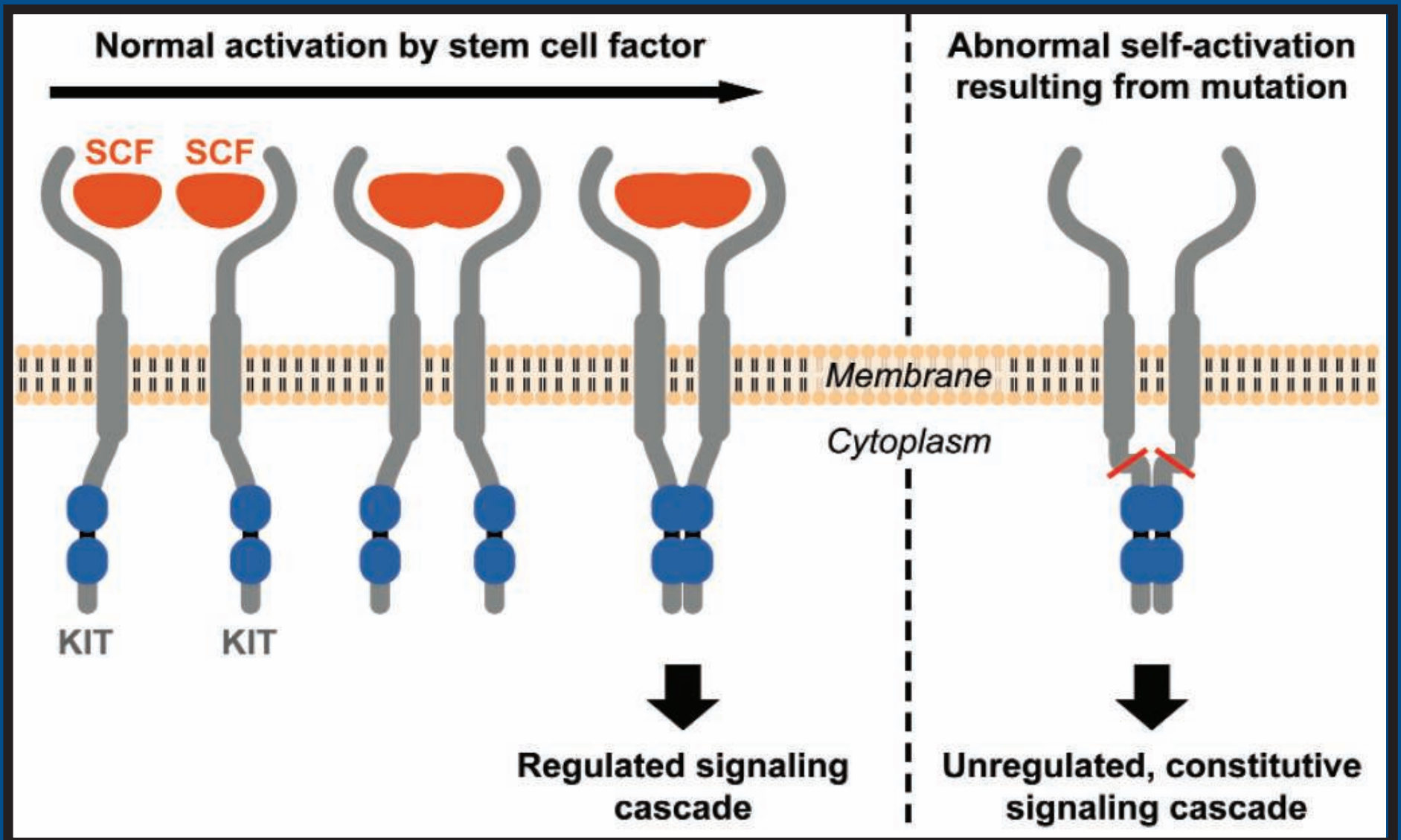


KIT/PDGFRA Genotyping

GIST

- Majority (86%) of GISTs are characterized with recurrent mutations involving the gene *KIT* or *PDGFRA*
- Both genes encode for proteins which are located on the cell surface
- Plays a role cell growth and survival
- Regulated by a cytokine Stem Cell Factor





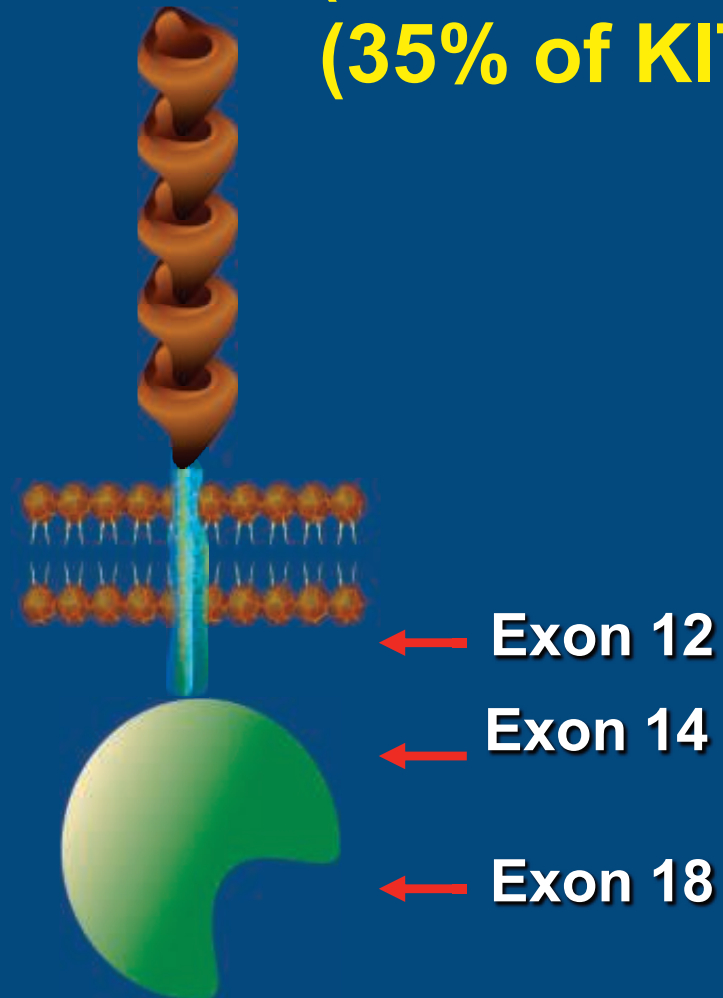
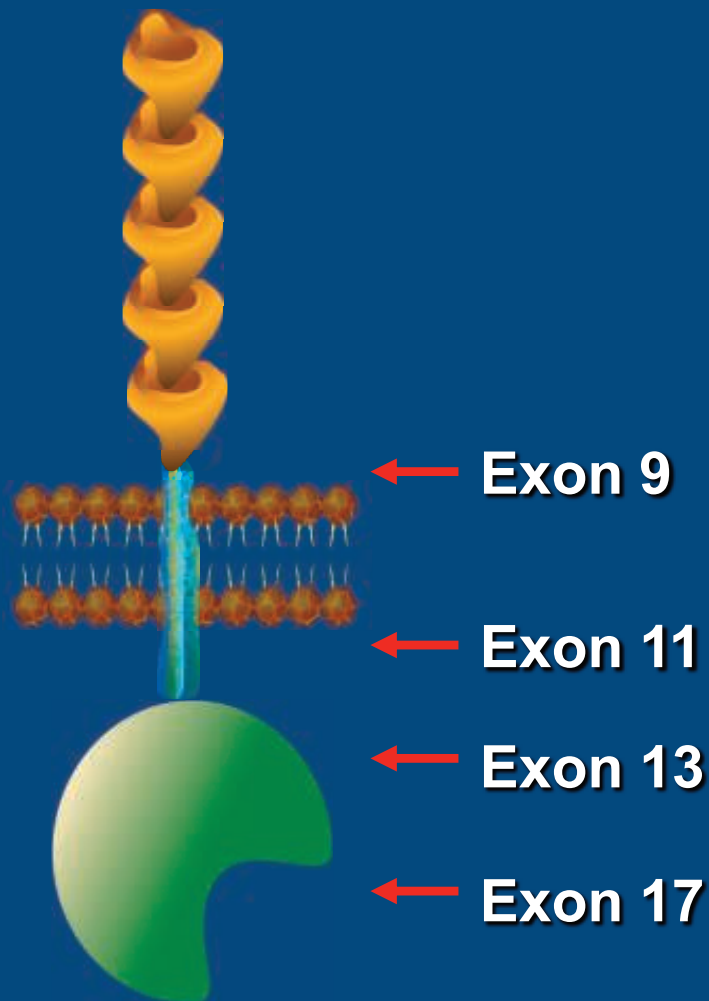
- Most have mutations in KIT
- Certain portion of the genes (i.e. exons) encode for different parts of the protein are characteristically mutated in GISTs
- Beneficial to know which exons are effected

N=950 GISTs Tumors Analyzed In Heinrich & Corless Labs

KIT (78.5%)

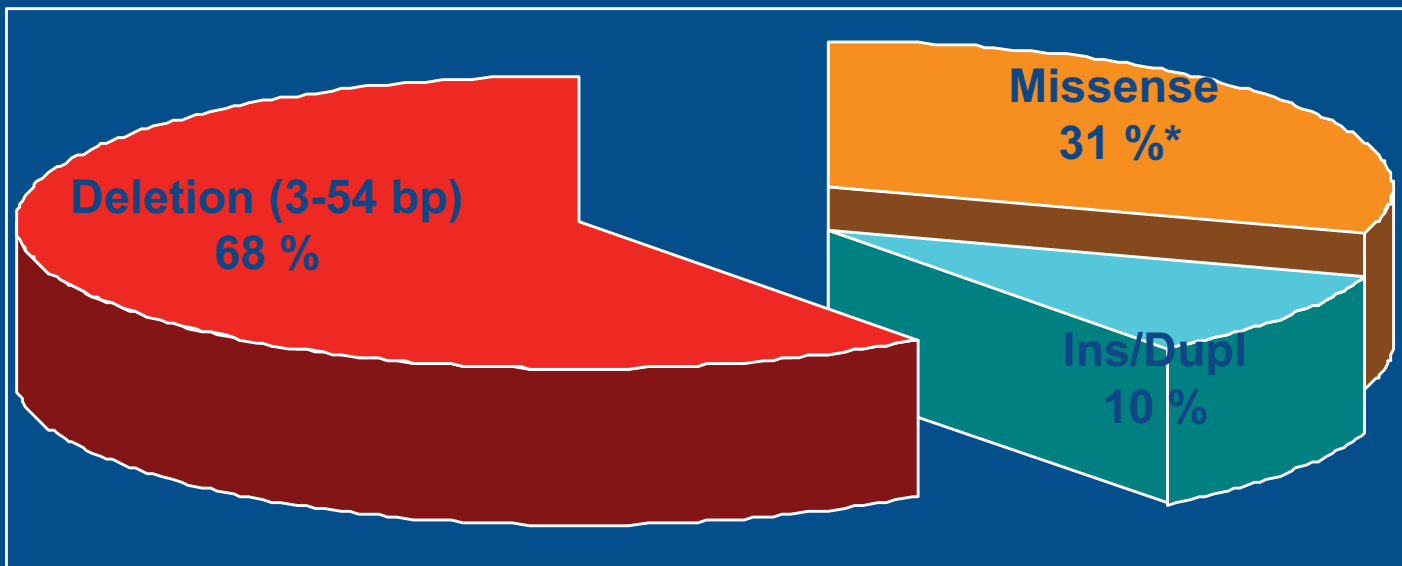
PDGFRA (7.5% total)

(35% of KIT-WT)

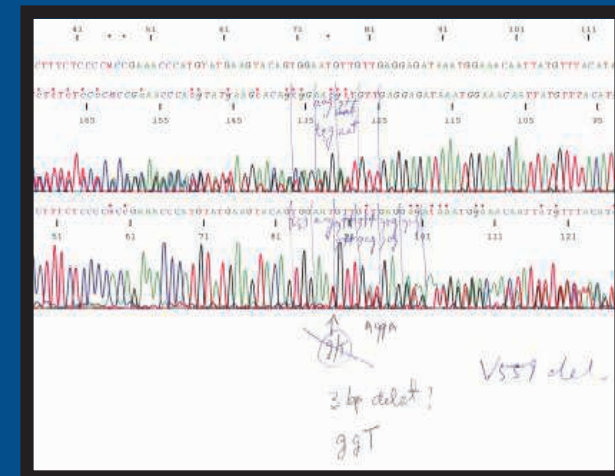


Mutation Types

- Many types of mutations
- Point mutations, deletions, duplications, etc.
- Reported with area of protein effected (ex. V559_V560del, A502_Y503dup, V560D)
- Can also be important to know specific areas of protein involved within an exon
- Area of on-going research

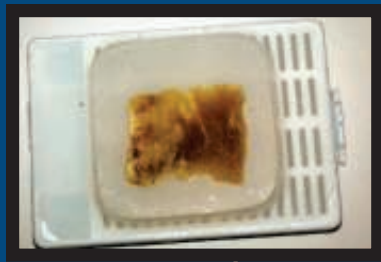


N=58 Exon 11 (UTMDACC)



Analysis of *KIT*/*PDGFRA* Genotyping

Formalin Fixed Paraffin Embedded (FFPE)

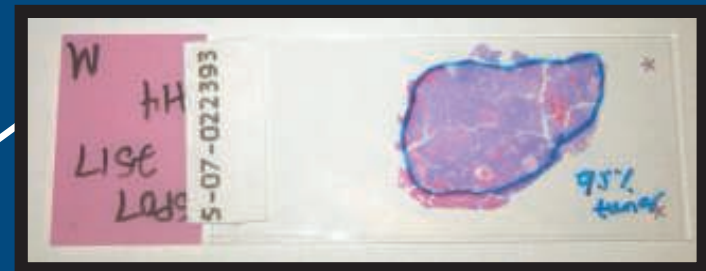
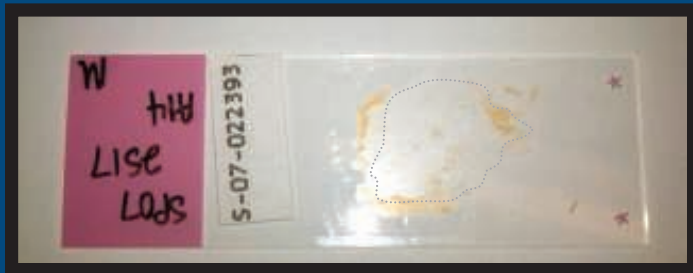


Immunohistochemistry
(CD117, CD34, SMA, Des, S100, Pan-K)

H&E X1

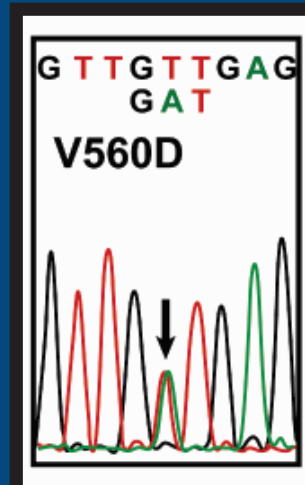
Review and mark slide for microdissection

Unstained x 10



Overlay on H&E and scrape tissue from unstained

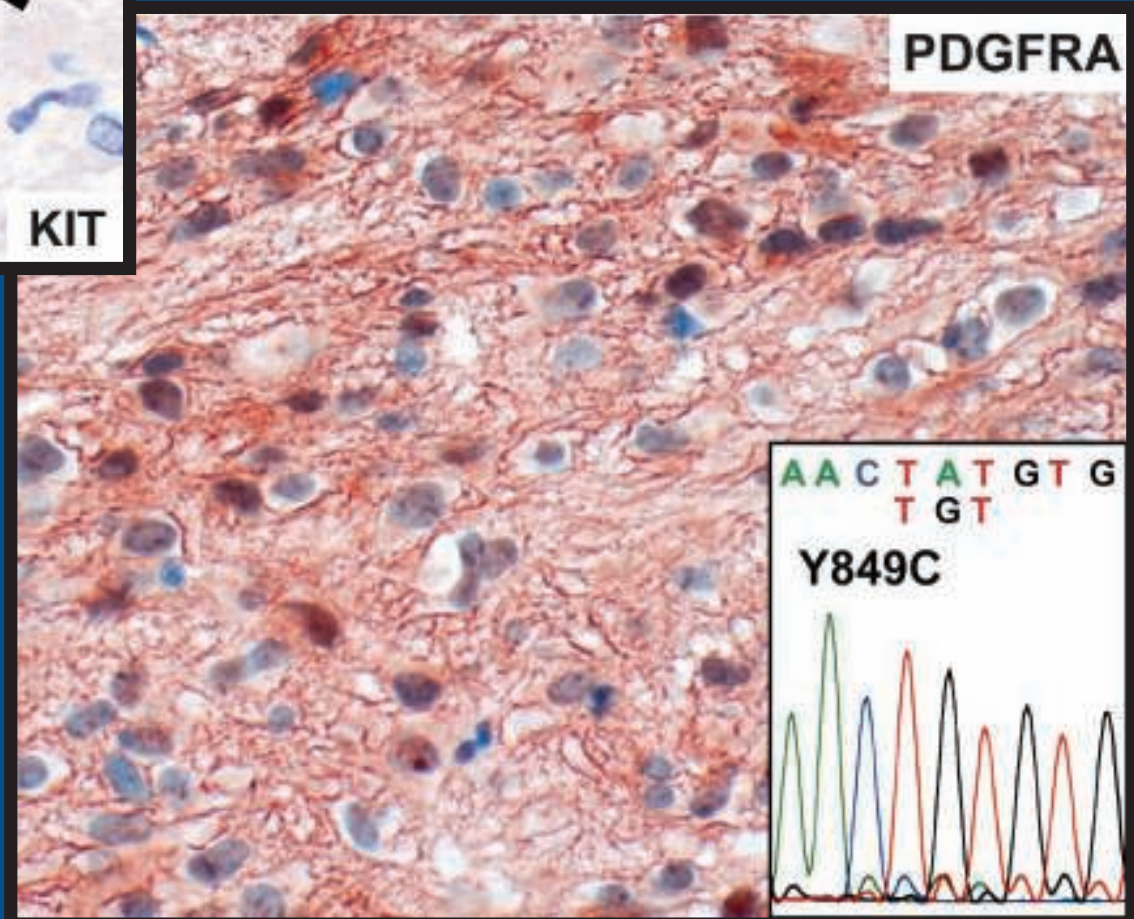
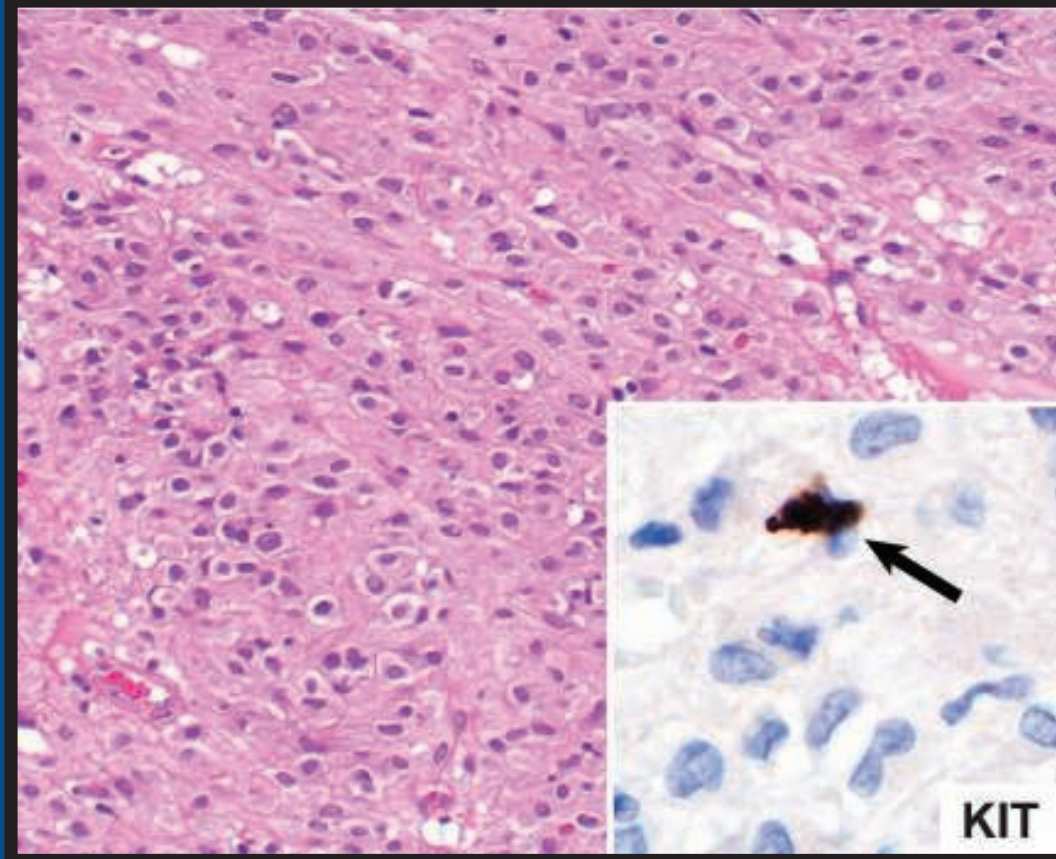
Extract DNA for *KIT* testing (11, 9, 13, 17)
(theoretical 1 in 5 cells – 20 %)

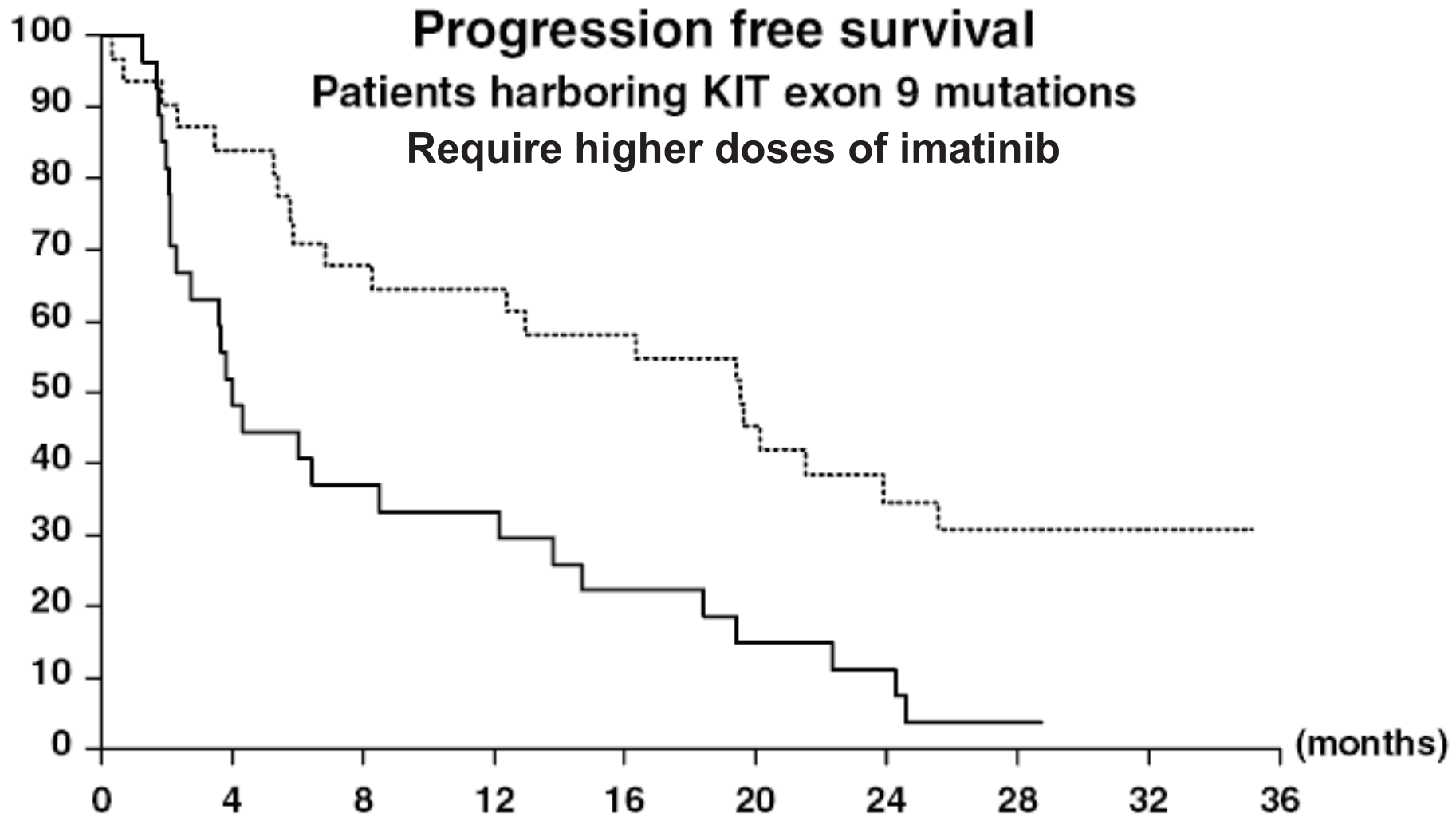


Clinical Use of Kinase Genotyping of GISTs

- Genotyping of GISTs for *KIT* and *PDGFRA* mutations may be useful for:
 1. Confirmation of diagnosis KIT IHC (-) GISTs
 2. Prediction of clinical response to imatinib and those that may require different dosage of imatinib
 - ex. exon 9
 3. Triage patients who are at high risk of failing imatinib therapy to enroll in other clinical trials
 - ex. PDGFRA D842V mutations and Wildtype

**Confirmation of
Diagnosis in KIT
IHC (-) Tumors**





O	N	Number of patients at risk :										Treatment
26	27	14	10	9	6	4	3	1	0	—	400 mg	
21	31	26	21	20	18	14	9	8	6	800 mg	

Frequency and Clinical Significance of *KIT*

KIT exon 11: (60–70%) Arise anywhere in GI tract. Most responsive to Imatinib.

KIT exon 9: (5–15%) Small intestine. Respond to Imatinib at higher doses.

KIT exon 13: (1%) Clinical responses to IM observed but uncharacterized. (***)IM resistance point mutations)

KIT exon 17: (1%) Clinical responses to IM observed but uncharacterized. (***)IM resistance point mutations)

Frequency and Clinical Significance of PDGFRA and being WT

PDGFRA exon 12: (1%) Rarely originate from the intestine. Clinical responses to IM observed.

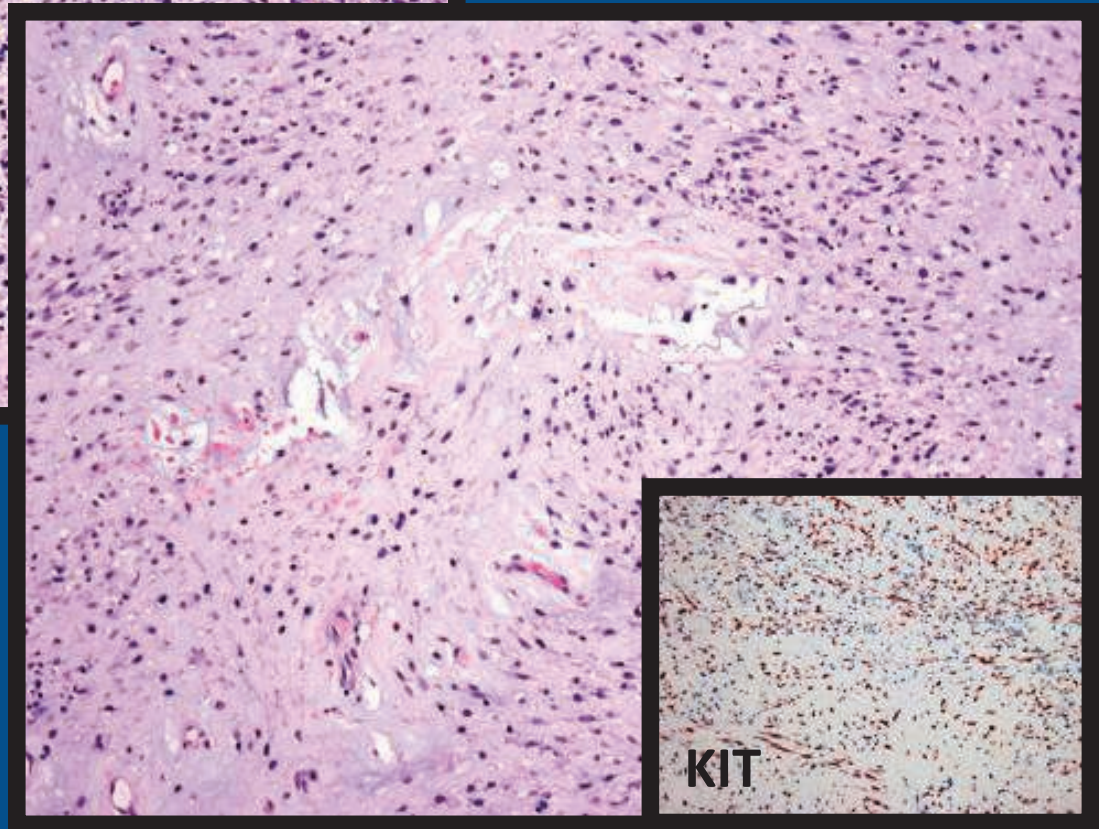
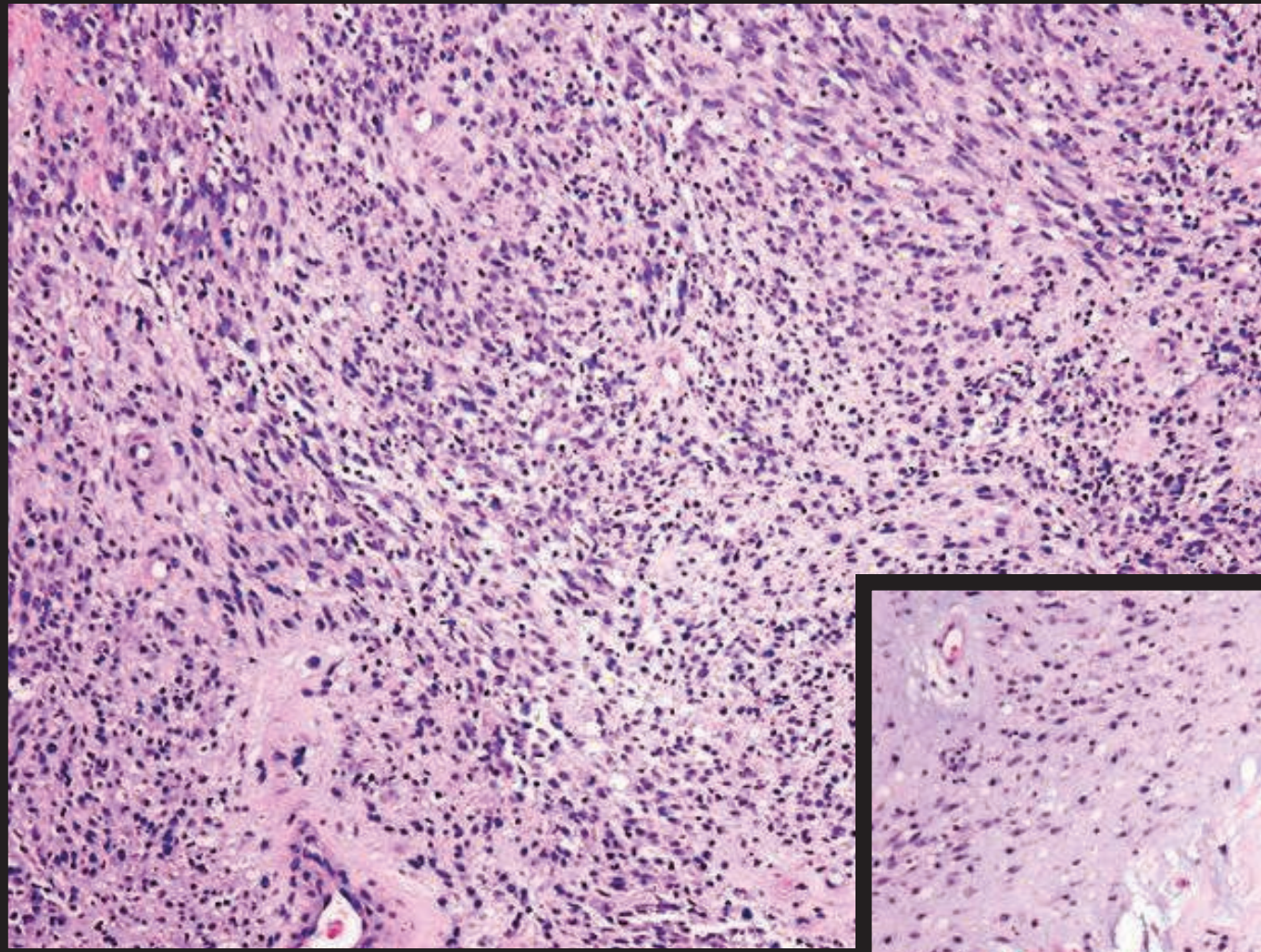
PDGFRA exon 14: (<1%) Unknown, only few tumors described in the literature.

PDGFRA exon 18: (5%) Most originate from the stomach. D842V Resistant to IM.

Wild type: (10–15%) Primary resistance to imatinib more common; 40% respond to IM.

Role of KIT genotyping and Resistance

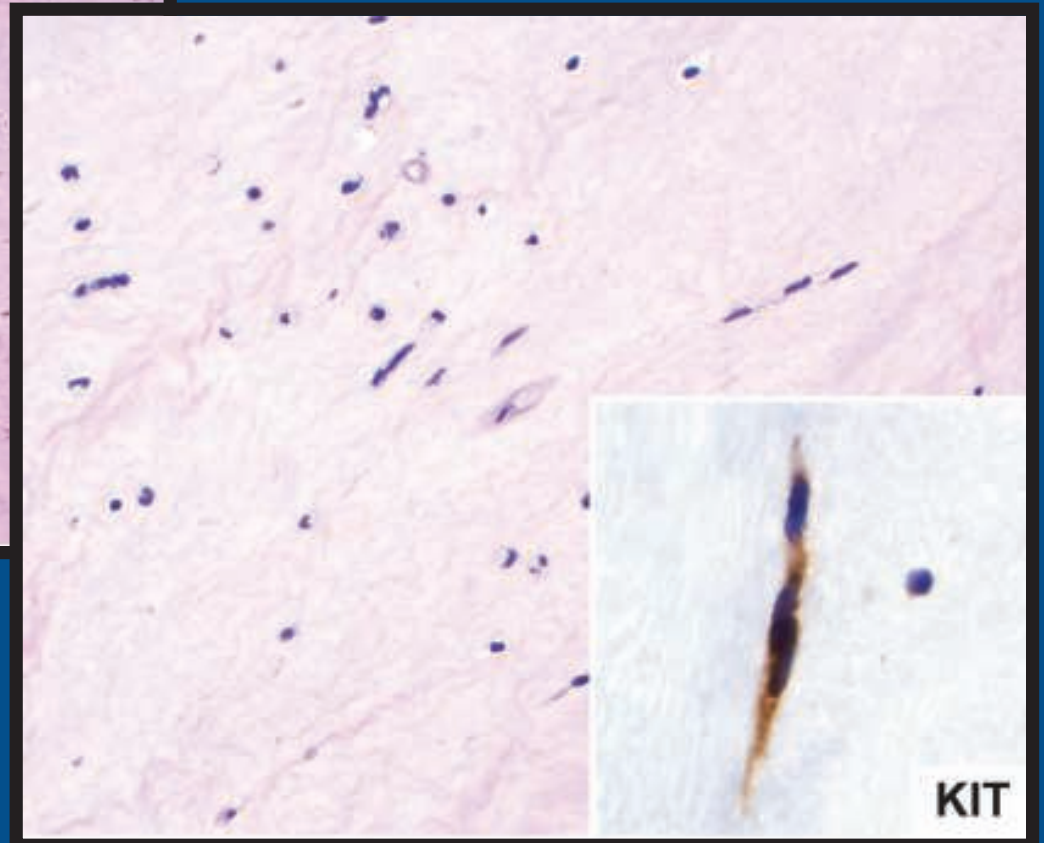
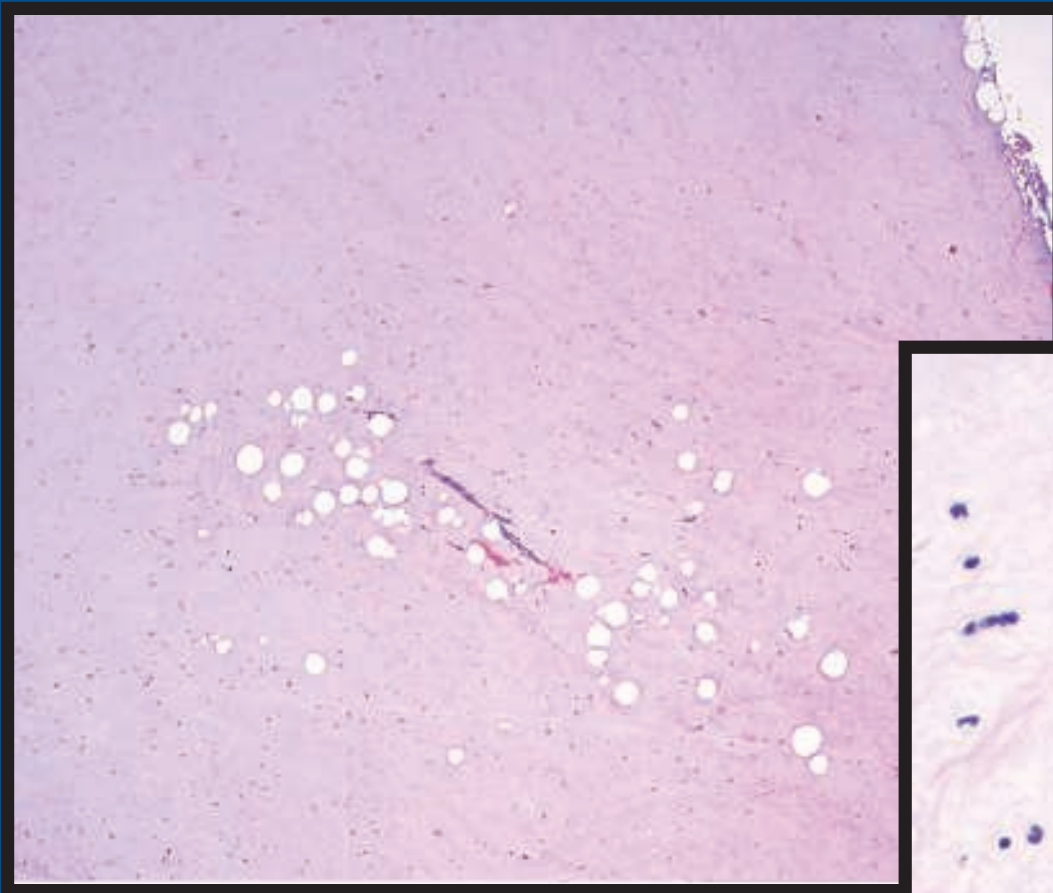
- **Primary Resistance** : 10-15% will not response as well to imatinib – intrinsically resistant
 - ex. Wildtype (indicate other mechanisms involved), PDGFRA D842V
- **Secondary Resistance** : 50-70% of patients on imatinib will progress and develop resistance
 - Most common cause is the development of a second mutation
 - Most often involve exons 13 and 17 effecting the activation A loop or ATP binding domain resulting in shift to active confirmation or blocking imatinib binding



5 days Imatinib

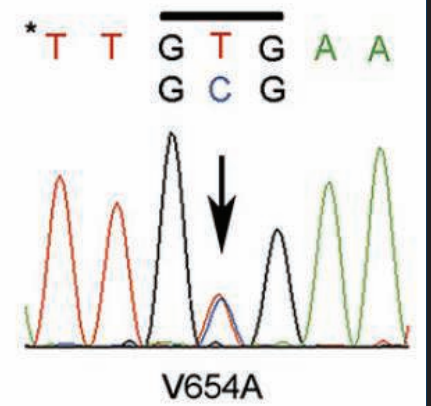
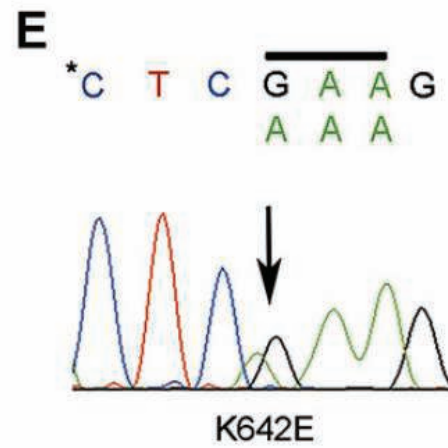
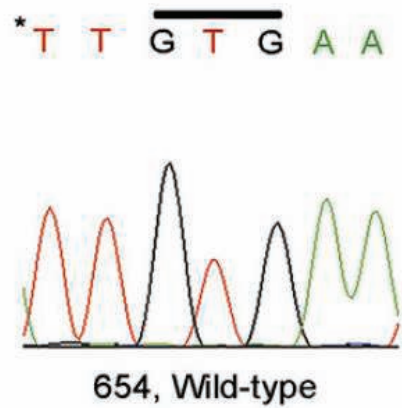
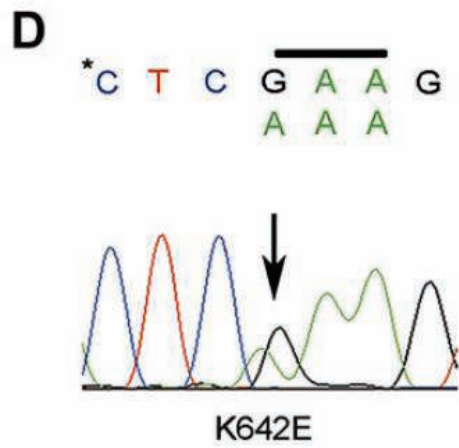
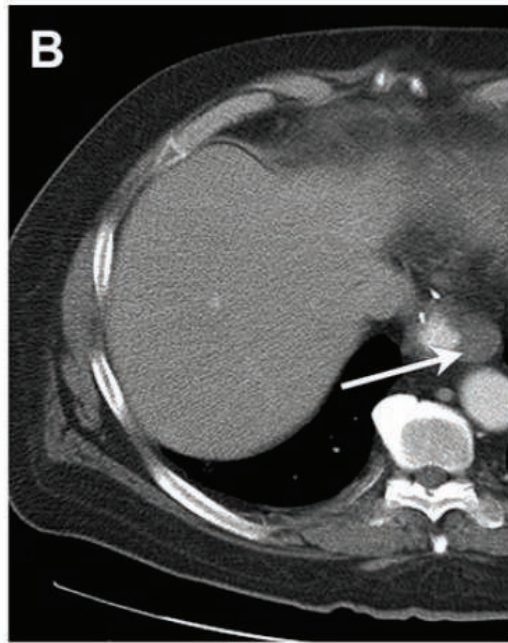
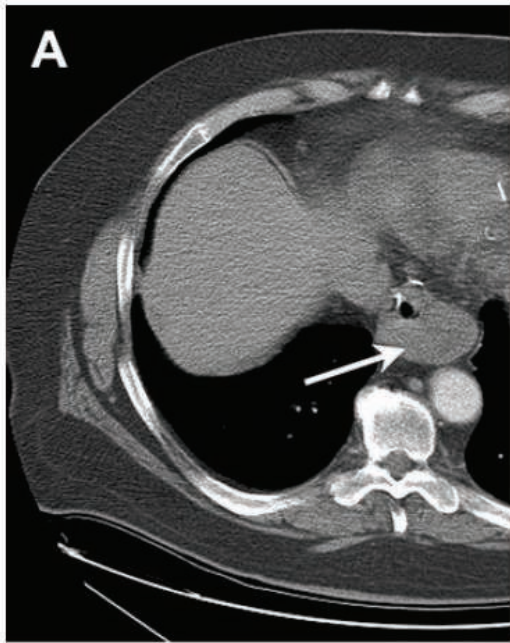
KIT

Long term Imatinib Treatment



Secondary Resistance

- In advancing disease, multiple clones can exist within the same tumor nodule and within separate tumor nodules; each with different mutations
- Very heterogeneous
- Mutation testing does not typically need to be done for secondary resistance

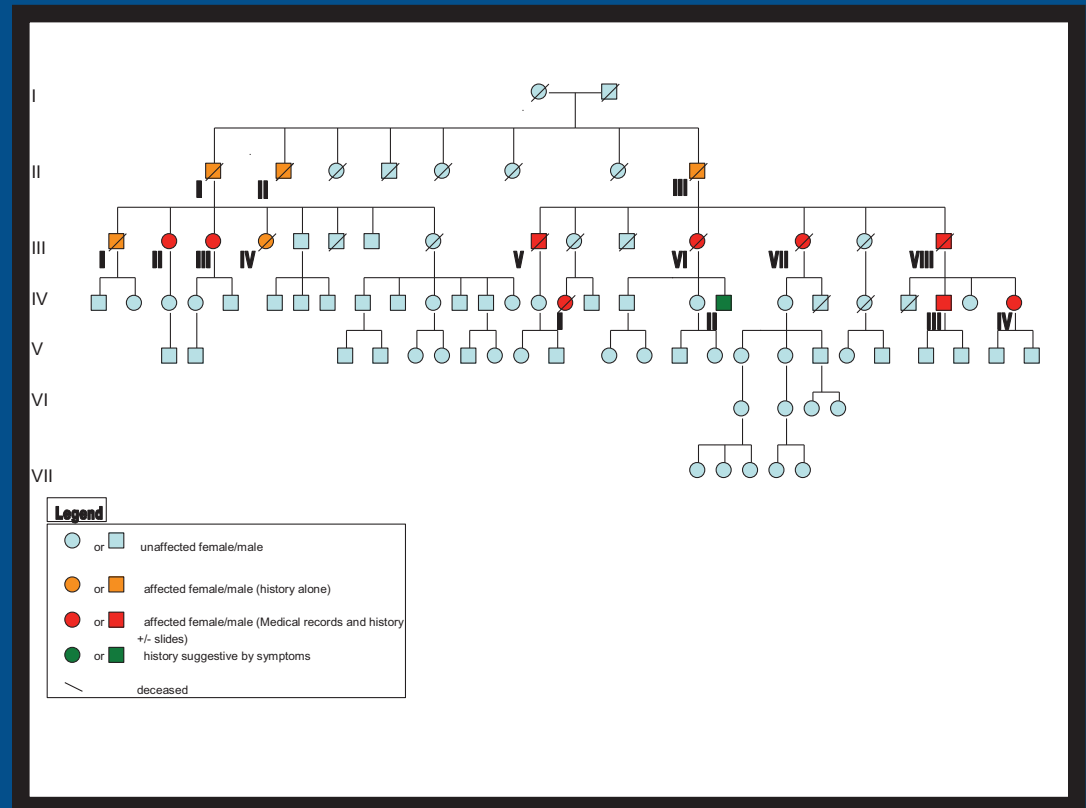


Other Mechanisms of Resistance

- **KIT Amplification**
- **BRAF mutations (KIT Wildtype)**
- **Insulin Growth Factor**
- **Loss of Heterozygosity**
- **AXL overexpression**
- **Heat Shock Protein 90**
- **Decreased absorption of imatinib**

Familial GIST

- Germline mutation in exon 11.



Familial GIST

Gross Pathology



GISTs associated with Neurofibromatosis

- Similar morphology.
- Mutations are different.
 - Wild type for *KIT*
- Different mechanism for these tumors.
 - IGFR inhibitors?

Thank You.

- Dr. Alexander Lazar MD/PhD
- Dr. Jonathan Trent MD/PhD



<http://www.gistsupport.org/for-new-gist-patients/understanding-your-pathology-report-for-gist.php>

Gastrointestinal Stromal Tumor

Understanding Your GIST Pathology Report



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